

**Just For Kix of White Bear Lake**  
**Class Information for 2016-2017 Dance Season**

**Class Fees**

Our class fees are as follows:

- One \$16 registration fee per year for a dancer; any siblings pay a \$9 registration fee
- \$34/month for one 30 minute class per week
- \$37/month for one 45-60 minute class per week
- Class fees are due ON the first of the month
- Autopay is available online
- There is a \$5 late fee added to accounts sometime between the 5th and the 10th of the month
- Pay for four or more months at one time and receive a \$1 discount per month
- Any dancer taking four or more classes a week will receive a 13% discount (no other discounts apply)
- If you have any questions about your account, please call the home office at 218-829-7107

**How to register**

Visit [www.justforkix.com/danceclasses](http://www.justforkix.com/danceclasses)

- Click "Sign Up" on the top
- Create a family account (use parent information first, you will enter student/dancer information later)
- Enter dancer information
- Select class(es) and uniform items
- You will be required to pay the registration fee (\$16 for one child, \$9 for any additional children) and the first month's class fee(s)
- If your dancer will be starting later than the first week of class, contact me so I can send in a request to have your first month prorated. The remainder will appear as a credit, which will be sent back to you as a refund.
- Check out at the end

If you need to purchase additional uniform items, or want to register your child for another class, visit the [www.justforkix.com/danceclasses](http://www.justforkix.com/danceclasses) site again.

**Class dates - make up dates**

Our dance season is based off of a 32 class schedule. You will pay for 8 months of classes, but our class schedule extends a little past that AND we may need to have make-up classes for holidays. You will pay for exactly 32 classes in a full season.

We follow the White Bear Lake School District's calendar for Winter Break ONLY.

Your dancer will have class EVERY WEEK from September 6th, 2016 through May 5, 2017, except for these dates:

- **October 15 - MEA Break**
- **October 31 - Halloween**
- **November 26 - Thanksgiving**

- **December 23 - January 1, *Winter Break***

We will have to cancel some classes due to our facilities' schedules, so we will notify you as soon as we know those dates. Any classes missed will be made up, typically on a Friday evening.

### **What we offer**

Every Just For Kix program is different. Some offer only kick classes, some, like ours, offer many different styles (similar to a dance studio). For more information on each style of dance, see our "What We Offer" document on our website under "Resources."

Our program in White Bear Lake offers these classes:

- **Core**
  - This is what we call the classes for kids in preschool and those in Kindergarten through 3rd grade. These are Tiny Kix, Wee Petites and Wee Kix (sometimes, we also may have Teeny Kix for 2-3 year olds and Pre Petites for 4 year olds). They are called "Core" classes because we will cover many dance fundamentals of many styles - ballet, jazz, creative movement, lyrical and others. Dancers get to experience many styles so that they can make an educated decision about what they'd like to take as they get older.
- **Ballet**
  - Ballet is the basis of all dance styles. Ballet trains the mind and body to work together - it trains a dancer to know his/her body alignment and where every part of his/her body is at all times. A well-trained ballet dancer can really do any style of dance. By being in ballet, all other styles of dance will be easier to learn and dancers who take ballet will learn routines faster.
  - Once a dancer reaches 3rd grade, s/he can take a separate class in ballet. Studies have shown that the human body can really grasp the concept of "turnout" by age 8, so our individual study of ballet starts at this age.
- **Tap**
  - Tap is percussion with the feet. It helps dancers learn timing and rhythm, as well as being able to do fast footwork and think quickly.
- **Kick**
  - Kick is a powerful, energetic and fun style of dance.
- **Jazz**
  - Jazz uses elements of ballet, but changes them in a way so that they are less rigid and more contemporary. Jazz is where we teach most of the "tricks" you see in a dance recital or competition - leaping and turning are a main focus in the class, as well as performance ability.
  - Starting in 7th grade, jazz dancers are placed into classes by skill OR age. Dancers can choose to be in the "by age" category and stay in the 7-12th grade class or they can

choose to be in the “by skill” category and be evaluated and placed into one of our placement jazz classes.

- Dancers wanting to be placed into Rising Stars (intermediate jazz) or Starmakers (advanced jazz) must be evaluated or audition. Contact the Program Director for more information.
- *NOTE: To take jazz, a dancer must also take either ballet or kick.*
- Lyrical
  - Lyrical is a combination of ballet, jazz, some contemporary dance and acting.
  - *NOTE: To take lyrical, a dancer must also take either ballet or kick.*
- Hip Hop
  - Hip Hop uses some jazz fundamentals, but is mostly considered a “street” style of dance where any moves that fit a routine can go into a routine. Hip Hop utilizes lots of strength and teaches timing, phrasing and some fast footwork.

### **Information for you for DURING classes**

#### Phones/Videotaping in Class

Due to new music laws and pending lawsuits, Just For Kix can no longer post videos on any website, public or private. We also can no longer post music to our site. Because of this, parents are WELCOME to videotape part or all of their dancer’s routines during class:

- For dancers in preschool through 3rd grade: parents can videotape the last five minutes (or any portion of it) of class whenever they’d like to. If you want to videotape from a window, you are welcome to do that, too.
- For dancers in 4th-12th grade, please have them bring their phones, iPods or iPads with them to class. THEY SHOULD BE ON SILENT MODE as we are not looking for a notification nightmare. We will use these in class to tape each other, so we will be doing lots of partner work in many classes to facilitate this. Parents are welcome to come in for those last five minutes and tape, as well, or you could even just duck yourself into the room in the back without being seen at anytime during the class and tape from the back.
- We want to use this technology as a TOOL for the kids to learn and get better. With or without mirrors, there is nothing like watching yourself on video to pick out the things you need to work on. We will ask dancers to videotape in Slo Mo mode sometimes, too.

#### Can I watch dance class?

Just For Kix has a “no distraction” environment, and this is a Just For Kix corporate policy. We feel that this keeps the dancers more focused. This rule means that we don’t allow parents in the room during class time EXCEPT for the last five minutes OR when they are videotaping parts of their dancer’s routine.

Parents are ALWAYS welcome to come in and watch the last five minutes of class - you do not need to wait for an invitation.

In some of our rooms, finding a place to watch will be easy, while it may be difficult for some of our other rooms. We have nothing to hide, so if you want to watch quietly, just find a spot to do so. Again, we prefer that parents don't watch. We've taught in both situations, and what we have found is that kids do well knowing that mom or dad may peek in for a short while, but aren't watching the whole time.

### **Waiting Area Information**

#### Level Up Academy

Level Up has offered their teacher's lounge for waiting. It is a small area, though, so only 8-10 people may fit in there at a time. Please utilize the stools and chairs in the hallways to wait if you'd like to wait in the building. There are many business nearby the school, so feel free to run an errand or two - we have your contact information should a situation arise where you are needed.

Level Up does have xfinity wifi.

#### White Bear Armory

This is a very small waiting area on the same floor as the gym. Please do not let your dancer or any siblings go up or down the stairs and disturb other groups using the building.

#### Redeemer Lutheran Church

When the church doesn't have any other events scheduled during our classes, we can use the Atrium for a waiting area. PLEASE PICK UP after yourself, your children or anyone you are with. Go the extra mile and pick up after others if they don't do it themselves.

There is NO RUNNING AROUND during our class times. Elderly people sometimes use the church and a young child running around could cause injuries. Please keep your children who are not in class with you and make sure they are behaving well.

The church does offer FREE wifi. Choose "Atrium" - the password is 10 small a's.

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If you have any questions about class fees or classes in general, please contact our Program Director at 651-653-8539 or [whitebearlake\\_mn@justforkix.com](mailto:whitebearlake_mn@justforkix.com), or our Home Office at 218-829-7107 or [dance@justforkix.com](mailto:dance@justforkix.com).