

# BACK TO DANCE NEWSLETTER



## WELCOME BACK TO DANCE!!

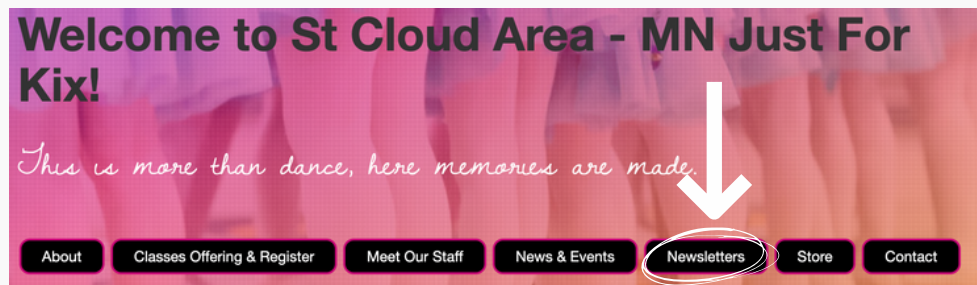
**ALL CLASSES START THE WEEK OF SEPT. 3RD!**

### COSTUMES

Our first month back, our front desk staff can size your dancer for costumes. Those need to be ordered before **October 31st** in order to ensure delivery before our Winter Show in December!

### NEWSLETTERS/INFO

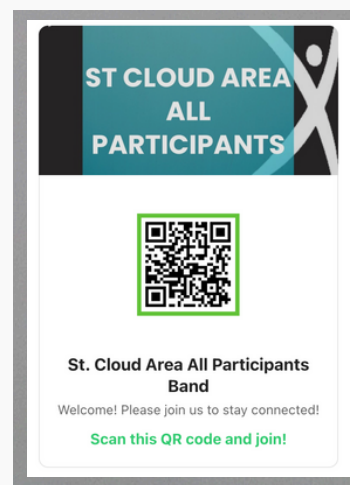
We have updated our "Welcome packets" with important dates and information! Everything from Dress code to no class dates, these packets will guide you through the season! You can find these on our website under the "News & Events" tab, and in our full studio Band group. All monthly Newsletters you will also find under the "Newsletters" tab if you need to reference them throughout the year.



### COMMUNICATION TOOL

Make sure you become part of our studio Band App! This communication tool will be used as our main form of communication. All monthly Newsletters will be posted in our Band group as well as class cancellations, and important notifications.

Each dance class will have it's own individual Band group where we will post videos of class dances. You can find these Band groups on our main Band page



### SAVE THE DATES...

**HALLOWEEN PARTY (in studio)**  
Friday, October 25th - 5:00-7:00pm

**HALLOWEEN PERFORMANCE**  
Pre K-1st grade only (in studio)  
Sunday, October 20th - Times TBD

**WINTER SHOW DRESS REHEARSAL (in studio)**  
Week of Dec. 8th-13th During regularly scheduled classes

**WINTER SHOW**  
Sunday, December 15th - Times TBD

**CHRISTMAS DANCE CELEBRATION WEEK**  
December 16th-22nd in all regularly schedule classes

**COMPETITION KICK-OFF SHOW**  
Pre K-1st grade & All upper-level placement dancers  
Saturday, February 22nd - Times TBD

**SPRING SHOW Dress rehearsal speical sessions and jazz placement teams (In studio)**  
Friday, May 16th - Times TBD

**SPRING SHOW**  
Saturday, May 17th - Times TBD

**LAST WEEK OF CLASSES**  
MAY 19-21st  
Master classes will be offered for all ages! There will be no classes on Thursday, May 22nd

**NO CLASS DATES**  
Halloween - October 31st  
Thanksgiving - Thursday, November 28th  
Winter Break - December 23rd-Jan 4th  
Spring Break - March 23rd-March 29th



**CHECKLIST FOR SEPTEMBER: PURCHASE YOUR COSTUMES!**

# CLASS DRESS CODE

We have a dress code for each class style at the studio. For performances, we will send out specific hair/makeup instructions in your monthly Newsletter. The dress codes below are for weekly classes.



## **TINY KIX - PRE-PETITE - TINY TUMBLING**

**Clothing:** Form fitting clothing that shows your dancers form. Everything from skirted leotards, biketards, shorts/tanks, can be worn as long as they are fitted. Tights are not required for class, but will be for shows.

**Shoes:** Jazz Shoes, or Ballet shoes should be worn for practice. Tan Jazz Shoes will be worn for shows

**Hair:** Should be in a secured Bun or ponytail with no hanging hair in the dancer's face.

\*Be aware that swinging ponytails can hurt when a dancer is trying to spot while turning. Low ponytails are accepted but buns are best.

## **KICK**

**Clothing:** Form fitting clothing that shows your dancers form. Our instructors need to make sure we can see if your dancers' alignment is off.

**Shoes:** Jazz Shoes, or turners for practice. Jazz Shoes will be worn for shows

**Hair:** Should be in a secured Bun or ponytail with no hanging hair in the dancer's face.

\*Be aware that swinging ponytails can hurt when a dancer is trying to spot while turning. Low ponytails are accepted but buns are best.

## **JAZZ & POM**

**Clothing:** Form fitting clothing that shows your dancers form. Our instructors need to make sure we can see if your dancers' alignment is off.

**Shoes:** Jazz Shoes, or turners for practice. Tan Jazz Shoes/Turners will be worn for shows. Shoes listed under your costume purchase will be the shoes worn for all shows.

**Hair:** Should be in a secured Bun or ponytail with no hanging hair in the dancer's face.

\*Be aware that swinging ponytails can hurt when a dancer is trying to spot while turning. Low ponytails are accepted but buns are best.

## **LYRICAL**

**Clothing:** Form fitting clothing that shows your dancers form. Our instructors need to make sure we can see if your dancers' alignment is off.

**Shoes:** Jazz Shoes, or turners for practice. Turners or Jazz shoes will be worn for shows. Shoes listed under your costume purchase will be the shoes worn for all shows.

**Hair:** Should be in a secured Bun or ponytail with no hanging hair in the dancer's face.

\*Be aware that swinging ponytails can hurt when a dancer is trying to spot while turning. Low ponytails are accepted but buns are best.

## **BALLET**

**Clothing:** Leotard (any color) and tights (pink) are required for Ballet. Booty shorts, or a ballet skirt are accepted.

Instructors need to make sure they can see if your dancers' alignment is off.

**Shoes:** Ballet Shoes are required. They can be leather or canvas.

**Hair:** Should be in a secured Bun with no hanging hair in the dancer's face.

## **HIP-HOP**

**Clothing:** Comfortable clothing that a dancer can easily move in is accepted. Keep in mind they might be doing handstand work so clothing shouldn't be too baggy or obstruct movement.

**Shoes:** Sneakers or Hip-Hop shoes. **Hair:** Dancers can wear their hair in any style for Hip-Hop.

## **ACRO & STRETCH STRENGTH & TECHNIQUE CLASSES**

**Clothing:** Form fitting clothing that shows your dancers form. Our instructors need to make sure we can see if your dancers' alignment is off. We also need it fitted so we can spot your dancer so they avoid injury.

**Shoes:** Bare feet will be worn for practice.

**Hair:** Should be in a secured Bun or ponytail with no hanging hair in the dancer's face.

\*Low ponytails are accepted but buns are best.

# CUSTOM APPAREL

We have some optional custom St. Cloud Area apparel that only is able to be custom ordered once a year! You can use these for class or at competitions. They also make great Christmas gifts! These items will be delivered to the studio before Christmas Break.

**THIS ONLINE STORE CLOSSES ON FRIDAY, NOVEMBER 1st**

**<https://moveu.us/stores/stcloudjfk>**



**ORDER HERE!**





# SPECIAL SESSION CLASSES COMING UP!

We are excited to share some of our special Sessions this year! These are shorter 3-6 week classes during our season that can be added as extra classes throughout the year. You can find these on our website now!

## LEAPS & JUMPS – 4th-12th grade

October 9th–November 13th

Wednesdays from 7:15–8:00pm

If you are wanting to improve your leaps this is a class for you! You will be learning new drills and exercises to get your leaps & jumps higher and more powerful!

## TURN TECHNIQUE – 4th-12th grade

February 5th–March 12th

Wednesdays from 7:15–8:00pm

If you are wanting to improve your turns this is a class for you! You will be learning new drills and exercises to fix your turn technique!

## MOM AND ME DANCE ROUTINE – K-12th grade

November 17th– December 15th

Fridays (Times Vary By Age)

Moms learn a dance WITH your dancer! This will be performed in our Winter Show and creates everlasting memories with your family!



## STRETCH/STRENGTH & TECHNIQUE – 2nd-12th grade

September 4th – May 14th

Wednesdays 4:00–5:15pm

Looking for extra technique? Each week we will focus on a different technique in class! We will even introduce Acro on the last week of each month!



## ADULT HIP-HOP ROUTINE – 18+

April 16th–May 14th

Wednesdays 7:30–8:30pm

Calling all adults 18+! Time to get moving with a fun and energetic Hip-Hop class! You will learn a routine that will be performed in our Spring Show!



## FATHER AND ME DANCE ROUTINE – K-12th grade

April 19th–May 18th

Fridays (Times Vary By Age)

Fathers learn a dance WITH your dancer! This will be performed in our Spring Show and creates everlasting memories with your family!

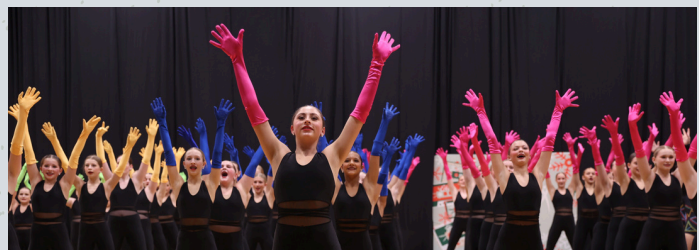


## MUSICAL THEATRE SPRING SHOW OPENER – K-12th grade

April 19th–May 18th

Fridays 4:00–5:00pm

We are creating a musical theatre based opening number for our spring show in this class! It will open our Spring Show! Look out for show theme soon!!



**2024-2025**

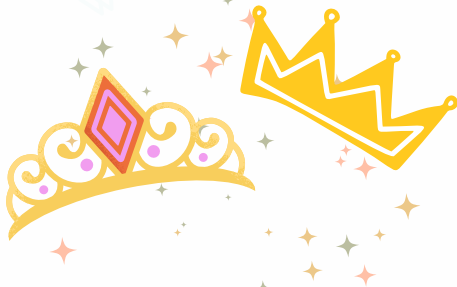
# **ONE DAY YOUTH CAMPS!**

**PRE K-3RD GRADE**



## **SEPTEMBER**

**SATURDAY SEPT. 21ST  
9:00-10:30AM**



**PRINCE/PRINCESS CAMP**

## **NOVEMBER**

**SATURDAY NOV. 9TH  
9:00-10:30AM**



**CRAFTY CATS CAMP**

## **JANUARY**

**SATURDAY JAN. 18TH  
9:00-10:30AM**



**PAJAMA CAMP**

## **MARCH**

**WEDNESDAY MAR. 26TH  
5:00-6:30PM**



**ALOHA LUAU CAMP**