

# NEWSLETTER



**Our Winter Shows were  
a success!**

**Great Job Dancers!**

## HAPPY NEW YEAR!

We are so excited to kick off the New Year & are so thankful to have you dancing with us! We are now into the performance & competitive portion of our season. It is fun for the dancers to now have the opportunity to show what they have been working on. Any questions or concerns you have at any time throughout the season are important to me. Class time is very busy so if you are unable to connect with me at class, feel free to contact at the email address and/or phone number listed below. Here's to a successful and Happy New Year!

## CANCELLED CLASSES:

By the of our dance season, we will average 32 classes. Some months will only have 3, but others may have 5. We average 4 per month and will hold make-up practices and have dancers come early to performances to make up that time. If school is let out early or closed due to weather, we will not meet. Watch for notifications via email, on remind, band, Facebook and Instagram.

## CONTACT INFORMATION

**Director:** Amy Gunderson  
**Phone:** 320-266-0515  
**E-Mail:** foley\_mn@justforkix.com

**Website/Registration:**  
[www.justforkix.com/danceclasses/foley\\_mn](http://www.justforkix.com/danceclasses/foley_mn)

### SOCIAL MEDIA

Find us on social media.  
**Facebook:** Just For Kix - Foley, MN  
**Instagram:** justforkix\_foley

## COME WATCH US DANCE!

A reminder that parents are invited in the last 5 minutes of class, the last week of every month all season.

## ATTENDANCE:

Make practices and performances a priority - your class and team depends on you! If you are absent, meet with a friend to learn the material before the next class.

### EARLY IS ON TIME - ON TIME IS LATE

Just For Kix Teams start on time! Put forth your best effort to come prepared and ready to dance! Every dancer is needed from COUNT ONE to make a true practice, or performance, effective and organized.

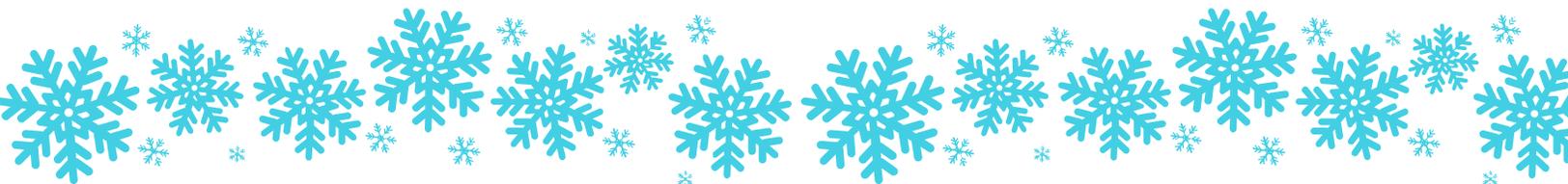
SUN	MON	TUE	WED	THU	FRI	SAT
			1 January Class payment due	2 Regular Thursday Classes. No Lyrical tonight	3	4
5	6 Regular Monday Classes. No JR Hip Hip tonight	7 Regular Tuesday Classes	8	9 Regular Thursday Classes	10	11
12	13 Regular Monday Classes. Wee & Mini Combo meet in HS Caf	14 Regular Tuesday Classes	15	16 Regular Thursday Classes	17	18
19	20 Regular Monday Classes	21 Regular Tuesday Classes	22	23 Regular Thursday Classes	24	25 ROCORI Competition POM Only
26	27 Regular Monday Classes. Wee & Mini Combo meet in HS Caf	28 Regular Tuesday Classes	29	30 Regular Thursday Classes	31	

**January 2:** No lyrical practice tonight as Coach Danica is on the bowl game trip. A make-up will be added. Coach Ella and Hailey are on the trip too but Cassandra is subbing for the Tiny Kix classes.

**January 6:** No Junior Hip Hop practice tonight. Coach Ella and Amy extended the bowl game trip a few days. We have a sub for our classes but couldn't find 2 subs to do the overlap of both classes. A make-up will be added.

**January 25:** Rocori TWD Competition for Pom only. Details will be sent to that class.

**January 13 & 27:** Location change for Wee Combo and Mini Combo. Due to a basketball game in the Elementary gym, Wee Combo will have their entire class in HS Cafeteria and Mini Combo will start in HS cafeteria and end in Elementary gym.





# FEBRUARY 2025



SUN	MON	TUE	WED	THU	FRI	SAT
						1 February Class payment due
2	3 PICTURE DAY - ALL CLASSES	4 Regular Tuesday Classes	5	6 Regular Thursday Classes	7	8
9	10 Falconette Show for all 2nd-12th	11 Regular Tuesday Classes	12	13 Regular Thursday Classes	14 <i>Happy Valentine's Day</i>	15
16	17 NO Monday Classes	18 Regular Tuesday Classes	19	20 Regular Thursday Classes	21	22
23	24 Regular Monday Classes	25 Regular Tuesday Classes	26	27 Regular Thursday Classes	28	

**February 3:** We will be holding our class photos for all classes. No regular classes will be held tonight. Picture envelopes will be distributed the week prior to pictures at class. Pictures are optional but we would like all dancers to come dressed in uniform to participate in the group photo even if they are not ordering photos. Dancers may wear their hair however you would like for photos but should come in complete uniform. We are going back to group photos this year instead of the green screen photos. However, in order for this to run as smooth and quickly as possible, we are asking parents and siblings to wait out in the hallway. JFK staff will be available to help dancers throughout the whole process.

**Pictures will be held in the Foley Elementary Cafeteria:**

- 5:00pm-5:10pm: Dance With Me
- 5:10pm-5:30pm: Wee Combo (2nd-3rd)
- 5:30pm-5:45pm: Wee Hip Hop (2nd-3rd)
- 5:45pm-6:05pm: Tiny Kix Mon (pre)
- 6:05pm-6:15pm: Tiny Kix Thu 5:30 (pre)
- 6:15pm-6:25pm: Tiny Kix Thu 6:00 (pre)
- 6:25pm-6:40pm: Wee Petite Thu (K&1)
- 6:40pm-7:00pm: Wee Petite Mon (K&1)

- 7:00pm-7:15pm: Wee Petite Hip Hop (K&1)
- 7:15pm-7:30pm: Wee/Mini
- 7:30pm-7:40pm: Mini Lyrical
- 7:40pm-7:55pm: Pom (2nd-5th)
- 7:55pm-8:10pm: Mini Hip Hip (4th-6th)
- 8:10pm-8:25pm: Mini Combo (4th-6th)
- 8:25pm-8:40pm: Junior Hip Hop (7th-12th)
- 8:40pm-8:55pm: Junior Kix (7th-12th)

# FEBRUARY NOTES CONTINUED...

**February 10: Practice for 18mos-1st grade and Falconette Show for 2nd-12th.**

**3yrs-1st grade Monday classes:** These classes are meeting a little earlier than usual because of the Falconette show at 6:30pm for our 2nd-12th graders. Instructors are dancing in the show. Classes are held in regular location (Elem. Cafeteria).

4:45-5:15 Dance with Me (Regular time)

5:15-5:45 Tiny Kix Mon.

5:45-6:30 Both Wee Petite and Wee Petite Hip Hop combined

## **Falconette Show details:**

The show is held at the Foley High School Gym at 6:30pm. This is a fundraiser show for the high school danceteam. There will be an admission for this show and I will let you know that amount before the show. Please arrive in costume at the times below with hair the same as Winter Show. We are going to meet in the elementary gym first to practice and then will walk to the High School gym.

5:30pm all 2nd-12th Monday classes meet in the Elementary gym.

6:00pm all Tuesday and Thursday classes meet in the Elementary gym.

**February 17:** No dance for Monday classes. Watch for a make up date to be added.

## Members Only Merchandise



We are excited for our new team products this season! Find these items and more online. Get yours today, perfect for the whole family. Check out the flyer of all items: [Click here](#)

Order now in your dance account, under the "Customwear" tab! ➡ [www.justforkix.com/danceclasses](http://www.justforkix.com/danceclasses)

Our program name "Foley" will be on the items.

# FOLEY Just For Kix 2025 Performances



	Falconette Show 2/10	The Gardens Nursing Home Performance 3/15	TWD-Alexandria 2/23	TWD-Brainerd 3/22-3/23	Easter Show 4/5	TWD-Apple Valley 4/5-4/6	Spring Show 4/26
Dance With Me, 18mos-3.5 with a parent					X		X
3yrs-1st grade		X			X		X
Wee Combo, Wee Hip Hop, Wee/Mini, and Mini Pom	X		X	X	X (except Mini Pom)		X
Mini Combo, Mini Hip Hop & Mini Lyrical	X		X	X		X	X
Junior Hip Hop and Junior Kix	X		X	X		X	X

**Nursing Home:** Sat, March 15: Time TBD, plan on afternoon

**Easter Show:** Sat, Apr 5: Shows at either 10am or 11:15am

**Spring Show:** Sat, Apr 26: Shows at either 11am or 1pm

Check upcoming newsletters/email for performance details as we get closer to events

# Foley Just For Kix Band Pages 24-25 Season

Program wide Band for everyone to join for  
general announcements and  
Google calendar feed



[Click here to join!](#)

## Notifications

If you're not getting  
Band notifications:

1. Check your device's  
Notifications Settings  
- Go to you device's  
[Settings] > [Notifications]  
> "BAND" app > turn on "  
Show notifications"

2. Check the BAND  
app's Sound and  
Alert Settings  
1) On the BAND app, go to  
the More Tab (Profile  
Picture on the bottom  
right corner) > [Settings] >  
[Push Notifications] >  
Check if [Pause] or [Repeat  
Do Not Disturb] are  
enabled.\* If you enable  
these features, you won't  
get any notifications  
during the specified time.  
2) On the BAND app, go to  
the More Tab (Profile  
Picture on the bottom  
right corner) > [Settings]  
> [Push Notifications] >  
enable Sound and  
Vibrate under "In-app  
Notifications"

**Class Band Pages: for weekly class videos and class specific  
information. Click on class name for link.**



[Dance With Me](#)



[Tiny Kix Mon](#)



[Tiny Kix Thu 5:30](#)



[Tiny Kix Thu 6:00](#)



[Wee Petite Mon](#)



[Wee Petite Hip Hop](#)



[Wee Petite Tue](#)



[Wee Combo](#)



[Wee Hip Hop](#)



[Wee/Mini Kix](#)



[Mini Combo](#)



[Mini Lyrical](#)



[Pom- 2nd-5th](#)



[Mini Hip Hop](#)



[Junior Hip Hop](#)



[Junior Kix](#)