

Event and Dance Class Dates for the Just For Kix - White Bear Dance Program

Updated 1/3/2018

Here are the dates for the dance classes that we know of as of the “updated” date listed above. When changes occur, we will update this document, post it under “Resources - Files” on our website, and send an email and/or a text to any families it may affect.

Please also refer to our Google Calendar, which will always have the latest information at:

<http://tinyurl.com/wb1JFK-Calendar>

You can see more details if you click on the event/class you are looking for. I will add more details as they become available or are confirmed. I’m excited to have this ONE place where you can go and find the information you need, like location and time. Please bookmark this link and refer back to it often. :-)

When performing, your female dancer should put her hair in a nice, clean, slicked back bun. This is an excellent video on how to do this: <https://www.youtube.com/watch?v=SWX2kYxHUT0>; make sure to secure any “wispy” hair that is around the face for a clean look. Boys should wear short hair short and use gel to hold it in place off of the face, but pull long hair back, if necessary.

Here are the class dates for the year. These are separated by the DAY of the week then also by the LOCATION/FACILITY of where you take your dancer to class.

Mondays

- **This information applies to classes held at Level Up Academy AND the White Bear Lake Armory locations**

Completed Classes: September 11, 18, 25; October 2, 9, 16, 23, 30; November 6, 13, 20, 27; December 4, 11, 18

January

8 - NEW SCHEDULE (Annika’s classes do not meet, will make up later)

15

22

29

February

5

12

19

26

March

5

12

19

26

April

2
9
16
23
30

**Note: Level Up Academy has scheduled both fall and spring concerts on Monday evenings. We will make these up.*

Tuesdays at Level Up Academy

Completed Classes: September 5, 12, 19, 26; October 3, 10, 17, 24; November 7, 14, 21, 28; December 5, 12, 19

January

9
16
23
30

February

6
13
20
27

March

6
13
20
27

April

3
10
17
24

May

1

Tuesdays at Sunrise Middle School

Completed Classes: September 5, 12, 19, 26; October 3, 10, 17, 24; November 7, 14, 21, 28; December 5, 12, 19

January

9
16
23
30

February

6

13

20 (*classes moved to Level Up Academy*)

27

March

6

13 (*classes moved to Level Up Academy*)

20

27

April

3

10 (*classes moved to Level Up Academy*)

17

24 (*classes moved to Level Up Academy*)

May

1

Thursdays at Level Up Academy

Classes Completed: September 7, 14, 21, 28; October 5, 12, 26; November 2, 9, 30; December 1, 7, 14

January

4

11

18

25

February

1

8

15

22

March

1

8

15

22

No class on the 29th (Level Up conferences)

April

5

12

19

26

May

3

**We will need to make up 2 Thursday night classes for conferences at Level Up Academy (LUA), plus any other cancellations at LUA. Classes are typically made up on Friday nights.*

Thursdays at Sunrise Middle School

Classes Completed: September 7, 14, 21, 28; October 5, 12, 26; November 2, 9, 16, 30; December 7, 14

January

4 (classes moved to Level Up Academy)

11

18

25

February

1 (classes moved to Level Up Academy)

8

15

22 (classes moved to Level Up Academy)

March

1

8

15 (classes moved to Level Up Academy)

22

29

April

5

12

19

26

May

3

We are in the process of scheduling a week for team and individual pictures. We will do all of that as soon as possible and will list those dates on this document AND put them on our Google calendar when confirmed.

Events - Extra Practices, Shows and Competition Dates

Please note that not all of our events are listed here because some have not yet been scheduled. More will be added as they are confirmed.

February 18 - Metro Show

This event starts at 11 am

Takes place in the gym at White Bear Lake High School South Campus, 3551 McKnight Rd in WBL

This is an all day event. You are not required to be there all day - arrival and performance times will be sent 2-3 weeks in advance.

Groups Performing: Teeny Kix, Tiny Kix Monday, Tiny Kix Thursday, Wee Petite Combo (ballet slippers only), Wee Petites, Wee Kix, Mini Kix, Junior Kix, Senior Kix, Wee Hip Hop, Mini Hip Hop, Junior Hip Hop, Senior Hip Hop, Mini Lyrical, Junior Lyrical, Senior Lyrical, Wee Jazz, Mini Jazz, Senior Jazz, Rising Stars, Dream Team; possibly performing are Roses Ballet, Adaptive Dance (K-6)

February 24, 25 - Together We Dance Competition

Eastview High School, 6200 140th Street West, Apple Valley, MN

We have a preliminary schedule!

These groups will perform between 3-8 pm on Saturday, February 24:

Rising Stars, Senior Jazz, Dream Team, Senior Lyrical, Senior Hip Hop, Senior Kix

These groups will perform between 10:30-6:00 pm on Sunday, February 25:

Mini Kix, Wee Hip Hop, Mini Hip Hop, Wee Jazz, Mini Jazz, Junior Hip Hop, Mini Lyrical, Junior Lyrical, Junior Kix

Arrival, performance and award times will be sent with a schedule 2-3 weeks in advance.

March 3, 4 - Together We Dance Competition

Brainerd High School, 702 S 5th Street, Brainerd, MN

We have a preliminary schedule!

These groups are competing on Saturday, March 3:

Senior Hip Hop @ 3:30 pm, Dream Team @ 5:15 pm, Senior Lyrical @ 7 pm,
Senior Kix @ 8 pm

Arrival, performance and award times will be sent with a schedule 2-3 weeks in advance.

March 10, 11 - Together We Dance Competition

Apple Valley High School, 14450 Hayes Road, Apple Valley, MN

We have a preliminary schedule!

ALL of our groups will compete between 9 am and 8 pm and it looks like it will be in age order - Mini groups, Junior groups and then Senior groups.

Arrival, performance and award times will be sent with a schedule 2-3 weeks in advance.

March ?? - JFK Metro STAGE show in auditorium at Fridley High School, 6000 W Moore Lake Dr NE, Minneapolis, MN 55432

Groups performing: Wee Petite Combo (tap shoes only), Wee Tap, Mini Tap, Senior Tap, Wee Jazz

April 7, 8 - Together We Dance Competition

Eden Prairie High School, 17185 Valley View Rd, Eden Prairie, MN

We have a preliminary schedule!

These groups will perform between 3-8 pm on Saturday, April 7:

Wee Hip Hop, Mini Jazz, Wee Jazz, Mini Lyrical, Junior Lyrical

These groups will perform between 10:30-6:00 pm on Sunday, April 8:

Mini Kix, Mini Hip Hop, Junior Hip Hop, Rising Stars, Dream Team, Senior Hip Hop, Senior Lyrical, Junior Kix, Senior Kix

Arrival, performance and award times will be sent with a schedule 2-3 weeks in advance.

April ?? - Spring Stage Show at ??:?? AM/PM at White Bear Lake High School North Campus

Groups Performing: Tiny Kix Monday, Tiny Kix Tuesday (tap shoes only), Wee Petites, Wee Kix, Wee Hip Hop, Mini Hip Hop, Junior Hip Hop, Senior Hip Hop, Wee Jazz, Mini Jazz, Senior Jazz, Rising Stars, Dream Team, Daisies Ballet, Lilacs Ballet, Roses Ballet, Mini Lyrical, Junior Lyrical, Senior Lyrical, Wee Tap, Mini Tap, Senior Tap; possibly Adaptive Dance (7-12th grade) and Adaptive Dance (K-6)

April 27, 28, 29 - Together We Dance NATIONALS Competition at Rochester Mayo Civic Center

This is a two day event, but you will not be required to be there all of the time. Arrival, performance and award times will be sent with a schedule 2-3 weeks in advance.

Groups Competing: Wee Hip Hop, Wee Jazz, Mini Kix, Mini Hip Hop, Mini Jazz, Mini Lyrical, Junior Lyrical, Junior Kix, Junior Hip Hop, Senior Kix, Senior Hip Hop, Senior Lyrical, Senior Jazz, Rising Stars and Dream Team

May 4 - EXTRA PRACTICE FOR SPECIAL SESSIONS AND FINALE REHEARSAL, 6:30-8:30 PM at White Bear Lake High School North Campus. Schedule:

- 6:30-7:00 PM: Special session practices
- 7:00-8:30 PM: ALL DANCERS practice the finale (PreK-1st grade dancers will be let go early, about 7:45 PM)

May 5 - Spring Show in gymnasium at 10:30 AM at White Bear Lake High School North Campus

Groups Performing: Teeny Kix, Tiny Kix Monday, Tiny Kix Thursday, Wee Petite Combo (ballet shoes only), Wee Petites, Wee Kix, Wee Hip Hop, Mini Hip Hop, Junior Hip Hop, Senior Hip Hop, Wee Jazz, Mini Jazz, Senior Jazz, Rising Stars, Dream Team, Daisies Ballet, Lilacs Ballet, Roses Ballet, Mini Lyrical, Junior Lyrical, Senior Lyrical, Mini Kix, Junior Kix, Senior Kix, Pom for 3-6th grade, Pom for 7-12th grade; possibly performing: Level Up Academy After School Program for K-3, Adaptive Dance (K-6th grade), Adaptive Dance (7-12)

Included in this document are performance details (below), like arrival times and attire for our events. This is for your convenience, but if you ever have questions, please contact our Program Director at whitebearlake_mn@justforkix.com or 651-653-8539.

For Performances

Your dancer's age, and the type of performance that is taking place, will determine when your dancer should arrive before a performance. Take this as the default timing for your dancer to arrive - should special circumstances come up, we will communicate to you if/when your dancer's class should arrive.

- For a performance that takes place in a gym (Winter Show, Spring Show, Metro Show):
 - Kix, jazz, lyrical, and hip hop teams consisting of dancers in 4th-12th grade should arrive 30-45 minutes prior to the start of the show.
 - Teams should find each other and begin warming up, doing some dynamic stretching and rehearsing their routine.
 - If your dancer is in more than one class, s/he should warm up with his/her class of choice and then rehearse with each class at least once.
 - Dancers in 2nd-3rd grade should arrive 20-30 minutes prior to the start of the show.
 - One or two parents can stay backstage with this age group.
 - Teams should find each other - if an instructor or assistant is not available, dancers should stay together with the one or two parents mentioned above.
 - Sometimes, older dancers volunteer to "hang out" with the younger groups - if this is the case at any performance, that dancer will stay with the group until they perform, so you are welcome to go and sit in the audience.
 - Dancers should warm-up, do brief stretching and rehearse their routine together as much as possible.
 - An assistant or instructor will run through the routine with the group at least once. If music isn't available (it sometimes isn't), the music will be counted or sung. :-)
 - Dancers in Preschool through 1st grade should arrive 15-20 minutes prior to the start of the show.
 - One or two parents should stay backstage with EACH group (i.e. 1 from Tiny Kix, 1 from Wee Petites, etc.).
 - Dancers should stay together and can do fun jumping or playing around (please don't let them sit or drag themselves on the floor) to warm up. Parent volunteers can help with stretching, if they'd like to.
 - Sometimes, older dancers volunteer to "hang out" with the younger groups - if this is the case at any performance, that dancer will stay with the group until they perform, so you are welcome to go and sit in the audience.
 - An assistant or instructor will run through the routine with the group at least once. If music isn't available (it sometimes isn't), the music will be counted or sung. :-)
 - When you arrive, your dancer can remain backstage and you can go and sit in the audience, unless you have volunteered to stay backstage with a younger dance group.
- For a performance that takes place on a stage (Holiday Stage Show, Spring Stage Show):
 - Watch your email for any special early practice times for your dancer, especially if s/he is in a tap class.
 - Dancers 4th-12th grade who are performing in two or more routines are welcome to come about 45 minutes early. At the Community Theater, we usually have a classroom upstairs (2nd floor) for extra uniforms and changing - there is also a bathroom right next

to this room. At the theater at North Campus, there are two changing rooms - one on either side of the stage.

- All others should arrive about 25-30 minutes early.
- Dancers in preschool through 3rd grade who are performing in more than one routine should arrive about 30 minutes early. At the Community Theater, we usually have a classroom upstairs (2nd floor) for extra uniforms and changing - there is also a bathroom right next to this room. At the theater at North Campus, there are two changing rooms - one on either side of the stage.
 - All others should arrive about 15 minutes early.
- If the show is at the White Bear Lake Community Auditorium (formerly known as Central Theater), you can save a seat for your dancer so s/he can join you after they've performed.
 - The doors to backstage will be opened after every 2-3 routines to allow dancers who are done performing to return to their families and take a seat. We hope you will stay and watch the entire show.
 - If the show is in the theater at White Bear High School North Campus, seats can only be saved for preschool through 3rd grade dancers - all other dancers may need to remain backstage or stand at the back of the theater to watch as seating may be limited. Older dancers are welcome to sit if there is room.
- Our stage shows are typically fundraiser shows for local spirit groups - these groups usually have one or two team members assigned to each young group to sit with them and help them practice prior to the show. Because of this, you are welcome to drop your dancer off backstage and take your seat before the show begins.
 - At the Community Theater (aka Central Theater), there is LIMITED space backstage - it is crowded and hot, so we ask parents not to come backstage unless they feel it is necessary.
 - At the theater inside North Campus, there is more room out in the hallways, where we prep the dancers for entry. Parents are welcome to be here with their dancer, but it is not necessary.

Dancers should come dressed and ready to perform. They should NOT wear their dance shoes outside at all.

- Dancers should arrive in their uniform with clothing to cover it. The clothing should be easily removed (tops with zippers or buttons, baggy pants or shorts). Dancers should leave any jackets, boots and heavy clothing, like sweatpants and sweatshirts, with parents.
- Dancers should arrive with their hair pulled back into the particular style needed for their class (many classes wear it the same so the dancer doesn't have to change it). If your dancer requires a bun, visit our YouTube channel (search for Just For Kix White Bear or use the link at the top of this document) and watch the bun tutorial video.
- If your dancer is in more than one class, we will inform you of the show order ahead of time so you know which uniform your dancer should wear first.
- Dancers should bring their shoes in their dance bag (or a special performance bag).
- Make-up is optional, but recommended, even for boys:

- Young dancers (preschool-3rd grade) should wear a little color on their cheeks, eyes and lips (boys don't need to wear anything on their eyes unless a parent wants them to).
- Older dancers (4th-8th grade) should wear more color and define their features; our oldest dancers (9th-12th grade) should wear full performance make-up
 - Makeup should look natural from a distance, but will look heavier up close
 - Eyeliner is a great way to define the eyes - be sure to go all the way around the eye, but on the outside of the lash line
 - Choose a flattering color for the cheeks that goes with the uniform(s) your dancer will wear
 - For lips:
 - Our older dancer classes may have a lipstick listed along with their uniform items online. Please purchase this lipstick - it is a lipstain, will last a long time and all dancers will match.
 - For all other dancers competing, a Lip Stain is better because it will last all day; note that it is difficult to take off after the competition, but it will wear off eventually
 - Choose a darker pinky-purplish or red color that is flattering on the dancer and goes with the uniform (the color doesn't have to match, but it should be in the same "shade" group - If you choose a redder shade, red shades typically have a blue or orange undertone, so pick the one that matches best to your dancer's uniform)
 - Select a gloss to go over the top that can be reapplied to add shine to your dancer's smile
 - Things like foundation and powder are completely up to the dancer and her parents - we are going for a natural look.
 - Try to brighten the area around the eyes with a lighter foundation or contouring color.
 - Our oldest dance teams (Senior Kix, Rising Stars, Dream Team) can elect to wear fake lashes - if so, ALL members must wear them

After your dancer performs, a few things happen, depending on your dancer's age:

- Dancers in Preschool through 3rd grade who are performing once in the show can sit with family (or friends, if you allow this and let your dancer know) once they are done performing.
- Dancers in K-3rd grade who are in more than one routine will need to change.
 - A locker or dressing room is available for this - before the show starts, help your dancer find this room and put/hang their extra uniforms that will be needed later.
 - Once your dancer has performed once and needs to change, your dancer should enter the locker/dressing room to change; if assistance is needed, feel free to help.
- Dancers 4th-12th grade are on their own - they usually either go backstage or to the locker room to change for their next performance, or they can sit in the audience with family or team members.

Competition Dates

Just For Kix Together We Dance competitions are for dancers in 4th-12th grade (except for ballet and tap, which do not compete). Our dancers will compete in Just For Kix sanctioned competitions ONLY and they will compete only against other Just For Kix groups from other cities and/or states that are of the same age and relative group size. All Just For Kix competitions are fair and fun! Dancers are not judged on costumes or choreography, but on execution, energy and technique - they are judged on HOW they are doing what they are doing. For example, kick routines should be sharp, tight and precise, while lyrical routines flow more but should display emotion and acting, as well as technique. Each dance style has its own way of being judged.

Competitions are not mandatory, but are highly recommended.

Competition fees are usually \$12 for the dancer's first routine, \$9 for the dancer's second routine, \$7 for the dancer's third routine and an additional \$7 for any more routines at that one competition. (For example, if your dancer is only in Mini Kix, his/her fee is \$12. If your dancer is in Mini Kix and Mini Hip Hop, his/her fee is \$21.) Fees are added directly to your dancer's online account and must be paid BEFORE the competition. The fee purchases a competition wristband that allows your dancer to participate at the event. We will NOT accept payments at the event or afterward. To pay your dancer's fee, log in to your Just For Kix online account and click on Classes. The fee is separate and must be paid manually through our online system. (I will take checks at class up to two weeks prior to the event to give the home office time to process the payment through the mail.)

If your dancer CANNOT attend a competition, please let me know as soon as possible. When a dancer cannot attend a competition, we must change formations and placements for the routine. We want your dancer to attend his/her classes even if s/he cannot compete.

For Competitions

Dancers should come dressed and ready to compete. They should NOT wear their dance shoes outside at all.

- Dancers will be given an arrival time
 - This arrival time is typically 90 minutes to 2 hours prior to your dancer's competition time.
 - We ask your dancer to get there very early so s/he can become accustomed to the environment, watch some routines, warm up, stretch, rehearse their routine many times and take many breaks.
- Dancers should arrive in their uniform with clothing to cover it. The clothing should be easily removed.
 - If your dancer would prefer to travel in regular clothes, that is fine, but s/he MUST arrive at least 30 minutes earlier than the arrival time given to allow for changing and doing hair (and have someone ready to do the hair upon arrival).
- Dancers should arrive with their hair pulled back into the particular style needed for their class (many classes wear it the same so the dancer doesn't have to change it). If your dancer requires a bun, visit our YouTube channel (search for Just For Kix White Bear or use the link at the top of this document) and watch the bun tutorial video.

- Again, if your dancer prefers to travel without his/her hair done, s/he must arrive AT LEAST 30 minutes earlier than our assigned arrival time to accommodate this.
- If your dancer is in more than one class, we will inform you of the competition order ahead of time so you know which uniform your dancer should wear first.
- Dancers should bring their shoes in their dance bag (or a special performance bag), and any other uniforms in a garment bag.

We are FORTUNATE to have the opportunity to compete in Just For Kix competitions. ALL DANCERS should portray excellent sportsmanship throughout the entire day, with no negative comments during any events. While we are there, your dancer is representing the White Bear Lake Just For Kix Dance Program, and s/he should behave as such. Any dancer with poor sportsmanship will be asked to leave.

Thank you!

Thank you for registering your dancer in Just For Kix! Your business is treasured by us and we value your dancer, or dancers, so much. Thank you for trusting us with your dancer's dance education and experiences!

If you have any questions about performances or competitions, please contact our Program Director at 651-653-8539 or whitebearlake_mn@justforkix.com, or our Home Office at 218-829-7107 or dance@justforkix.com.