

Just For Kix Fall Special Sessions 2016

Zumba for Adults - \$38



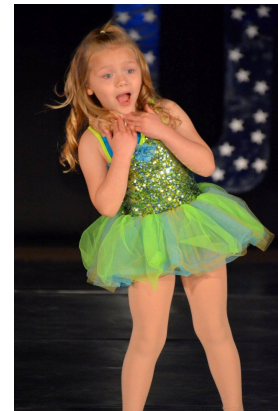
Zumba is an aerobic fitness program featuring movements inspired by various styles of Latin American dance and performed primarily to Latin American dance music. This class is guaranteed to whip you into shape! Kayela is a high energy teacher that brings fun and energy to everyone in her class! Class begins Wednesday, September 7th - Wednesday, September 28th.

Wednesday - 8:30-9:30pm

Teeny Kix - \$76

Calling all 3 through 5 year olds! Join us for our Teeny Kix 8-week introductory to dance basics class. Class will be held Thursday, October 13th-December 8th with a final performance at the Winter Show!

Thursday - 4:30-5:15



Contemporary - \$76



Contemporary dance is a style of expressive dance that combines elements of several dance genres including modern, jazz, lyrical and classical ballet. Contemporary dancers strive to connect the mind and the body through fluid dance movements. This class is designed for 5th-12th grade dancers. Class will be held on Friday's starting October 13th-December 8th.

Friday- 6:00-7:00pm

Register today: www.justforkix.com/danceclasses
320-251-9104
stloud_mn@justforkix.com





Break Dancing - \$114

David Le is back to teach the art of BREAK DANCING! A branch of hip hop, break dancing is unique genre of dance that will help dancers learn personal style, strength, tricks, control of movement, confidence & so much more! This is a 6-week session for 10-18 year olds held on Friday's starting October 21st-December 9th.

*Note: No class on November 18th & 25th

Friday – 5:00-7:00pm



Gymnastics For Dancers

This is a 6-week session beginning October 14th and running through December 4th at the Sartell studio. *Class capacity is 18 students per class and is based on the first 18 paid registrants. Classes must have at least 8 dancers to be held.*

**No class the weekend of Nov. 4th & 25th*

Ariel MacFarland will instruct the class. Ariel is a former gymnast herself and has coached gymnastics for 10 years working with ages from 2-18 year olds. She recently moved to the St. Cloud Area and we are so excited to have her on our staff to facilitate our gymnastics program!



Preschool-1st Grade -- \$42

Friday – 6:15-7:00

Saturday – 4:30-5:15

Beginner/Intermediate – 2nd-12th Grade -- \$85

Sunday – 2:00p-3:00pm

**Little to no previous gymnastics experience*

Advanced – 5th-12th Grade -- \$85

Sunday – 3:00pm-4:00pm

**Great knowledge of gymnastic fundamentals (can do front/back walkovers/working towards aerials, for example)*

Twinklers, Starlites, Showstoppers, Starmakers -- \$85

Friday – 7:00-8:00pm

A Look Ahead:

November/December special sessions include an ALL BOYS dance class, Father/Daughter sessions, and a LIGHT routine!



