

## 2017 Richfield/Bloomington Summer Dance

- 1. Technique:** This is a six week class that will focus on skills and development and is open to dancers going into grades 5-12. It is an opportunity for the multi-class dancer to focus on skills & technique, as well as flexibility. We will work in the areas of turns, leaps, jumps & style. Each class will be limited to 10 dancers so register early!

*Instructor: Antonia Damico – Toni is on the coaching staff of the 2016 and 2017 state champion Eastview High School Lighting Dance Team. She is a graduate of the UofM where she was also a member of their Premier Dance Team. After graduation, Toni lived in Denver where she was a member of the Denver Bronco Cheerleaders. After four seasons and a trip to the Super Bowl, Toni returned to MN and has been on staff with the LDT since 2015.*

Dates: Wednesdays, June 14 – July 26; no class July 5

Location: Bloomington Kennedy High School dance studio

Schedule:

Level 1 – intermediate level dancer: Wednesdays 6:00-7:00pm

Level 2 – advanced level dancer: Wednesdays 7:00-8:00pm

- 2. Ballet:** This class helps dancers focus on proper placement, alignment, strength, balance, flexibility, and overall body control. Gain a strong base for dance from ballet. Classes will be limited to 10 dancers.

*Instructor: Benjamin Olson – Ben trained at the Larkin Dance Studios as a young dancer and then at Classical Ballet Academy. Since 2010, Ben is a performing member of Ballet MN and Continental Ballet and also a senior instructor/creative director at Studio Vibe.*

Dates: Sundays, June 25 – July 30

Location: Continental Ballet Studio (Bloomington City Hall/98<sup>th</sup> Street)

Schedule:

Ballet 1 – beginner/ intermediate level dancer: Sundays 4:00-5:00pm

Ballet 2 – intermediate/advanced level dancer: Sundays 5:00-6:00pm