

Just For Kix of White Bear Lake
Staff Information for 2020-2021 Dance Season

Updated 8/19/2020

Here is a little bit of background information about our fantastic staff for you!

- Laurisa Rosenow, Program Director
 - Attended dance studios while growing up in Wisconsin and studied tap, jazz, ballet (including pointe), funk (early day hip hop) and some modern dance
 - Was a member of the University of Minnesota Dance Team - Twin Cities, performing kick, hip hop, pom and jazz routines
 - Choreographed many pom, funk and fight song routines
 - Took multiple dance classes at U of MN in ballet, tap, and jazz
 - Performed twice at the 1991 World Series
 - Performed in the 1992 Super Bowl Halftime
 - Acted as a goodwill ambassador during the 1992 Sweet 16 basketball tournament
 - Graduated from the U of MN in 1994 with a Bachelor of Arts in Audio & Visual Production Studies
 - Started the Just For Kix dance program in White Bear Lake in 1996
 - MSHSL high school dance team judge, 1996-1999
 - Just For Kix summer camp staff member, 1997-1998 & 2017-2019
 - Left Just For Kix in 2000, came back in 2003
 - Has been the Just For Kix Program Director in White Bear Lake for 21 years
 - Was a new program director mentor for Just For Kix, 2005-2007
 - Is a nationally certified fitness instructor and has taught many fitness formats at the YMCA of White Bear for over 15 years
 - Believes in the power of positive reinforcement and the respectful treatment of children in a class environment
 - Has a “can do” attitude and teaches her students that anything is attainable with hard work and dedication

Laurisa can be reached by phone or text at 651-653-8539 or email at whitebearlake_mn@justforkix.com.

We are proud to introduce and describe our current teaching staff:

- Jan, Head Instructor
 - Teaches most of our Just For Kix ballet classes and directs our ballet program
 - Has also taught jazz, lyrical and kick for our program
 - Grew up in New York
 - started dancing professionally at age 16
 - Has studied just about every style of dance that exists

- Jan has had the opportunity to learn from some of the best master teachers in tap, jazz, contemporary, modern, ballet (including pointe); she has years and years of training and enjoys sharing that knowledge with our dancers (we feel you just cannot find this kind of training anywhere else)
 - Possesses a Bachelor of Fine Arts Degree in Dance Performance from Marymount Manhattan College
 - Also studied kinesiology
 - Started teaching for Just For Kix during the 2007-2008 season
 - Celebrated her 10 year anniversary during the 2016-2017 dance season
 - Has earned the right to be called a “Master Teacher” - Jan is an exceptional instructor with a superior understanding of body placement
 - Believes that all dancers at any age or level can improve as long as they believe in themselves
- Lisa, Head Instructor
 - Was raised in a studio environment in Montana and attended a dance studio heavily involved in the Montana Dance Association
 - Studied ballet, jazz, tap, and contemporary dance
 - Started teaching at the age of 13
 - Has worked for Lake Area Discovery Center, a preschool program, for over 15 years and currently serves as the Program Manager
 - Started out with Just For Kix as a class assistant in 2006-2007, was promoted to Head Instructor in 2007-2008
 - Celebrated her 10 year anniversary during the 2015-2016 dance season
 - Has an incredible way of connecting with kids of all ages and has a phenomenal way of making every child feel valued
 - Believes that dance should be fun, not just work
- Annika, Head Instructor
 - Danced at Just For Kix Dance Studio in Brainerd, MN and took classes in hip-hop, jazz, ballet, kick, lyrical and tap, 2001-2016
 - Taught classes at Just For Kix Brainerd Studio, 2014-2016
 - Choreographing various team routines and solo routines
 - Attended Just For Kix youth camp for 4 years, JFK intensive for 6 years and JFK High school camp for 4 years
 - Won the Firecracker, Most Outstanding Dancer and Heather Star Habeck Awards
 - Just For Kix summer camp staff member, 2015-present
 - Danced in the halftime show of the Outback Bowl in December of 2011
 - A 5-year member of the Brainerd Warrior Dance Team “The Kixters”, 2011-2016
 - 2 conference championships, 2013 and 2014
 - 2 section championships, 2013 and 2016

- 4 state appearances in kick (State runner-up in 2013)
 - A member of the first jazz team to make it to the finals competition (top 6)
 - Won various awards such as all-conference kick, all-conference jazz, academic all-conference, academic all-state, all state, hardest worker on the team and team MVP
 - Graduated from Brainerd High School in 2016 as a national honor society member and honor graduate with distinction
 - Performed in the 2018 Super Bowl halftime
 - Currently in her senior year at the University of Minnesota
 - Has worked as a Head Instructor with Just For Kix - White Bear for four years; will be doing guest instructing and special events for the 2020-2021 season
 - Loves to push dancers to their fullest potential while making it fun and enjoyable at the same time
- Brittany, Head Instructor
 - Started dancing at a young age and studied many dance styles at various dance studios in the Twin Cities
 - Was a member of her high school dance team
 - Earned All conference, MVP and captain honors
 - Started the Oakdale Just For Kix Dance Program in 2013 and still runs it
 - Began teaching for the White Bear Lake program in 2018
 - Has been the Head Coach of the Roseville High School Raiderettes for many years
 - Is an inspirational coach who drives her dance students in just the right way
- Erika, Head Instructor
 - Grew up in the Milwaukee area and studied with the Milwaukee Ballet
 - Attended St Cloud State
 - Was a cheerleader and an NCA National Champion
 - Danced with the Repertory Dance Company
 - Has earned her Masters Degree in Special Education
 - Is currently a full-time Special Education teacher at Otter Lake Elementary School in White Bear Lake
 - Started teaching for the White Bear Lake program in 2018
 - Truly enjoys watching children gain knowledge and skill in dance and in life
- Hannah, Head Instructor
 - Grew up in her aunt's dance studio in St Paul
 - Started assisting dance classes at the age of 12 and teaching at 16
 - Has her AA degree and is working toward her BA degree
 - Currently teaches toddler and preschool dance classes all over the Metro Area for another company
 - Loves working with children as much as possible

- Rebecca, Head Instructor and Assistant
 - Graduated from high school in 2020
 - Was a dancer with our program for 14 years
 - Studied ballet, jazz, kick, hip hop
 - Earned many awards as a JFK competitive dancer
 - Was hired as a Program Assistant during the 2018-2019 dance season
 - Was promoted to Head Instructor during the 2019-2020 dance season
 - Taught Teeny Kix and Petite Hip Hop classes
 - Is attending college and working toward a degree in fashion design
 - Is excited to be a part of our teaching staff for the 2020-2021 dance season

- Julie, Head Instructor
 - Was a dancer in our program from 5th through 12th grade
 - Took kick, lyrical, jazz, pom, hip hop
 - Member of her college dance team for four years performing kick, hip hop and pom routines
 - Earned captain her senior year
 - Has a Bachelor of Science and Master of Mortuary Science degree
 - Enjoys nurturing and working with young dancers and sharing her love of dance with them

- Kalley, Head Instructor
 - Was a dancer in the Fridley and White Bear Lake Just For Kix program throughout middle and high school
 - Took kick, hip hop, lyrical, pom and jazz
 - Was on her college dance team for two years
 - Works as an early education instructor
 - Was hired as a Program Assistant during the 2019-2020 dance season
 - Promoted to Head Instructor and starts teaching during the 2020-2021 dance season

- Jackie, Head Instructor
 - Attended the Just For Kix program in Blaine until she joined her high school dance team
 - Graduated with a degree in Marine Biology from the University of Florida - Tampa
 - Is a science teacher in White Bear Schools
 - Taught kick and jazz classes for the Just For Kix program in Princeton for two years
 - Is starting her first with our program
 - Loves dance and cannot wait to share her passion with the dancers in White Bear Lake!

- Amber, Head Instructor
 - Started dancing at 4 years old

- Studied many styles throughout her life including tap, jazz, modern, contemporary, ballet, kick, pom, etc.
 - Was on her high school dance team
 - Recently graduated with a degree in Dance and Management from Gustavus Adolphus
 - Performed in and choreographed many pieces as a member of the Gustavus Dance Company
 - Is starting her first year with our program and is excited to share her knowledge and experience with our dancers
- Beth, Program Assistant
 - This is Beth's fourth year as a Just For Kix Program Assistant
 - Is a senior in high school
 - Has been a student in Just For Kix for thirteen years
 - Also trains as a junior firefighter and hopes to be an EMT someday
 - Is wonderful with children and very helpful to our program
 - Laura, Program Assistant
 - Started working as a Just For Kix Program Assistant during the 2017-2018 dance season
 - Works in an administrative role and does a lot of things behind-the-scenes
 - Is wonderful with parents and children and helps with a multitude of things to help our program be the best it can be!
 - JoJo, Program Assistant
 - Started working as a Program Assistant during the 2018-2019 dance season
 - Is a senior in high school
 - Has been a student of Just For Kix for thirteen years
 - Is on the North Saint Paul High School dance team
 - Loves to be around and help teach very young dancers
 - Lucy, Program Assistant
 - Started working as a Program Assistant during the 2019-2020 dance season
 - Is a senior in high school
 - Has been a student of Just For Kix for six years
 - Enjoys helping others in any way possible

We strive to provide the BEST instruction for your child. We believe that it takes someone special to teach the art and sport of dance and dance team. Every great dancer is NOT a great teacher, but we believe we have found some of the best at BOTH.

At Just For Kix, we teach exceptional technique in a teamwork environment. We will always teach your child the best technique possible and treat them with respect. We want your dancer to know that they are valued not only as a dancer, but as a person, too!

If you have any questions about our staff members or want to send a message to any of them, please contact our Program Director at 651-653-8539 or our home office at 218-829-7107.