

### **3 yrs – 1<sup>st</sup> GRADE DANCER'S HAIR FOR SHOWS!**

Dancer's hair should be worn in a nice curled ponytail (not high ponytail but not super low either) with no bangs in their face. Barrette should be worn right above the base of the ponytail.

### **2-9<sup>th</sup> GRADE DANCER'S HAIR FOR SHOWS AND COMPETITIONS!**

You will need:

- \*Tube sock with toe cut off and rolled up to look like donut, OR "Bun Sponge" from Claire's, OR round kitchen sponge with the middle cut out of it.
- \*Hair net (same color as dancer's hair)
- \*ponytail (2-3 thick)
- \*bobby pins
- \*Barrette that came with uniform
- \*hairspray

1. Part dancer's hair on dancer's right side.
2. Put in LOW ponytail.
3. Take a tube sock (toe cut off) and roll it up so it looks like a donut. Or use the sponge from Claire's or a round kitchen sponge with middle cut out of it. If dancer has LONG or THICK hair... a bigger sock/sponge should be used.
4. put the sock around the ponytail.
5. evenly split ponytail so that entire sock is covered.
6. wrap a ponytail around the base of the ponytail.
7. pull loose hair around the ponytail and use bobby-pins to secure it.
8. A thin hair net is great to hold in loose hairs after bobby-pinning it.
9. Place diamond barrette on left side just above the ponytail.
10. HAIRSPRAY!!!! (Lots of it!)

