

**Just For Kix of White Bear Lake**  
**Class Information for 2017-2018 Dance Season**  
*Updated 8/12/2017*

**Class Fees**

Our class fees are as follows:

- One \$16 registration fee per year for a dancer; any siblings pay a \$9 registration fee
- \$35/month for one 30 minute class per week
- \$38/month for one 45-60 minute class per week
- \$47.50/month for one 90 minute class per week
- Class fees are due ON or before the first day of the month
- Autopay is available online
- There is a \$10 late fee added to accounts sometime between the 5th and the 10th of the month
- Any dancer taking four or more classes a week will receive a 13% discount (no other discounts apply)
- If you have any questions about your account, please call the home office at 218-829-7107

**How to register**

Visit [www.justforkix.com/danceclasses](http://www.justforkix.com/danceclasses)

- If you already have an online account (meaning that your family has one or more JFK dancers):
  - Log in using your existing login information
  - Select class(es) and uniform items, add to cart and check out
    - You will be required to pay the registration fee (see above) and the first month's class fee(s)
    - Contact our Program Director at 651-653-8539 if your dancer will be starting later than the first week of September (we start the day after Labor Day), so we can prorate your dancer's first month's fee
- 
- If you are NEW to Just For Kix and do not have an account:
  - Click "Sign Up" on the top
  - Create a family account (use parent information first, you will enter student/dancer information later)
  - Enter dancer information
  - Select class(es) and uniform items, add to cart and check out
    - You will be required to pay the registration fee (see above) and the first month's class fee(s)
    - If your dancer will be starting later than the first week of class, contact me so I can send in a request to have your first month prorated

If you need to purchase additional uniform items, or want to register your child for another class, visit the [www.justforkix.com/danceclasses](http://www.justforkix.com/danceclasses) site again.

**Class dates - make up dates**

Our dance season is based off of a 32 class schedule. You will pay for 8 months of classes, but our class schedule extends a little past that AND we may need to have make-up classes for any class days

missed because of holidays, scheduling conflicts, etc. You will pay for exactly 32 classes in a full season. If we offer a make-up class, it will typically be on a Friday evening. No classes are mandatory - we would love to have all dancers at all classes, but we know that this is impossible! Life happens. Please come to as many classes as you can. :-)

We follow the White Bear Lake School District's calendar for Winter Break ONLY.

Your dancer will have class EVERY WEEK from September 5th, 2017 through May 4, 2018, except for these dates:

- **October 20 - MEA Break**
- **October 31 - Halloween**
- **November 24 - Thanksgiving**
- **December 23 - January 1, Winter Break**

We MAY hold classes during the week of December 25-28. Based on a survey we did earlier in the year, many (over 70% who responded) said that we should hold classes during that last full week of December. I am checking on this with our multiple facilities to see if we can use them; and, I'm also checking with my staff to see who is available.

We will have to cancel some classes due to our facilities' schedules, so we will notify you as soon as we know those dates. Any classes missed will be made up, typically on a Friday evening.

### **What we offer**

Every Just For Kix program is different. Some offer only kick classes, some, like ours, offer many different styles (similar to a dance studio). For more information on each style of dance, see our "What We Offer" document on our website under "Resources."

Our program in White Bear Lake offers these classes:

- **Core**
  - This is what we call the classes for kids in preschool and those in Kindergarten through 3rd grade. These are Tiny Kix, Wee Petites and Wee Kix (sometimes, we also may have Teeny Kix for 2-3 year olds and Pre Petites for 4-5 year olds).
  - These classes are called "Core" classes because we will cover many dance fundamentals of many styles - ballet, jazz, creative movement, lyrical and others. Dancers get to experience many styles so that they can make an educated decision about what they'd like to take as they get older.
- **Ballet**
  - Ballet is the basis of all dance styles. Ballet trains the mind and body to work together - it trains a dancer to know his/her body alignment and where every part of his/her body is at all times. A well-trained ballet dancer can excel in any style of dance. By being in ballet, all other styles of dance will be easier to learn and dancers who take ballet typically learn routines faster.

- Once a dancer reaches 3rd grade, s/he can take a separate class in ballet. Multiple studies have been done, and they have shown that the human body is ready for “turnout” by age 8, so our individual study of ballet starts at this age. Before this, we incorporate ballet fundamentals into our Core classes.
- Tap
  - Tap is percussion with the feet. It helps dancers learn timing and rhythm, as well as being able to do fast footwork and think quickly.
  - Tap can consist of different types of tap - musical theater, jazz, Broadway, hooper, street, etc - we will cover as much as possible, but we will mostly focus on musical theater, jazz and Broadway tap styles.
- Kick
  - Kick is a powerful, energetic and fun style of dance.
  - Kick is the heart and soul of Just For Kix.
  - The kick style we teach is very similar to the high school, high kick style of dance. To view a sample of this, just Google “Minnesota High School Dance Team” and pick a YouTube video to watch. It’s very exciting to watch!
- Jazz
  - Jazz uses elements of ballet, but changes them in a way so that they are less rigid and more contemporary. Jazz is where we teach most of the “tricks” you see in a dance recital or competition - leaping and turning are a main focus in the class, as well as performance ability.
  - Jazz requires a lot of strength AND flexibility.
    - Dancers in jazz will consistently be asked to be working on both of these outside of class.
  - Starting in 7th grade, jazz dancers are placed into classes by skill OR age. Dancers can choose to be in the “by age” category and stay in the 7-12th grade class or they can choose to be in the “by skill” category and be evaluated and placed into one of our placement jazz classes.
    - Dancers who want to simply dance in the jazz style, but do not want to try out, can join our Senior Jazz team for 7th-12th graders.
      - *To be in Senior Jazz, a dancer must also be in Junior or Senior Kix OR be in one of our ballet classes.*
    - Dancers wanting to be placed into Rising Stars (intermediate jazz) or Dream Team (advanced jazz) must be evaluated or audition. Contact the Program Director for more information.
      - *To be in Rising Stars or Dream Team, a dancer must also be in ballet.*
- Lyrical
  - Lyrical is a combination of ballet, jazz, some contemporary dance and acting.
    - *NOTE: To take lyrical, a dancer must also take either ballet or kick.*
- Hip Hop

- Hip Hop uses some jazz fundamentals, but is mostly considered a “street” style of dance where any moves that fit a routine can go into a routine. Hip Hop utilizes lots of strength and teaches timing, phrasing and some fast footwork.

### **Information for you for DURING classes**

#### Phones/Videotaping in Class

Due to new music laws and pending lawsuits, Just For Kix can no longer post videos on any website, public or private. We also can no longer provide copies of music to our dancers or post music to our site. Because of this, parents are WELCOME to videotape part or all of their dancer’s routines during class:

- For dancers in preschool through 3rd grade: parents can videotape the last five minutes (or any portion of it) of class whenever they’d like to. If you want to videotape from a window, you are welcome to do that, too.
- For dancers in 4th-12th grade, please have them bring their phones, iPods or iPads with them to class. THEY SHOULD BE ON SILENT MODE as we are not looking for a notification nightmare. We will use these in class to tape each other, so we will be doing lots of partner work in many classes to facilitate this. Parents are welcome to come in for those last five minutes and tape, as well, or you could even just duck yourself into the room in the back without being seen at anytime during the class and tape from the back.
- We want to use this technology as a TOOL for the kids to learn and get better. With or without mirrors, there is nothing like watching yourself on video to pick out the things you need to work on. We will ask dancers to videotape in Slo Mo mode sometimes, too.

#### Can I watch dance class?

Just For Kix has a “no distraction” environment, and this is a Just For Kix corporate policy. We feel that this keeps the dancers more focused. This rule means that we don’t allow parents in the room during class time EXCEPT for the last five minutes OR when they are videotaping parts of their dancer’s routine.

Parents are ALWAYS welcome to come in and watch the last five minutes of class - you do not need to wait for an invitation.

In some of our rooms, finding a place to watch will be easy, while it may be difficult for some of our other rooms. We have nothing to hide, so if you want to watch quietly, just find a spot to do so. Again, we prefer that parents don’t watch. We’ve taught in both situations, and what we have found is that kids do well knowing that mom or dad may peek in for a short while, but aren’t watching the whole time.

NOTE: If your dancer’s class is in the Fireside Room at Level Up Academy, we will be covering the large openings on both sides of the room. We are not trying to exclude you from class, but we have found that it is difficult to teach in such an open space. You are welcome to open the covering during the last five minutes of class.

## **Waiting Area Information**

### Level Up Academy

Fireside Room - please utilize the tables, stools and chairs in the hallways to wait if you'd like to wait in the building.

Auditorium - please utilize the cafeteria tables on one side of the curtain to wait. If we have a very large class, however, we may raise the curtain and move some of the tables. Please be aware of this.

There are many businesses nearby the school, so feel free to run an errand or two - we have your contact information should a situation arise where you are needed.

Level Up does have wifi. The password for LUA Guest is Tangram2600.

### White Bear Armory

This is a very small waiting area on the same floor as the gym. Please do not let your dancer or any siblings go up or down the stairs and disturb other groups using the building. You are welcome to drop off and pick up your dancer at this site, but if you'd like to wait, please find a comfortable spot for yourself. :-)

### Sunrise Park Middle School

We prefer that you do not wait in the gym with your dancer. Please wait outside in the hallway or feel free to leave and come back a few minutes before the class is over - we have your contact information should we need to tell you anything. Parents are always welcome to enter the gym for the last 5 minutes if they want to - please do not wait for an invitation, but come right in!

\*\*\*\*\*

If you have any questions about class fees or classes in general, please contact our Program Director at 651-653-8539 or [whitebearlake\\_mn@justforkix.com](mailto:whitebearlake_mn@justforkix.com), or our Home Office at 218-829-7107 or [dance@justforkix.com](mailto:dance@justforkix.com).