

Location

#jfkdancecamp



The total camp experience.

Storm Lake, IA

Buena Vista University
610 West 4th Street
Storm Lake, IA 50588

July 8 - July 11, 2014
Dorm Student: \$309
Commuter Student: \$218
Dorm Coach: \$284*
Commuter Coach: \$142

*Includes: 8 meals, lodging & camp tuition



LOCATION: This camp is located on the beautiful campus of Buena Vista University in North Western Iowa with views of Storm Lake. (approximately 3 hours from Minneapolis). Near Spirit Lake, Lake Okoboji.

FACILITIES: All facilities are air conditioned! Daily warm ups are in the main gym. Break out practice areas include; 2 stages, 2 ballrooms, 3 field house gyms and the main gym.

ACCOMMODATIONS: Teams stay in the air conditioned dorms.

DINING: Meals take place in a beautiful dining hall that overlooks the football field and lake. All you can eat meals with numerous choices of main dishes, salad bar and desserts.

YOUTH CAMP OPTIONS: A youth camp runs SIMULTANEOUSLY to the high school camp. Although a day shorter, coaches can enroll their children and high school dancers can invite their cousins, sisters and friends. It's a win-win for all. Younger dancers training are future high school recruits!! Go to our youth camp page for rates and specifics: JustForKix.com/youthcamps

Youth Camp

July 8 - July 11, 2014 • K - 9th Grade

\$115 (Includes Lunch)

Preschool Prince & Princess Day Camp

July 9, 2014 • Preschool • 9:30am - 11:30am

\$25

Des Moines, IA

Drake University
2507 University Avenue
Des Moines, IA 50311

July 17 - July 19, 2014
Dorm Student: \$255
Commuter Student: \$205*
Dorm Coach: \$230
Commuter Coach: \$175*

*Includes: Lunches & Dinners



LOCATION: We now offer a overnight option at DRAKE UNIVERSITY in Des Moines. This will be our 4th consecutive year of offering a camp in the Des Moines area and are now happy to have overnight options.

CAMPUS: Drake's 150-acre campus is located in Des Moines, Iowa's state capital. Within 10 minutes of downtown Des Moines: facilities include both modern architectural showplaces and buildings listed on the National Register of Historic Places. Drake boasts more than 1,000 trees and is nearing designation as a Tree Campus by the Arbor Day Foundation.

YOUTH CAMP OPTIONS: A youth camp runs SIMULTANEOUSLY to the high school camp. Although a day shorter, coaches can enroll their children and high school dancers can invite their cousins, sisters and friends. It's a win-win for all. Younger dancers training are future high school recruits!! Go to our youth camp page for rates and specifics: JustForKix.com/youthcamps

Youth Camp

July 17 - 19, 2014 • K - 9th Grade

\$115 (Includes Lunch)

Preschool Prince & Princess Day Camp

July 18, 2014 • Preschool • 9:30am - 11:30am

\$25



1-800-450-3262

www.justforkix.com/camp



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ROLL CALL CHEER

On mornings 2, 3 & 4 of camp we will be doing a roll call cheer. Each team will do their own cheer. Cheers should end with a count down of your dancers so that we can see that you are all present. Please be sure your cheers are in good taste and politically correct. Cheers should help us get to know your team's personality. Cheers may coordinate with the camp theme days if you would like.

HOME ROUTINE SHOW

We can't wait to see your Home Routine! Perform a short routine from your school/studio during this event. It's a great way to share styles! We don't expect perfection because we know it's early in the year. Maybe you want to bring your uniforms/costumes! Don't be afraid to do a duet or small group routine if you're the only dancers from your squad. Being involved makes camp so much more fun! **A trophy will be awarded for the Most Outstanding Home Routine.**

LEAPS, TURNS, KICKS AND TOE TOUCH CONTEST

Again we will have our leaps, turns, kicks, and toe touch contest on night 2 of camp. Each team may nominate one to two individuals to participate in each category to compete and be evaluated by our staff. Awards will be given in each of the four categories. Show your stuff and participate!

CAMP SHOW

On the final day of camp, we will present the routines that you've learned at camp. It is more fun for all if we have a big crowd for the show. Please encourage friends, relatives and coaches to attend. Awards will be presented at this time.

MEDICAL RELEASE FORMS

Please be sure all campers have downloaded and completed the medical consent and code of conduct form from our website at www.justforkix.com. Coaches will turn these in at registration Day 1 of camp. (If dancer has registered and completed this form online we will send directly to camp.)

DRIVING POLICY

If dancers drive to camp in their own personal vehicles, they are not allowed to drive around the area once camp begins. They are to walk to all activities. Just For Kix will not be responsible or liable for those that drive during camp or to and from camp activities.

PAYMENT

If you have a balance due on your camp tuition, final payment is due **THREE WEEKS** prior to the start of your camp. We are unable to accept final payment at camp. You may send a check to the Just For Kix office or call payment with a credit or debit card.

ROOMING LIST

Rooming lists (arranged in double rooms for IA and quad rooms for ND & WI) must be returned **THREE**

(3) weeks prior to camp or we will assign rooms.

Please have your rooming list prepared and send it to the Just For Kix Office. (Fax: 218-824-3545) Please be sure to include your team name and what camp you are attending. Room numbers will be assigned at camp.

CLASS SELECTION

Dancers are able to choose the style and difficulty level of their classes. Teams can decide to stay together or split up to cover more routines. Levels range from beginner to advanced, with elite offered at select camps. Styles range from jazz, kick, pom, novelty, hip-hop, contemporary and lyrical. A short portion of each routine is demonstrated by staff to aid in the class selection process.

AWARDS

Although our camp's focus is not on competition, we do want to recognize participants for their hard work. A little competition adds to the FUN! We'll award Firecrackers, Most Outstanding Dancers, Heather Habeck Memorial Awards, Most Spirited Team and more! Join in the fun!

CAMP STORE

Be sure to check out the Just For Kix Camp Store where we have several dance related items for sale, including the hottest new camp wear, bags, tee shirts, etc. The store will be open during registration and after the camp show as well as in the evenings. Check the camp schedule for store hours. For convenience, commuters may request the store to be opened during lunch.

COACHES

We strongly recommend that you make every effort to attend camp. Coaches get a discount on their camp fee, plus a free gift. You'll love it! You will learn so much -- your year will go so much smoother. We offer classes for you too! We do request that groups send a chaperone or coach to camp. We find that the dancers are better behaved when chaperoned by someone from their hometown.

CODE OF CONDUCT

Dancers are asked to behave in a respectable manner while attending camp. Swearing, use of alcohol, drugs, or tobacco is forbidden. You are not allowed to leave the campus or ride in a motor vehicle. You are not allowed to have males in your room. Any student who does not act in a manner acceptable to the camp staff will be asked to return home at their own expense, in which case, camp tuition will not be refunded. (See code of conduct.)

MEALS

On day 1, please be sure to eat before you arrive or you may get hungry by dinner. We suggest you pack snacks and bring a re-fillable water bottle or case of bottled water per person.

COMMUTERS MEALS

Commuters lunches and dinners are included in camp fee.

KEYS

Campers will be charged for any lost room keys. The rate varies from camp to camp. Remember a diaper pin, lanyard, string or a shoelace to keep your key with you at all times.

OUTBACK BOWL

PERFORMANCE TEAM TOUR

Each year JUST FOR KIX produces a performance tour for dancers at the OUTBACK BOWL in Tampa, Florida over the Holiday season. We are recruiting outstanding teams and individuals to participate. Entire teams can attend or small groups from each school. (Often teams send their captains or seniors as a perk for all their hard work.) On the third evening of camp, we will be conducting auditions for the Outback Bowl Dance Team which will be performing at the 2015 Outback Bowl in Tampa, Florida. This year's theme is "Pirates." More detailed information will be distributed at camp. This is your opportunity to be a part of a professionally produced dance production. Many groups get local sponsors or fundraise to attend. It is a once in a lifetime experience. We hope you will consider bringing your team this coming year. Also consider planning this a year from now to allow for more fundraising time.

THEME DAYS

THEME DAYS To add to the fun of camp and help your team build camaraderie, we encourage you to join into the fun of dressing up for our THEME DAYS. All costumes should be appropriate and in good taste.

Day 1 = "TEAM SPIRIT DAY 1" Show us your team pride by matching and wearing team gear.

Day 2 = "OLYMPIC DAY" If your team could compete in the Olympics what sport would you choose? Pick and country and a sport that best represents your team!

Day 3 = "HOLLYWOOD DAY" Dress up as your favorite movie or show. The possibilities are endless.

Day 4 = "SCHOOL SPIRIT DAY" Dress in your school colors today and show us where you're from!

* PLEASE NOTE: No Glitter may be used on any type of costume, in your hair or any type of facial make-up



Schedule

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Storm Lake, IA

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DAY #1	DAY #2	DAY #3	DAY #4
<p>SPIRIT DAY! Show us your team spirit!</p> <ul style="list-style-type: none"> All students check in at dorm first - then go to the main gym. Sign up for what you'd like to work on during private coaching Turn in your music for Home Routine Show Arrive dressed in dancewear and bring water bottles Remember to EAT before you arrive Check out the JFK Camp Store <p>10:00 - 10:45 Registration</p> <p>11:00 - 12:15 Opening Meeting, Introduction of Staff, AM FUN JAM</p> <p>12:15 - 12:30 Demo for Class # 1</p> <p>12:40 - 1:40 Class #1</p> <p>1:50 - 2:05 Demo for Class # 2</p> <p>2:15 - 3:15 Class #2</p> <p>3:25 - 3:40 Demo for Class #3</p> <p>3:50 - 4:50 Class #3</p> <p>5:00 - 6:00 DINNER</p> <p>6:30 Home Routine Show</p> <p>8:30 - 9:45 Just For Kix Store is open!</p> <p>10:00 Be In dorm room</p> <p>10:30 Room check</p>	<p>OLYMPIC DAY! Take home the gold as you dress up as your favorite Olympic sport from your native country!</p> <p>8:00 - 9:00 Breakfast in cafeteria</p> <p>9:00 - 10:10 Roll Call cheers, AM FUN JAM, Announcements</p> <p>10:20 - 11:20 Class #1</p> <p>11:30 - 12:30 Special Sessions</p> <p>12:30 - 1:30 LUNCH—Captains Meeting</p> <p>1:00 Just For Kix Store open for commuters</p> <p>1:30 - 2:30 Class #2</p> <p>2:45 - 3:45 Private Coaching</p> <p>4:00 - 5:00 Class #3</p> <p>5:00 - 5:30 CAMP GAMES/ TEAM BUILDING</p> <p>5:30 - 6:30 DINNER</p> <p>6:30 Contest Participants report to gym to learn combinations</p> <p>6:45 Kick, Leaps, Toe Touch and Turns Contest</p> <p>8:30 - 9:45 Just For Kix Store is open!</p> <p>10:00 Be in dorm room</p> <p>10:30 Room check!</p>	<p>HOLLYWOOD DAY! Be fabulous as you dress up as the characters from your favorite movie or TV show!</p> <p>8:00 - 9:00 Breakfast in cafeteria</p> <p>9:00 - 10:10 Roll Call cheers, AM FUN JAM, Announcements</p> <p>10:20 - 11:20 Class #1</p> <p>11:30 - 12:30 Special Sessions</p> <p>12:30 - 1:30 LUNCH – Senior, non-captain meeting</p> <p>1:30 - 2:00 Review AM FUN JAM in gym</p> <p>2:15 - 3:15 Class #2</p> <p>3:30 - 4:15 Private Coaching</p> <p>4:30 - 5:30 Class #3</p> <p>5:30 - 6:30 DINNER</p> <p>6:30 Open Practice</p> <p>7:00 Just For Kix Outback Bowl Auditions.</p> <p>10:00 Be in dorm room</p> <p>10:30 Room check!</p>	<p>TEAM SPIRIT DAY! Show us where you are from and stand out at the camp show in your school colors!</p> <p>8:00 - 9:00 Breakfast in cafeteria</p> <p>9:00 - 9:50 Roll Call cheers, Warm Ups, Announcements</p> <p>10:00 - 10:30 Class #1</p> <p>10:40 - 11:10 Class #2</p> <p>11:20 - 11:50 Class #3</p> <p>11:50 - 12:15 Prepare for Show (Bring a snack from home to "refuel" before the show.)</p> <p>12:15 CAMP ROUTINE FINAL SHOW</p> <p>After the Show Pack up your dorms and turn in your keys!</p> <ul style="list-style-type: none"> There is no fee to attend the final show. All family and friends are invited to attend! Just For Kix Camp Store is open immediately following the show for last minute purchases! See you next year—drive safely! HAVE AN INCREDIBLE SEASON!

Stay up to date on what's happening at Just For Kix!

Like us on Facebook

Follow us on Twitter @jfkdance

Follow us on Instagram @officialjustforkix

Subscribe to our YouTube channel

Checkout our website for the latest dancer trends at www.justforkix.com



Please be flexible and allow for schedule changes. Be on time for everything!



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Start Packing Your Bags

#jfkdancecamp



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Here is a list of items to bring to camp!

All Campers Should Bring

- Your signed Medical Consent & Release Form and your Code of Conduct Form
- Dance bag
- Water bottle - Some teams will bring cases of water.
- Practice clothes
- Comfortable athletic shoes & dance shoes
- Uniform & music for Home Routine Show
- Theme Day Wear - See Theme Day info.
- Note book and pen to take notes
- Ipod/Ipod dock
- Camera
- Cell phone/cell phone charger
- Spending money for the Just For Kix Camp Store and to purchase snacks
- Teams are also encourage to bring a first aid kit along with ace bandages and athletic tape
- **"Yes" Book.** Have each dancer bring a notebook to camp. It will be something they keep all season, so encourage them to bring one with a hard cover. Each dancer decorates a small notebook with the letters "YES" which stands for **"You're Extra Special."** Have the dancers write positive notes to each other every night of camp when you have your team gatherings or on breaks through the day. At the end of the week of camp have them read what positive things their teammates wrote about them. They can keep this going all year and have the books at practice so teammates can add to them every so often. At the end of the year they get to take them home. What a treasure!

"Everyone Should Bring a Good Attitude and a Lot of Energy!"



Dorm Campers & Coaches Should Also Bring

- Hair dryer
- Alarm clock
- Fan (Some dorm rooms are not air conditioned.)
- Bed linens, pillow, blanket & towels

Hotel/Dorm Campers & Coaches Should Also Bring

- Swimsuits (MN Camps Only)
- Personal Toiletries



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Medical Consent & Release Form

If, in the judgement of any representative of Just For Kix Camp, the student below should need immediate care and treatment as a result of any injury or sickness, I do hereby request, authorize and consent to such care and treatment as may be given to said student by any physician.

Dancer's Information

DANCER NAME													LAST NAME													
EMAIL ADDRESS																										
HIGH SCHOOL																										
AGE			DOB			-			-															GRADE		

Medical Data

LIST ANY MEDICATIONS THAT YOU ARE CURRENTLY TAKING _____

ARE YOU CURRENTLY UNDER A PHYSICIANS CARE YES NO PLEASE LIST ANY DRUG ALLERGIES _____

DO YOU HAVE (OR HAVE YOU HAD) ANY OF THE FOLLOWING

<input type="checkbox"/> ASTHMA OR LUNG DISEASE	<input type="checkbox"/> EPILEPSY	<input type="checkbox"/> DIABETES
<input type="checkbox"/> KIDNEY DISEASE	<input type="checkbox"/> HEART CONDITION	<input type="checkbox"/> FAINTING SPELLS OR DIZZINESS
<input type="checkbox"/> RHEUMATIC FEVER	<input type="checkbox"/> MENTAL ILLNESS	<input type="checkbox"/> OTHER _____

PLEASE EXPLAIN OTHER _____

FOR YOUR SAFETY PLEASE NOTE BELOW ANY HEALTH CONCERNS NOT LISTED ABOVE THAT MAY BE IMPORTANT FOR STAFF TO KNOW.

EMERGENCY CONTACT																								
HOME PHONE				-				-				CELL PHONE				-				-				
WORK PHONE				-				-																
FRIEND OR RELATIVE																								
HOME PHONE				-				-				CELL PHONE				-				-				
WORK PHONE				-				-																

Insurance Company Information

NAME																										
ADDRESS																										
CITY													STATE			ZIP										
PHONE				-				-																		
POLICY NUMBER													GROUP NUMBER													
INSURED THROUGH EMPLOYER	YES	<input type="checkbox"/>	NO	<input type="checkbox"/>																						
EMPLOYER NAME (IF APPLICABLE)																										

Parent/Guardian Information

FIRST NAME													LAST NAME													
ADDRESS																										
CITY													STATE			ZIP										

REFUNDS: If 14 days prior notice is given in writing to our office, students may receive a refund of camp tuition less the \$150 deposit.
NOTE: We are unable to issue refunds once camp begins.

CONSENT: I/We, the parent or guardian of the above named student of the Just For Kix dance team program, hereby give approval for his/her participation in the summer youth dance camp. I/We assume all risks and hazards incidental to such participation including transportation to and from the activities; and do hereby waive, release, absolve, indemnify and agree to hold harmless the dance camp, Just For Kix: employees, owners, instructors, the organizers, sponsors, supervisors, participant and the person transporting the participant to and from the activities for any claim arising out of injury to the participant. I/We hereby grant permission to reproduce any individual images taken by photographers and/or videographers during the camp for promotional purposes.

SIGNATURE _____ DATE

