

Just For Kix of Champlin
What to Wear to Class Information for 2017-2018 Dance Season

What to wear to class/how to do hair for class

When a dancer comes to class, s/he should feel like s/he is at a dance class. Proper attire is important - if a dancer simply wears whatever s/he wore to school that day, dance class is no longer a special thing, but just another thing to get done with on that day. Please try to change your dancer into special clothing for dance class:

- For boys of any age, they can wear shorts and tanks or t-shirts, or men's dance pants.
- For our youngest dancers (3 years old-3rd grade), tights and leotards are recommended because they usually LOVE wearing these items! Help your dancer dress up and feel special.
- For older dancers (4th-12th grade), they tend to enjoy wearing jazz shorts and tanks or t-shirts. This is fine for classes.
- **Ballet Class:** Dancers **MUST** have pink split-sole ballet shoes and must wear a leotard and tights. Hair must be in a bun.

Dancers should always wear appropriate footwear to dance class. Dancers can wear their dance shoes for both practices and performances. In the beginning of the dance season, it is normal for dancers to not have shoes. Until dance shoes are received, dancers should wear tennis shoes to class. Once dance shoes are received, dance shoes must be worn at all times.

For class, hair MUST be pulled back into a ponytail (even boys with long hair), bun or braid during all younger dance classes. Our older dancers (4th-12th grade) must have their hair in a high bun for every class. If your dancer's hair is shorter than that, please pull or clip back what you can. Many younger kids come to class with a "bob" haircut and say they can't pull it back, but yet the sides of their hair cover their faces when they turn or touch the floor. Use headbands, barrettes, clips and binders as much as possible to pull the hair off of the dancer's face. The point of pulling the hair back is not only to let the instructor see the posture of the neck, but also so that the dancer doesn't have to mess with it or touch it while in class.

Dance Bag - It is helpful if your dancer has a dance bag that includes:

- their dance shoes put each pair of shoes into a smaller, separate bag inside the bigger bag to reduce rubbing and wear
- extra practice clothes in case of accidents/emergencies
- hair items (in a small, separate bag/container)
- a water bottle
- a healthy snack if dancer will be at class for two or more hours

Your dancer is allowed to only drink WATER at class. If they'd like to drink Gatorade or other flavored drinks in the hallways before or after their class, that is fine! Just please have them bring only water during their class. **WATER BOTTLES ARE ENCOURAGED!!!** Dancers can bring water bottles into class and place them at the back of the room.

Help your dancer have a successful class by having him/her fully prepared for class - proper clothes and finished hair will make such a difference!

If you have any questions about class attire, please contact our Program Director at champlin_@justforkix.com.