

# Intensive.

June 17th - 20th 2014  
Baxter Studio

We are so excited that you have decided to attend the Just For Kix Summer Dance Intensive. Please read through this information so you are prepared for your week with us. Our goal is to help you reach yours! We want your week to be fun! We still have plenty of room if you have friends that want to add on! We are so thrilled to have our awesome instructors: Alexandra Clough, Brittney Schubert Adina Belanger, Kelsey Villwock, Carlos Stroia, Kari Stengrim and an additional guest instructor present each day!

**REGISTRATION** Hotel participants may begin to check-in at 4:00 pm on Monday, June 16th. A Just For Kix Staff member will be at the hotel to check you in, give you your room key and wristband for the water park at this time. Registration will take place in the main lobby area of the hotel.

Commuter participants may register Tuesday, June 17th between 8:00 am – 8:45 am at the Just For Kix studio. The opening session will begin at 9:00 am June 18th. Commuter students may also purchase a water park wristband during camp for an additional \$10.00 to use throughout the Intensive.

**MEDICAL RELEASE FORMS** If you registered online, your medical release form has already been submitted. If you mailed or called in your registration, please be sure to print of your medical release form and bring it with you. We will collect these at registration. **WE MUST HAVE EVERYONE'S!** Thank you. (There is a pdf of the form available online to download.)

- If dancers drive to camp in their own personal vehicles and are under 18, they are not allowed to drive around the area once camp begins if they are not a commuter student. They are to walk to all activities. Just For Kix will not be responsible or liable for any drivers that drive during camp or to and from camp activities.

**PAYMENT** Final payment of intensive tuition is due by June 9th, 2014. If for some reason you have not paid your balance due prior to your arrival, it will be collected at registration. Thanks!

**CLASS ATTIRE** Dancers are expected to wear dance clothing to all classes. For the ballet classes we recommend, but do not require, dancers to wear a black leotard, pink tights, and ballet shoes. Hair should be in a bun.

**JUST FOR KIX STORE** Our studio also has a full service store with dance apparel, shoes, tights, bags, t-shirts, sweats, and gift items. If you forget anything, we are sure to have it! If you are interested in touring the JFK Home Office/Warehouse, we will set-up tours during the Intensive, a sign up sheet will be available at registration.

**CLOSING SESSION** The closing session will give students an opportunity to perform all combinations learned throughout the week! Invite your parents and friends to watch. This is an informal show, but we would love to have people come and watch. Video cameras are welcome.

**CONDUCT** Dancers are asked to behave in a respectable manner while attending camp. The following are forbidden at the Just For Kix Summer Intensive:

- Swearing, use of alcohol, drugs, or tobacco.
- Video taping and/or taking pictures of your fellow attendees or roommates without their permission.
- Uploading any inappropriate pictures on the internet or any social media sites (i.e.; Facebook, Twitter, Instagram, YouTube, etc.)
- Leaving the hotel or studio in a motor vehicle if you are under the age of 18.
- Having members of the opposite sex in your room.
- Hazing of any type.

Any student who does not act in a manner acceptable to the Just For Kix staff will be asked to return home at their own expense. Intensive tuition will not be refunded. (See code of conduct.) JFK Staff will also be conducting nightly room checks to make sure all dancers are in their rooms at the correct time each night.

**HOTEL PHONE POLICY/ROOM CHARGES** If you would like to make phone calls from your room or want to order room service or charge anything to your room, you will need to leave a credit card with the front desk upon arrival. The hotel also has internet access available in all rooms.

**MEALS** Breakfast will be served in one of the hotel ballrooms. (Watch for signs each morning.) Lunches and

## Instructors

- Alexandra Clough
- Brittney Schubert
- Adina Belanger
- Kelsey Villwock
- Carlos Stroia
- Kari Stengrim



For Details go to: [www.justforkix.com/intensive](http://www.justforkix.com/intensive)

# Intensive.

June 17th - 20th 2014  
Baxter Studio

dinners will be served at the Just For Kix studio. Check your schedule for meal times. Hotel students...your first meal will be breakfast on the 17th. Commuter students first meal will be lunch on the 17th. There is also a snack bar located in the water park as well as a full service restaurant in the hotel.

**SHOWCASE COMPETITION** We are having a Showcase Competition on Night 3 of Intensive! You may bring your own routine from home, any style, any level, and we will be judging the routines and announcing winners at our final show! Please bring your music on CD with you to registration on Day 1. Routines must be no longer than 2:15 and the lyrics must be clean.

**TRAVEL ARRANGEMENTS** When registering online, you will find a Roommate Request Form. Please ensure that you filled in this information by **June 7th** to ensure your requests can be completed. This will allow us to prepare for your arrival. If you are flying into the Minneapolis International Airport, remember that you are responsible for your transportation to The Lodge at Brainerd Lakes. If you have not yet found shuttle service, we would suggest Lakes Express (1-866-955-6973). They pick up and drop off at all hotels and resorts in the Brainerd area. If you are flying into the Brainerd Regional Airport, we will make arrangements to pick you up and bring you back to the airport.

**DIRECTIONS TO THE HOTEL/JFK STUDIO** | 6967 Lake Forest Road • Baxter, MN 56425  
(The JFK Studio is located directly across the street to the west of the hotel.)

#### **Directions to Arrowwood Lodge at Brainerd Lakes from the Twin Cities**

Take I-94 west to Clearwater and exit on Hwy. 24. Turn right (north) and follow to Hwy. 10. Turn left (west) onto Hwy. 10 and follow to Little Falls. After Little Falls take Hwy. 371 north to Brainerd/Baxter. At the intersection of Hwy. 371 and Hwy. 210 continue north 2 miles. You'll want to be in the left hand lane to turn left on Lake Forest Road by Lake Country Toyota.

#### **Directions to Arrowwood Lodge at Brainerd Lakes from Duluth**

Take Interstate 35 South to Hwy 210 West. Follow Hwy 210 West to Brainerd/Baxter. In Baxter turn right on Hwy 371 North and continue 2 miles. You'll want to be in the left hand lane to turn left on Lake Forest Road by Lake Country Toyota.

#### **Directions to Arrowwood Lodge at Brainerd Lakes from Fargo**

Take Hwy 10 East to Motley. In Motley turn left on Hwy 210 East and follow to Baxter. At the intersection of Hwy. 371 and Hwy. 210 continue north 2 miles. You'll want to be in the left hand lane to turn left on Lake Forest Road by Lake Country Toyota.

#### **EMERGENCY PHONE NUMBERS**

<b>Just For Kix Office</b>	<b>218-829-7107 (Monday-Friday, 8:00am-5:00pm)</b>
<b>Just For Kix Studio</b>	<b>218-828-1127</b>
<b>Cindy Clough's Cell Phone</b>	<b>218-820-0801</b>
<b>Ali Clough's Cell Phone</b>	<b>218-821-0169</b>
<b>The Lodge at Brainerd Lakes</b>	<b>218-822-5634</b>

*If you are calling with questions before the Intensive, please call 218-829-7107. The above listed numbers are for emergencies ONLY for the duration of the Intensive June 16 - 20. Thank You.*

#### **Are you planning on attending a 3 or 4 Day JFK High School Camp?**

If you attend the full four days of the JFK Summer Intensive as well as a 3 or 4 Day High School Camp, we will give you a **\$50.00 off your High School Camp Rate**. (Please Note: to receive the \$50.00 discount your must call in your registration to the Just For Kix Home Office at 218-829-7107.

#### **FREQUENTLY ASKED QUESTIONS**

##### **Q: How many roommates will I have?**

A: The \$439.00 rate is based on a six person occupancy, so there will be six people per suite. The hotel room includes two queen beds and a pull out queen sofa bed.



For Details go to: [www.justforkix.com/intensive](http://www.justforkix.com/intensive)

# Intensive.

June 17th - 20th 2014  
Baxter Studio

**Q: Can my friends and I still upgrade to a private room?**

A: Yes you may upgrade to a private room. Rates are available online at [www.justforkix.com/intensive-registration.html](http://www.justforkix.com/intensive-registration.html)

**Q: Can I request my roommate(s)?**

A: You may request your roommates. All roommate requests should be submitted online at the time of registration or emailed to [stacie@justforkix.com](mailto:stacie@justforkix.com) by June 7th or you may fax it to 218-824-3545.

**Q: What if I come alone. Who will I room with?**

A: Dancers are roomed with dancers from other areas. We try and room individuals by their age when possible.

**Q: Can my parents come with me?**

A: We do have parents who travel and room with their dancers. JFK will make your hotel arrangements for you if you are wanting to stay at the Lodge at Brainerd Lakes. That way we can offer you the discounted rates. Call Stacie for availability and rates.

**Q: How is my dancer chaperoned?**

A: There will be Just For Kix staff that will be staying at the hotel and will conduct nightly room checks. Dancers are required to check in with JFK Staff each morning upon arrival at the studio as well as before lunch and dinner each day. Dancers will also wear a wristband that will be scanned each morning and afternoon to account for their attendance.

**Q: Are lunches and dinners included in the commuter price?**

A: Lunches and dinners are included in the commuter rate. These meals will be served at the Studio.

**Q: Can commuters purchase water park wristbands?**

A: Commuters may purchase a water park wristband the first day of camp. The fee is \$10.00.

**Q: How do I know what level of classes to take?**

A: Students can choose from 3 levels of classes: Intermediate, Advanced and Elite. *Note: You do not need to commit to a certain level. For example, you may be a beginner tap dancer but an elite-level ballet dancer. Each hour you can decide the level and class type you'd like to take.*

Intermediate dancers are those with a few years of dance experience and are looking to focus on basics in technique, flexibility, and form. Dancers who register for Advanced level should have several years of dance experience and are looking to go beyond the basic elements of technique, moving into style and expression. Finally, Elite dancers are those who are looking to challenge themselves physically and emotionally through new styles, techniques and our most cutting edge choreography and training. Dancers will register for one level, but may move around based on the style of class they are taking. (For instance a dancer may be Elite in one style and intermediate in another.)

**Q: What if I need to purchase something from your dance catalog ahead of time? Can I have it delivered to the Intensive to avoid shipping charges?**

A: Yes for sure you can do this. When placing your order (800-762-3347), give customer service your credit card information and tell them that you are placing an item for the Summer Intensive and to give your order to the Intensive staff when completed. We will have it at registration for you.

If you have any other questions, please call the Just For Kix Office at 800-450-3262

**PACKING LIST**

- A GOOD ATTITUDE AND LOTS OF ENERGY!!
- Dance Attire
- Undergarments (sports bras, socks, etc.)
- Comfortable athletic & dance shoes! (Ballet, jazz, turners)
- Water Bottle
- Extra spending money for treats and sales items @ the JFK Studio Store
- Notebook and pen!
- Camera (optional)
- Swim suit.
- Personal toiletries.
- Cell phone
- Dance bag to carry your items in from class to class.



For Details go to: [www.justforkix.com/intensive](http://www.justforkix.com/intensive)

# Intensive.

## INTENSIVE CLASS SCHEDULE

TUESDAY, JUNE 17 - Take time to warm up and stretch before your first class.			
Time	Intermediate	Advanced	Elite
8:00-9:00	BREAKFAST in hotel ballroom for overnight students		
9:00-10:00	OPENING SESSION Ali & Staff		
10:00-11:00	LYRICAL Grace	JAZZ KV	BALLET Carlos
11:00-11:15	BREAK		
11:15-12:15	HIP HOP KV	BALLET Carlos	LYRICAL Ali
12:20-1:20	BALLET Carlos	HIP HOP Ali	
	ALL LEVELS CARDIO BARRE CLASS Kari		
1:20-2:20	LUNCH		
2:25-3:25	CONTEMPORARY Ali	TECHNIQUE Grace	MUSICAL THEATRE KV
3:30-4:15	SPECIAL SESSIONS: STRENGTHENING & STRETCHING • IMPROV • KICK TECHNIQUE • TURN ANALYSIS OF PIROUTTES		
4:15-4:30	BREAK		
4:30-5:30	MUSICAL THEATRE KV	LYRICAL Grace	TAP Adina
5:30-6:15	REVIEW SESSION/ INTENSIVE GAMES		
6:15-7:15	DINNER		
WEDNESDAY, JUNE 18 - Take time to warm up and stretch before your first class.			
Time	Intermediate	Advanced	Elite
8:00-9:00	BREAKFAST in hotel ballroom for overnight students		
9:00-10:00	STREET JAZZ Ali	JAZZ Alii Spieker	BALLET Carlos
10:05-11:05	BALLET Carlos	MUSICAL THEATRE Lindsay	STREET JAZZ Adina
11:00-11:20	BREAK		
11:20-12:20	CONTEMPORARY Adina	BALLET Carlos	MUSICAL THEATRE Lindsay
12:20-1:20	LUNCH		
1:20-2:20	LYRICAL Lindsay	CONTEMPORARY Adina	TECHNIQUE Ali
2:25-3:25	TECHNIQUE Alii Spieker	STREET JAZZ Ali	LYRICAL Lindsay
3:25-3:40	BREAK		
3:40-4:55	JAZZ Lindsay	LYRICAL Alii Spieker	CONTEMPORARY Ali
5:40-6:30	REVIEW SESSION/ INTENSIVE GAMES		
6:30-7:30	DINNER *HOME OFFICE TOUR EATS FIRST		
7:00	JUST FOR KIX HOME OFFICE TOUR		
THURSDAY, JUNE 19 - Take time to warm up and stretch before your first class.			
Time	Intermediate	Advanced	Elite
8:00-9:00	BREAKFAST in hotel ballroom for overnight students		
9:00-10:00	LYRICAL Alii Spieker	BALLET Carlos	HIP HOP Ali
10:05-11:05	BALLET Carlos	CONTEMPORARY Adina	JAZZ Chelsea
11:00-11:20	BREAK		
11:20-12:20	JAZZ Chelsea	MUSICAL THEATRE Tia	BALLET Carlos
12:20-1:20	LUNCH		
1:20-2:20	CONTEMPORARY Tia	JAZZ Alii Spieker	LYRICAL Chelsea
2:25-3:25	TAP Adina	LYRICAL Chelsea	JAZZ Tia
3:25-4:40	BREAK		
4:45-5:30	SPECIAL SESSIONS: • JUMPS & LEAPS • CHOREOGRAPHY • TURN ANALYSIS (A LA SECONDES) • PILATES & CORE • ZUMBA		
5:40-6:30	REVIEW SESSION/ INTENSIVE GAMES		
6:30-7:30	DINNER		
7:15	SHOWCASE COMPETITION/ AUDITIONS FOR OUTBACK BOWL TOUR		
FRIDAY, JUNE 20 - Take time to warm up and stretch before your first class.			
Time	Intermediate	Advanced	Elite
8:00-9:00	BREAKFAST in hotel ballroom for overnight students		
9:00-10:00	JAZZ Grace	HIP HOP Ali	CONTEMPORARY Adina
10:05-11:05	HIP HOP Alii Spieker	TAP Adina	JAZZ Grace
11:10-12:10	REVIEW SESSION		
12:10-1:10	LUNCH		
1:15	FINAL SHOW/CLOSING SESSION		

- Water Park closes nightly at 9:00pm.
- Be in Room by 10:00pm
- Lights Out-Room Check 10:30pm
- There is no fee to attend the final show. All family and friends are invited to attend!

- There is no fee to attend the final show. All family and friends are invited to attend!



For Details go to: [www.justforkix.com/intensive](http://www.justforkix.com/intensive)

# Intensive. Medical Consent & Release Form

If, in the judgement of any representative of Just For Kix Camp, the student below should need immediate care and treatment as a result of any injury or sickness, I do hereby request, authorize and consent to such care and treatment as may be given to said student by any physician.

## Dancer's Information

DANCER NAME	<input type="text"/>	LAST NAME	<input type="text"/>
EMAIL ADDRESS	<input type="text"/>		
AGE	<input type="text"/>	DOB	<input type="text"/> - <input type="text"/> - <input type="text"/>
GRADE	<input type="text"/>		
ALLERGIES or Allergic Reaction to Medication	<input type="text"/>		
PREVIOUS MEDICAL CONDITION	<input type="text"/>		
EMERGENCY CONTACT	<input type="text"/>		
HOME PHONE	<input type="text"/> - <input type="text"/> - <input type="text"/>	CELL PHONE	<input type="text"/> - <input type="text"/> - <input type="text"/>
WORK PHONE	<input type="text"/> - <input type="text"/> - <input type="text"/>		
FRIEND OR RELATIVE	<input type="text"/>		
HOME PHONE	<input type="text"/> - <input type="text"/> - <input type="text"/>	CELL PHONE	<input type="text"/> - <input type="text"/> - <input type="text"/>
WORK PHONE	<input type="text"/> - <input type="text"/> - <input type="text"/>		

NAME	<input type="text"/>														
ADDRESS	<input type="text"/>														
CITY	<input type="text"/>					STATE	<input type="text"/>	ZIP	<input type="text"/>						
PHONE	<input type="text"/> - <input type="text"/> - <input type="text"/>														
POLICY NUMBER	<input type="text"/>							GROUP NUMBER	<input type="text"/>						
INSURED THROUGH EMPLOYER	YES	<input type="checkbox"/>	NO	<input type="checkbox"/>											
EMPLOYER NAME (IF APPLICABLE)	<input type="text"/>														

## PARENT/GUARDIAN INFORMATION

FIRST NAME	<input type="text"/>	LAST NAME	<input type="text"/>
ADDRESS	<input type="text"/>		
CITY	<input type="text"/>	STATE	<input type="text"/>
ZIP	<input type="text"/>		

I, the parent or guardian of the above named student of the Just For Kix dance team program, hereby give approval for his/her participation in the summer youth dance camp. I assume all risks and hazards incidental to such participation including transportation to and from the activities; and do hereby waive, release, absolve, indemnify and agree to hold harmless the dance camp, Just For Kix: employees, owners, instructors, the organizers, sponsors, supervisors, participant and the person transporting the participant to and from the activities for any claim arising out of injury to the participant.

SIGNATURE \_\_\_\_\_ DATE  -  -



For Details go to: [www.justforkix.com/intensive](http://www.justforkix.com/intensive)

# Intensive.

June 17th - 20th 2014  
Baxter Studio



## JUST FOR KIX TRAVEL & ROOMMATE REQUEST FORM

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

City: \_\_\_\_\_ Studio/School Name: \_\_\_\_\_

Age: (For room list purposes) \_\_\_\_\_ Class Level: \_\_\_\_\_

\_\_\_\_\_ # of years you have attended the Just For Kix Summer Intensive

I would like to room with:

1. \_\_\_\_\_ 2. \_\_\_\_\_

3. \_\_\_\_\_ 4. \_\_\_\_\_

5. \_\_\_\_\_

## DRIVING TO BRAINERD, MN

Estimated Arrival time at The Arrowwood Lodge (Registration begins at 4pm)

Monday \_\_\_\_\_

Tuesday \_\_\_\_\_

## FLYING INTO BRAINERD AIRPORT

Arrival information

Airline \_\_\_\_\_

Flight number \_\_\_\_\_

Arrival time \_\_\_\_\_

Departure Information

Airline \_\_\_\_\_

Flight number \_\_\_\_\_

Arrival time \_\_\_\_\_

## FLYING INTO MINNEAPOLIS/ST.PAUL INT'L AIRPORT

Arrival information

Airline \_\_\_\_\_

Flight number \_\_\_\_\_

Arrival time \_\_\_\_\_

Departure Information

Airline \_\_\_\_\_

Flight number \_\_\_\_\_

Arrival time \_\_\_\_\_

## SHUTTLE SERVICE ARRANGMENTS (for fly-in students only)

Company \_\_\_\_\_

Confirmation number \_\_\_\_\_

PLEASE FAX TO THE JUST FOR KIX OFFICE BY June 8th

JUST FOR KIX c/o Stacie 218-824-3545



For Details go to: [www.justforkix.com/intensive](http://www.justforkix.com/intensive)

# Intensive.

June 17th - 20th 2014  
Baxter Studio

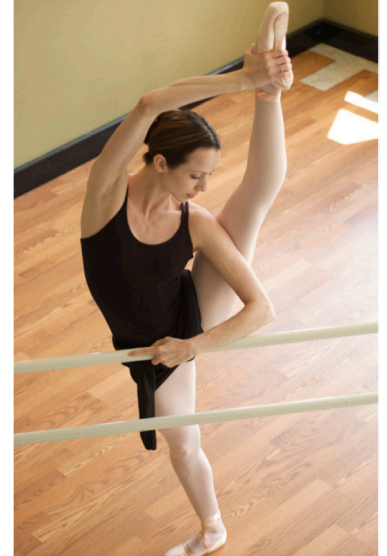
## JUST FOR KIX EXPECTED CODE OF CONDUCT & HOTEL RULES

Please read the following rules and sign below.

Camp will be much more enjoyable for everyone if we all follow the rules below.

You know the difference between right and wrong. Choose what's right!

- Display respectable conduct and remember that you are representing your school and Just For Kix at all times. Reasonable, positive, responsible conduct is expected at ALL times.
- You are expected to participate in all scheduled activities.
- NO males allowed in your hotel room.
- NO use of alcohol, drugs, or tobacco.
- You must be in the hotel by 9 pm and in your room by 10:00 pm. Room check will be made nightly at 10:30 pm. Do not leave your room after room check.
- You are not allowed to walk to any restaurants, grocery stores, gas stations, etc. that are more than two blocks away from the hotel. You must travel in groups of at least four campers.
- Make sure your door is locked and bolted at night. Also be sure your curtains are always pulled.
- Ipod docks are NOT allowed in the hotel halls. There should not be any yelling or noise in the halls.
- JFK nor The Lodge are responsible for lost or stolen valuables. Make sure that you are sensible with your money and valuables. Lock your room. Do not leave valuables laying around.
- Phones are turned off in your room to prevent additional charges to you.  
(Hotel Dancers - You may have the phones turned on with a credit card.)
- Any damage in or theft from your hotel/dorm room will be billed to you. Your parents and school's principal will be notified.
- Please show respect for the other hotel guests. They are also paying clients.
- Due to security reasons, signs and decorations are not allowed on the outside of hotel rooms.
- Cover-ups must be worn over dancewear when in the public areas of the hotel. Cover-ups must also be worn over bathing suits outside of the pool area of the hotel/dorm.
- HAZING - Just For Kix strictly prohibits hazing of team members.
- PHOTOS: JUST FOR KIX prohibits any pictures taken while dancers are around the pool or not fully clothed.
- FACE BOOK/YOUTUBE: Any pictures posted of campers on Facebook/Youtube must have the permission of those pictured.
- ROUTINES: Any video footage of routines may not be posted on the internet without the written approval of the Just For Kix Corporate Office.
- Proper shoes should be worn at all times during camp. Dancers are strongly advised to wear athletic shoes for kick and hip hop routines. Jazz and lyrical dancers are encouraged to wear jazz shoes. Jazz dancers needing more support in their arches, etc. should talk to their doctor for advice on footwear. Dancers are not allowed to go barefoot. Shoes must be worn in the lobby/eating area of the studio ALL times.
- If for any reason you must leave early from camp, you must officially sign out with the camp director.
- Any infringement on the above rules can result in being sent home at you or your parent's expense.



If you have any questions, please feel free to give us a call. 800-450-3262  
Thank you and we will see you soon!

\_\_\_\_\_  
Dancer's Signature

\_\_\_\_\_  
Date



For Details go to: [www.justforkix.com/intensive](http://www.justforkix.com/intensive)