

**Just For Kix of White Bear Lake**  
**Performance and Competition Information for 2016-2017 Dance Season**

*Updated 1/29/2017*

**Performance Dates**

We have several performance dates scheduled. Many of them have confirmed dates and times and a few of them are still tentative. Most classes will perform 3-6 times, with competition groups performing in at least 3 shows and 2-3 competitions. Our tap and ballet groups will perform at least twice. We use White Bear Lake School District facilities, so we must wait for confirmation of our requests until after all other school activities are scheduled. We usually do get the dates we want, but we have had to reschedule a handful of times in the last 17 years, so your flexibility is appreciated!

*Note: all listings below for "Groups Performing" are subject to change, if necessary. Competition dates are listed AFTER the performance information.*

- **March 19, 2017 - Just For Kix community/metro STAGE SHOW in Fridley**
  - At Fridley High School, 6000 W Moore Lake Dr NE, Minneapolis, MN 55432
  - There are two shows on this day, White Bear teams are in the 5:30 PM show
  - Many groups from around the Twin Cities will perform
    - Groups performing from our White Bear Lake program:
      - Tiny Kix Tuesday (tap shoes only)
      - Tapsters (K-3)
      - Tap Troupe
  - Admission is usually \$5 for adults and \$3 for students (K-12)
  - The Fridley High School Dance Team typically sells concessions and flowers as a fundraiser during this show
  
- **April 22, 2017 - Spring Stage Show at White Bear Lake High School - North Campus, 5045 Division Avenue in White Bear Lake**
  - Show begins at 12:30 PM.
  - This is a fundraising performance show for the White Bear Lake High School Varsity Cheerleaders. There is no admission to enter this show. Your donation at the door goes directly to the team!
  - This show should last about 60 minutes.
  - Groups performing:
    - Tiny Kix Monday, Tiny Kix Tuesday (tap shoes only), Wee Petites, Wee Kix, Mini Hip Hop, Junior Hip Hop, Senior Hip Hop, Mini Jazz, Rising Stars, Starmakers, Fairies Ballet, Daisies Ballet, Lilacs Ballet, Roses Ballet, Junior Lyrical, Senior Lyrical, Tapsters, Tap Troupe.
    - Kick teams are too big to fit on a stage and are more visually pleasing in a gym setting - we do not have kick teams perform on stage.
  
- **May 5 - FINALE REHEARSAL at 6:30 PM in the gym at WBL HS North Campus, 5045 Division Avenue in White Bear Lake**
  - This is for ALL dancers who want to participate in the finale at the show on May 6. We will learn the finale in class. If your dancer cannot attend this practice but still wants to be in the finale, that is fine, but s/he must know the routine inside and out. :-)

- 4-12th grade dancers should arrive by 6:15 PM to be ready to practice at 6:30 PM.
  - Preschool aged dancers will practice from 7-7:30 PM
  - K-3rd grade dancers should arrive by 6:45 and be ready to practice from 7-8:00 PM.
  - We have the gym rented until 8:30 PM, so we may go later than 8:00 PM. If we are finished by 8:00 PM, your dancer can use this time to put their uniforms in the locker room and/or become familiar with the gym and its surrounding areas.
  - We may have a few groups run their routines during the 8-8:30 PM time if we feel they need it.
- **May 6** - Spring Show at 10:30 AM in gym at White Bear Lake High School - North Campus, 5045 Division Avenue in White Bear Lake
    - Our final show of the year!
    - Admission is \$6 for adults, \$4 for students (K-12th grade), those not yet in Kindergarten or 5 years old and younger are free
      - PRESALE TICKETS will be offered during the last 1-2 weeks prior to the show at a discount of \$5 for adults and \$3 for students
        - You can bring an envelope with a check or exact change in cash to your instructor during the last week of April - be sure to put your dancer's name on the outside of the envelope.
          - The next week, we will hand an envelope to your dancer with the tickets inside!
      - At the door, you can either present your presale ticket for entry OR pay the admission fee
    - This show should last about 90-120 minutes.
    - Groups performing:
      - Tiny Kix Monday, Tiny Kix Tuesday PM (ballet shoes only), Wee Petites, Wee Kix, Wee Hip Hop (special session), Wee Jazz (special session), Mini Hip Hop, Junior Hip Hop, Senior Hip Hop, Mini Jazz, Rising Stars, Starmakers, Fairies Ballet, Daisies Ballet, Lilacs Ballet, Roses Ballet, Junior Lyrical, Senior Lyrical, Mini Kix, Junior Kix, Senior Kix, Teeny Kix (special session).

When the dates are confirmed and it is about 2-3 weeks prior to the show, I will send an email out to all registered dancers that are performing.

### For Performances

Depending on your dancer's age, and the type of performance that is taking place, will determine when your dancer should arrive. Take this as the default timing for your dancer to arrive - should special circumstances come up, I will communicate to you if/when your dancer's class should arrive.

- For a performance that takes place in a gym (Winter Show, Spring Show, Metro Show):
  - Kix, jazz, lyrical, and hip hop teams consisting of dancers in 4th-12th grade should arrive 30-45 minutes prior to the start of the show.
    - Teams should find each other and begin warming up, doing some dynamic stretching and rehearsing their routine.
    - If your dancer is in more than one class, s/he should warm up with his/her class of choice and then rehearse with each class at least once.
  - Dancers in 2nd-3rd grade should arrive 20-30 minutes prior to the start of the show.
    - One or two parents can stay backstage with this age group.
    - Teams should find each other - if an instructor or assistant is not available, dancers should stay together with the one or two parents mentioned above.

- Sometimes, older dancers volunteer to “hang out” with the younger groups - if this is the case at any performance, that dancer will stay with the group until they perform, so you are welcome to go and sit in the audience.
    - Dancers should warm-up, do brief stretching and rehearse their routine together as much as possible.
    - An assistant or instructor will run through the routine with the group at least once. If music isn’t available (it sometimes isn’t), the music will be counted or sung. :-)
  - Dancers in Preschool through 1st grade should arrive 15-20 minutes prior to the start of the show.
    - One or two parents should stay backstage with EACH group (i.e. 1 from Tiny Kix Monday, 1 from Wee Petites, etc.).
    - Dancers should stay together and can do fun jumping or playing around (please don’t let them sit or drag themselves on the floor) to warm up. Parent volunteers can help with stretching, if they’d like to.
      - Sometimes, older dancers volunteer to “hang out” with the younger groups - if this is the case at any performance, that dancer will stay with the group until they perform, so you are welcome to go and sit in the audience.
      - An assistant or instructor will run through the routine with the group at least once. If music isn’t available (it sometimes isn’t), the music will be counted or sung. :-)
  - When you arrive, your dancer can remain backstage and you can go and sit in the audience, unless you have volunteered to stay backstage with a younger dance group.
- For a performance that takes place on a stage (Holiday Stage Show, Spring Stage Show):
  - Watch your email for any special early practice times for your dancer, especially if s/he is in a tap class.
  - Dancers 4th-12th grade who are performing in two or more routines are welcome to come about 45 minutes early. At the Community Theater, we usually have a classroom upstairs (2nd floor) for extra uniforms and changing - there is also a bathroom right next to this room. At the theater at North Campus, there are two changing rooms - one on either side of the stage.
    - All others should arrive about 25-30 minutes early.
  - Dancers in preschool through 3rd grade who are performing in more than one routine should arrive about 30 minutes early. At the Community Theater, we usually have a classroom upstairs (2nd floor) for extra uniforms and changing - there is also a bathroom right next to this room. At the theater at North Campus, there are two changing rooms - one on either side of the stage.
    - All others should arrive about 15 minutes early.
  - If the show is at the White Bear Lake Community Auditorium (formerly known as Central Theater), you can save a seat for your dancer so s/he can join you after they’ve performed.
    - The doors to backstage will be opened after every 2-3 routines to allow dancers who are done performing to return to their families and take a seat. We hope you will stay and watch the entire show.
    - If the show is in the theater at White Bear High School North Campus, seats can only be saved for preschool through 3rd grade dancers - all other dancers may need to remain backstage or stand at the back of the theater to watch as seating may be limited. Older dancers are welcome to sit if there is room.
  - Our stage shows are typically fundraiser shows for local spirit groups - these groups usually have one or two team members assigned to each young group to sit with them and help them practice prior to the show. Because of this, you are welcome to drop your dancer off backstage and take your seat before the show begins.

- There is LIMITED space backstage - it is crowded and hot, so we ask parents not to come backstage unless they feel it is necessary.

**Dancers should come dressed and ready to perform.** They should NOT wear their dance shoes outside at all.

- Dancers should arrive in their uniform with clothing to cover it. The clothing should be easily removed (tops with zippers or buttons, baggy pants or shorts). Dancers should leave any jackets, boots and heavy clothing, like sweatpants and sweatshirts, with parents.
- Dancers should arrive with their hair pulled back into the particular style needed for their class (many classes wear it the same so the dancer doesn't have to change it). If your dancer requires a bun, visit our YouTube channel (search for Just For Kix White Bear) and watch the bun tutorial video.
- If your dancer is in more than one class, we will inform you of the show order ahead of time so you know which uniform your dancer should wear first.
- Dancers should bring their shoes in their dance bag (or a special performance bag).
- Make-up is optional, but recommended, even for boys:
  - Young dancers (preschool-3rd grade) should wear a little color on their cheeks, eyes and lips (boys don't need to wear anything on their eyes unless a parent wants them to).
  - Older dancers (4th-8th grade) should wear more color and define their features; our oldest dancers (9th-12th grade) should wear full performance make-up
    - Makeup should look natural from a distance, but will look heavier up close
    - Eyeliner is a great way to define the eyes - be sure to go all the way around the eye, but on the outside of the lash line
    - Choose a flattering color for the cheeks that goes with the uniform(s) your dancer will wear
    - For lips:
      - Senior Kix, Rising Stars and Starmakers should order the make-up kit that is listed with their uniforms online to their make-up matches:
        - Senior Kix and Starmakers - Yofi "Foxy" kit
        - Rising Stars - Yofi "Frenchy Pink" kit
      - For all other dancers competing, a Lip Stain is better because it will last all day; note that it is difficult to take off after the competition, but it will wear off eventually
        - Choose a darker pinky-purplish color that is flattering on the dancer and goes with the uniform (the color doesn't have to match, but it should be in the same "shade" group - If you choose a redder shade, red shades typically have a blue or orange undertone, so pick the one that matches best to your dancer's uniform)
        - Select a gloss to go over the top that can be reapplied to add shine to your dancer's smile
    - Things like foundation and such is completely up to the dancer and her parents - we are going for a natural look.
      - Try to brighten the area around the eyes with a lighter foundation or contouring color.
    - Our oldest dance teams (Senior Kix, Rising Stars, Starmakers) can elect to wear fake lashes - if so, ALL members must wear them

After your dancer performs, a few things happen, depending on your dancer's age:

- Dancers in Preschool through 3rd grade who are performing once in the show can sit with family (or friends, if you allow this and let your dancer know) once they are done performing.
- Dancers in K-3rd grade who are in more than one routine will need to change.
  - A locker or dressing room is available for this - before the show starts, help your dancer find this room and put/hang their extra uniforms that will be needed later.
  - Once your dancer has performed once and needs to change, your dancer should enter the locker/dressing room to change; if assistance is needed, feel free to help.
- Dancers 4th-12th grade are on their own - they usually either go backstage or to the locker room to change for their next performance, or they can sit in the audience with family or team members.

### **Competition Dates**

Just For Kix Together We Dance competitions are for dancers in 4th-12th grade (except for ballet and tap, which do not compete) and any 3rd graders enrolled in Junior Hip Hop. Our dancers will compete in Just For Kix sanctioned competitions ONLY and they will compete only against other Just For Kix groups from other cities and/or states that are of the same age and relative group size. All Just For Kix competitions are fair and fun! Dancers are not judged on costumes or choreography, but on execution, energy and technique - they are judged on HOW they are doing what they are doing. For example, kick routines should be sharp, tight and precise, while lyrical routines flow more but displayed emotion and acting, as well as technique, are important. Each dance style has its own way of being judged.

### **Competitions are not mandatory, but are highly recommended.**

Competition fees this year are \$12 for the dancer's first routine, \$9 for the dancer's second routine, \$7 for the dancer's third routine and an additional \$7 for any more routines at that one competition. (For example, if your dancer is only in Mini Kix, his/her fee is \$12. If your dancer is in Mini Kix and Mini Hip Hop, his/her fee is \$21.) Fees are added directly to your dancer's online account and must be paid BEFORE the competition. We will NOT accept payments at the event or afterward. To pay your dancer's fee, log in to your Just For Kix online account and click on Classes. The fee is separate and must be paid manually through our online system. (I will take checks at class up to two weeks prior to the event to give the home office time to process the payment through the mail.)

These teams are eligible to compete: Mini Kix, Mini Jazz, Mini Hip Hop, Junior Lyrical, Junior Kix, Rising Stars, Junior Hip Hop, Senior Kix, Starmakers, Senior Hip Hop and Senior Lyrical.

This year, we are doing three competitions again! Our oldest groups will do a fourth, by request.

Here are the dates:

- **March 12, 2017**
  - Apple Valley High School in Apple Valley
  - 14450 Hayes Road, Apple Valley, MN 55124
  - Here are the arrival, performance and award ceremony times:

| <u>White Bear</u> |                 | <u>Arrival</u> | <u>Performance</u> | <u>Facing</u> |               |             |
|-------------------|-----------------|----------------|--------------------|---------------|---------------|-------------|
| <u>Team Name</u>  | <u>Division</u> | <u>Time</u>    | <u>Time</u>        | <u>Side</u>   | <u>Awards</u> | <u>Hair</u> |
| Mini Kix          | Mini Kix 3      | 8:00 AM        | 9:27 AM            | Side B        | 9:45 AM       | High bun    |

|   |                |          |          |        |          |               |
|---|----------------|----------|----------|--------|----------|---------------|
| Mini Hip Hop  | Mini Hip Hop 2 | 9:15 AM  | 10:26 AM | Side B | 10:50 AM | High ponytail |
| Mini Jazz   | Mini Jazz 1    | 10:15 AM | 11:40 AM | Side B | 12:01 PM | High ponytail |
| Junior Lyrical  | Mini Lyrical   | 12:00 PM | 1:38 PM  | Side A | 1:50 PM  | High bun      |
|   | Middle Hip     |          |          |        |          |               |
| Junior Hip Hop  | Hop 1          | 12:30 PM | 2:00 PM  | Side B | 2:21 PM  | High ponytail |
| Senior Hip Hop  | Sr Hip Hop     | 2:00 PM  | 3:35 PM  | Side B | 3:41 PM  | High ponytail |
| Rising Stars  | Middle Jazz 3  | 2:15 PM  | 3:54 PM  | Side A | 4:21 PM  | High bun      |
| Starmakers  | Jr Jazz        | 2:45 PM  | 4:37 PM  | Side B | 4:55 PM  | High bun      |
| Junior Kix  | Middle Kix 4   | 5:00 PM  | 6:45 PM  | Side A | 7:12 PM  | High bun      |
| Senior Lyrical  | Jr Lyrical 1   | 6:00 PM  | 7:49 PM  | Side B | 7:58 PM  | High bun      |
| Senior Kix  | Sr Kix 1       | 7:30 PM  | 9:27 PM  | Side A | 9:35 PM  | High bun      |
| <i>High bun or ponytail location: if your dancer is wearing a crown/tiara, the ponytail/bun would be centered inside of it.</i> |                |          |          |        |          |               |

- **March 25, 2017**

- Brainerd High School in Brainerd, MN
- 702 S 5th St, Brainerd, MN 56401
- Teams competing and times (arrive 90-120 minutes early):
  - Senior Hip Hop - competes at 3:27 PM
  - Starmakers - competes at 4:55 PM
  - Senior Kix - competes at 8:40 PM

- **April 6, 7, 8 & 9, 2017**

- Rochester Community Technical College in Rochester
- WBL schools are off on Friday, April 7. We will request that we have NO classes competing on Thursday the 6th.
- Senior Showcase is set for FRIDAY this year.
  - Think of this as your dancer's "away" sports tournament!
- A schedule will be sent out as soon as possible.

If your dancer CANNOT attend a competition, please let me know as soon as possible. We want your dancer to attend his/her classes even if s/he cannot compete.

## For Competitions

Dancers should come dressed and ready to compete. They should NOT wear their dance shoes outside at all.

- Dancers will be given an arrival time
  - This arrival time is typically 90 minutes to 2 hours prior to your dancer's competition time.
    - We ask your dancer to get there very early so s/he can become accustomed to the environment, watch some routines, warm up, stretch, rehearse their routine many times and take many breaks.
- Dancers should arrive in their uniform with clothing to cover it. The clothing should be easily removed.
  - If your dancer would prefer to travel in regular clothes, that is fine, but s/he MUST arrive at least 30 minutes earlier than the arrival time given to allow for changing and doing hair.
- Dancers should arrive with their hair pulled back into the particular style needed for their class (many classes wear it the same so the dancer doesn't have to change it). If your dancer requires a bun, visit our YouTube channel (search for Just For Kix White Bear) and watch the bun tutorial video.
  - Again, if your dancer prefers to travel without his/her hair done, s/he must arrive AT LEAST 30 minutes earlier than our assigned arrival time to accommodate this.
- If your dancer is in more than one class, we will inform you of the competition order ahead of time so you know which uniform your dancer should wear first.
- Dancers should bring their shoes in their dance bag (or a special performance bag), and any other uniforms in a garment bag.

We are FORTUNATE to have the opportunity to compete in Just For Kix competitions. ALL DANCERS should portray excellent sportsmanship throughout the entire day, with no negative comments during any events. While we are there, your dancer is representing the White Bear Lake Just For Kix Dance Program, and s/he should behave as such. Any dancer with poor sportsmanship will be asked to leave.

### **Thank you!**

Thank you for registering your dancer in Just For Kix! Your business is treasured by us and we value your dancer, or dancers, so much. Thank you for trusting us with your dancer's dance education and experiences!

If you have any questions about performances or competitions, please contact our Program Director at 651-653-8539 or [whitebearlake\\_mn@justforkix.com](mailto:whitebearlake_mn@justforkix.com), or our Home Office at 218-829-7107 or [dance@justforkix.com](mailto:dance@justforkix.com).