

## ► Tips to set your preschooler up for success:

- If your preschooler still takes naps, try to be sure they get one in before class.
- Arrive early to allow some transition time.
- Remind them, in advance, that they will go with the teacher to class and mom will be right outside the room waiting. This way they can surprise mom with what they learned at the end of class.
- Make sure you take your dancer to the restroom right before class.
- Practice. At home, practice is not necessary at this age. But if your dancer wants to dance at home during the week, put on some music and just let them go!

## ► Performing

For many young dancers, performing is a big step! Our Teeny/Tiny Kix performances are always the hit of the show, as you never know what will happen. Some preschool age dancers love to perform, for others it is a source of anxiety and they need to warm up to the concept of performing. Don't push your dancer. It is OK if they opt to "sit this one out". They will do it when they are ready!

## ► Our Curriculum & Goals

You will notice, in our classes, we have developed "Activities" that we will use throughout our season to introduce and reinforce dance concepts.

## ► Here are just a few examples:

- RIGHT and LEFT — Introducing Me, Bean Bag Shake
- Teamwork — 'Chasse' my Dance Friends
- Directional changes and following directions — Move the Circle Round and Round
- Creativity — Jump Around the Room
- Hearing rhythmic patterns — Clap, Clap, Clap

Dancers learn choreography that they will use for performances. Dancers will typically learn one routine per special (or short-term) session, or 2-4 routines during the course of a full dance season class.

Every expert was once a beginner

