### SPECIAL SESSIONS Trya Special Session - Now!

We have an exciting variety of NEW classes.

#### STRENGTH/TECHNIQUE/STRETCHING GRADES 5th - 12th



Flexibility and technique is pivotal to becoming a great dancer. This class works on strengh, stretching and technique. It incorporates many partner and individual stretching techniques. Stretching and conditioning not only loosens up your body for dancing, but helps dancers find and strengthen the muscles responsible for good technique. We will also work in the areas of turns, leaps, jumps, style and othe raspects of technique. We want you to understand the technique, then be able to master the skill.

## Monday & Thursday 5:00 - 6:00pm 9/19/2016 - 10/13/2016

Register Online today at classes.justforkix.com Melissa Rutledge 507-829-3748 | marshall mn@justforkix.com



#### Classes Starting Soon.

We are offering 8 classes to 5th grade thru 12th grade that will cover Strengthening, Stretching, and Technique twice a week for 4 weeks. If you select this option you can pick and choose what classes will work for your dancer to attend.

9/19/16 (M) - Barre Strong with Kendra 9/22/16 (Th) - Quick Combo with Kendra 9/26/16 (M) - Hip Hop Zumba with Brianna 9/29/16 (Th) - Leap & Jump Technique with Hannah 10/3/16 (M) - Turn Technique with Tawnni 10/6/16 (Th) - Power Yoga for Dancers with Brianna 10/10/16 (M) - Stretching for Flexibility with Tawnni 10/13/16 (Th) - Kick Technique with Hannah

Pricing is as follows: 3 classes - \$26.25 4 classes - \$35.00 5 classes - \$43.75 6 classes - \$52.50 7 classes - \$61.25 8 classes - \$70.00





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★ Xos Li AdVay, All Classes I Lossien: All Locations II	WITHIN 25 MILES Kick: Try . MK320 April Grade Pro - Pre July Tor Xic Proport Lates - MN Eage Vite Remonstry	Wed 8:30p.m 7:50p.m. 8/09 - 4/27/2016	12.5 min (12.5 min) (10.5 min)	W 0 Inema (53.00 Checkback Now Need Assistance?
Meets on AMEENCIAL Start Month 1	MITHIN 50 MILES Monsters - MINC2742 Age: Casde adult - adult Just Far Kix Long Phaine Ana - MN First Buster - Gym	Tue 7:10p.m 8:10p.m. 372 - 4/26/2016	0	Call us: 218-829-7107 (Causes) Gall us: 500-450-3252 (Camps & Events)
Age Efter © Not Search by Courset	Age: Geade 12 -+ Just Per Kit St Cloud Area - MN 30. Cloud JPK Budie	Wed 8:30p.m 9:30p.m. 9/09 - 5/25/2016	67.4 mins (1)	The Just For Xix dance class curriculum is designed specifically for each age graup, Preschool through High School.

Our online registration system is just a click away. It only takes a few minutes to sign up and it saves your personal information for the coming years. Not only is registering online quick and easy, you will be able to access your account to pay your registration, class fees, and order uniforms.

# Register today at classes.justforkix.com



Or scan this QR code with a mobile device. Registering online is just a click away!



Upload your photos on Instagram and use the hashtag #jfkdancelife at Together We Dance competitions, performances, practices, hanging out with your dance friends, at the Outback Bowl Performance, or in your Just For Kix dancewear and we might regram your photo on the official Just For Kix Instagram with over 90,000 followers! Follow us on Instagram @officialjustforkix

