

# November & December 2015 • Kindred

### HAPPY HOLIDAYS!

Dear Dancers and Parents,

I hope you and your dancer are enjoying the year so far. I am so proud of the progress each class is making. We are quickly approaching the start of our performance season. The teams are excited to show you what they have been working so hard on.

Communication is key to a successful season. Please refer to this newsletter, our website classes, justforkix.com, and my emails for details you need to know. Although class nights can be busy, please feel free to contact me outside of class time. The best time to reach me by phone is from 9 a.m. - 5 p.m. (Call or Text). IMPORTANT NOTE: We are coaching teams on Mondays & Tuesdays from 3-7:30 p.m. Please leave a message for us to return. at (701)371-1050. You may also contact me by email. Your questions comments and concerns are important to me.

Director: Barb & Carly Ness Phone: (701)371-1050

E-Mail: kindred nd nd@justforkix.com

# JUST FOR KIX DANGE NEWS

# Classes and Performance Notes

#### WINTER SHOW SHIRTS

Winter Show shirts are now available to order online! Ordering now allows you to purchase a Winter Show shirt for your dancer before the event, ensuring that you get the size that you would like. Show day t-shirt sales may not be available in all locations and size choices may be limited. We encourage you to order your show shirt online through your dancer's student account at classes, justforkix.com, however, if you cannot order online you can call in your order to the home office at 218-829-7107. Please allow an extra two weeks for processing on phone orders.

#### WEAR A JFK SHIRT TO SCHOOL DAY

On Tuesday, December 1st, as a fun thing for the dancers to participate in, they can wear any Just For Kix shirt to school. They could wear their Winter Show shirt as advertising for their show on December 6th.

#### ATTENDANCE

Please make an extra effort to be at class each week. If a dancer is consistently missing practices and does not know the routine, we reserve the right to ask them not to perform and/or to pull them from competition. Dance team is a team sport. Poor attendance not only impacts the individuals' ability to perform well, but also inhibits the rest of the team and makes it difficult to do formation work. Regular attendance is an expectation. If a dancer must be absent, we ask that a parent contact us. And, the dancer should contact another teammate to find out what was taught and come prepared to continue on the routine.

Over the years, we have found the most productive way to run classes is without distraction from parents, grandparents and/or siblings in the room. Thank you.

#### UNIFORMS

Uniforms are being delivered on a weekly basis right now. If you receive your uniform at class, please try it on AS SOON AS POSSIBLE. If the uniform does not fit, and needs to be exchanged please complete the form on the back of the invoice and return it to us at class in a bag with your dancers name on it. Uniforms cannot be exchanged if they have been worn, are dirty or damaged. Tights cannot be returned if they are opened. You can reorder a new size, and receive credit for the returned item (fastest method - but there may be a double charge on your card until the credit goes through); OR you can send in the item to JFK and they will exchange it once they receive it. Any questions, please check with your Director first vs. calling the home office. Please remember that some uniforms may take 8-12 weeks from the order date to arrive.

#### DANCER PICK UP

Parents - When picking up or delivering your dancer from class, please enter the Memorial building quietly and refrain from visiting. Please enter no sooner than the last 5 minutes of class. It is a huge distraction to these young dancers, and we want to make the most of our class time as possible. We may use the last few minutes while the dancers are stretching, to communicate brief announcements and answer any questions. If you wish to see what they have learned, we will perform for you on the last practice of each month. Classes run back to back; so it is important that dancers find their personal items quietly and quickly and exit the building — while attendance is being taken for the next class. Please try to be timely to reduce stress for your dancer and keep classes running smoothly. If you're dancer is in the last class of the day, please be on time. We need to lock the building and are concerned for the safety of each of these young dancers.

#### PERFORMANCES

An email was sent out with Kindred Basketball performance dates for each team. Let us know if you need the email resent. Please put these dates on your calendar. ADMISSION: Many of the performance venues will charge an admission for spectators. Dancers will be admitted free — Parents are required to pay admission.

#### NOTES FOR DANCERS

STRETCHING DAILY – Flexibility doesn't come with once a week stretches. We encourage all dancers to relax and stretch daily as they are instructed to do so at class.

FOR PRACTICE – Hair should be pulled away from their face (ponytail or headband), please wear dance shoes, if they have them, or other shoes (No bare feet. Socks are slippery). Also, NO JEANS please.

WATER BOTTLES: We encourage dancers (4th-12th GRADE) to bring a water bottle to class each week. Please remember, NO GUM, CANDY OR FOOD IN DANCE! After school snacks may be eaten before class.

PLEASE LABEL your dance shoes (on the inside), water bottles, backpacks, jackets, etc. Any items left behind at the Memorial Building will be placed in lost and found hox.

SOLICITATIONS: Please do not have your dancer bring fundraisers to class. Since we cannot possibly buy something from everyone, this becomes very uncomfortable and we don't want hurt feelings. Thanks for understanding.

PAYING ATTENTION AT CLASS: It is so important for dancers to LISTEN to the coaches and not to visit with teammates – distracting them from learning. If they are too distracting, they may be asked to sit out and parents will be contacted. Please have a conversation with your dancer about this.

#### CANCELLATIONS

As we enter the winter season, weather related cancellations can become an issue. We follow the school policy. If school has been cancelled or let out early, we will not hold class. If you are in doubt as the weather conditions are worsening throughout the day, please know we will post any cancellations on local TV and radio stations (K/UY & WDAY), our JFK website & facebook, and will send out an email and/or text parents — PLEASE register for Remind 101. Often, we need to make this call early in the day and based on the information we know. Please always use your best judgement based on the conditions and where you live.

#### TEAMWORK

One of our main focus areas at class is the concept of teamwork. We try to work lessons relating to the responsibilities, challenges and benefits of being part of a team into our weekly classes. You can reinforce these concepts at home by helping your dancer to think about how important they are to their team and how their actions related to practice, attendance and attitudes toward fellow teammates can have a negative or positive effect on the team as a whole. This concept helps dancers to feel a part of something bigger then themselves and helps them to develop thinking processes, leadership and motivational skills that will benefit them throughout their lives.

#### MONTHLY PAYMENTS

There are two easy ways to make your payments:

- Online Payment System at classes.justforkix.com
  - This is the fastest, easiest way to make payments and manage your dancer's account.
- 2. Call Payments in to the Home Office. 218-829-7107

Mon. - Fri. 8:00am - 4:30pm (CST)

We can take credit or debit card payments over the phone.

 Student accounts must be current to perform in the Winter Show. Any student with a balance due will not be eligible to perform with their team.

## **Upcoming Events**

More details will follow on these events but we wanted to get the dates out to you so that you can mark your calendar now.

Wear a JFK shirt to school - Dec. 1st (ALL DANCERS)

Kindred Holiday Show - Dec. 6th (ALL TEAMS)

Team Photo Night - Tues., Jan. 5th (ALL TEAMS)

TWD Competitions: (Mini Kix, Mini Combo, Junior Kix, Middle Combo) Wahpeton - March 5th; Brainerd - March 19th; Valley City - April - 2nd

SPRING SHOW - April 24th (ALL TEAMS)



<sup>\*</sup> By giving us your check, please be aware that you are authorizing Just For Kix to make a one-time electronic debit from your account at the financial institution indicated on your check. This electronic debit will be for the amount of your check. No additional amount will be added to the amount.

# **NOV**2 0 1 5



SUN	MON	TUE	WED	THU	FRI	SAT
CLASS FEES DUE 1	2 PRACTICE	3 PRACTICE	4	5	6	7
8	9 PRACTICE	PRACTICE 10	11	12	13	14
15	PRACTICE 16	17 PRACTICE	18	19	20	21
22	PRACTICE 23	PRACTICE 24	25	26	27	28
29	PRACTICE 30					

SUN	MON	TUE	WED	THU	FRI	SAT
		CLASS FEES DUE 1 Wear a JFK T-shirt to School - and - Tues. PRACTICE	2	3	4	5
6 KINDRED HOLIDAY SHOW Time & Location TBD	7 PRACTICE	8 PRACTICE	9	10	11	12
13	NO PRACTICE - Ele- mentary Holiday Con- cert	15 PRACTICE (Plus Jr. Kix Makeup Night 7:30- 8:30)	16	PRACTICE - Makeup MINI KIX 3:30-4:30 MINI COMBO 4:30- 5:30	18 PERFORMANCES: JV Game (6 p.m.) TINY KIX & MINI KIX - and - Var- sity Game (7:30) - WEE KIX & MINI HIP HOP	19
20	PRACTICE 21	PRACTICE 22	23	24	25 MERRY CHRISTMAS	26
27	28	29	30	31 NEW YEAR'S EVE		



Remember •Early is on TimeOn Time is Late!