



ADVANCE KICK TEAM AUDITION GUIDELINES

Your dancer has expressed an interest in auditioning for one of the Richfield/Bloomington JFK advanced kick teams. Please make sure both dancers and parents/guardians read through all of the requirements and expectations when signing the permission form. Main points include (more details on permission form):

- The Elite and Force teams are for dancers that want more and dance is their priority activity.
- My expectation is that this team will be a priority for them and regular attendance is expected.
- I also have the expectation that members will remain on the team for the entire year.
- Lastly, all advance team members are expected to be at all shows and competitions. It is a rare exception when a student is excused from participation.

Tryouts – all will take place at House of Prayer Church:

- ❖ Tuesday, May 8th from 8:15-9:15pm (maybe 9:30)
- ❖ Friday, May 11th from 5:00-7:00pm
- ❖ Saturday, May 12th 10:00am-1:00pm *this is the actual audition*

Please adhere to the following:

- ❖ It is important to be on time and ready to warm up.
- ❖ Candidates need to wear appropriate workout/dancewear to all sessions.
- ❖ Tennis shoes, dance sneakers, or jazz shoes are required at all times. You may not just dance in socks, for safety reasons.
- ❖ Hair must be pulled back in a ponytail or bun at all times.
- ❖ No chewing gum. Only water bottles and a light snack if needed.
- ❖ The tryouts will be closed. No spectators will be allowed to observe.
- ❖ No jewelry during tryouts.
- ❖ Bring a positive attitude and a strong work ethic! These ideas, along with prompt attendance, are also a part of the judging process.

Results:

- ❖ Results will be emailed out on Saturday, May 19th

Criteria for Judging:

Skills and Performance Evaluation: Judges will look for your ability to perform the audition routine. In addition, the technique audition requirements are listed below. You will be judged on your overall experience, poise, and projection. A JFK coach will be present at auditions to evaluate your performance, not to judge. The judges will be using the scoring rubric to score your individual performance. No spots are ever guaranteed, and the decision of the judges and Ms. Heather is final.

Mindset Evaluation: Dancers have also been evaluated, by staff, throughout the 2017-18 dance season for the mindset that will be required to participate on a team that practices and performs at an “elite” level. This will be taken into consideration when making our final decision. Dancers can have all the talent in the world and spend hours upon hours practicing but if their mindset isn’t in gear, they’ll be inconsistent. They’ll doubt themselves when it matters most and, without meaning to, they’ll hold themselves back from all they can be.

Mindset is what enables an elite dancer to be fully focused, stay motivated, and see challenges as creative opportunities. It’s what will ensure they don’t cave under pressure, but perform at their highest level under pressure consistently.

Audition Requirements

- Toe Touch
- Double Pirouette
- Right and Left Leg Splits
- Leg hold (right and left / straight and open)
- Dance Routine- short routine (about 1:00)

Advance Kick Team Tryout Scoresheet

Candidate Number: _____

Judge Initials: _____

<u>Category</u>	<u>Comments</u>	<u>Possible Points</u>	<u>Score</u>
Kicks Height - straight		5	_____
Opens		5	_____
Difficult Kicks - Fans		5	_____
Hinges		5	_____
Kick Form		5	_____
	<i>Upper body posture</i>	<i>Leading with the knee</i>	<i>Hunching</i>
	<i>Hooks</i>	<i>Pointed Feet</i>	<i>Supporting leg</i>
Leg Holds - Right		5	_____
Leg Hold - Left		5	_____
Splits – Right / Left		5 + 5	_____
Toe Touch		5	_____
Piroutte		5	_____
Subtotal		(out of 55)	_____

Performance	5	_____
<i>posture, smile, enthusiasm, confidence</i>		
Tightness / Force of Moves	5	_____
Placement / Timing	5	_____
Memory	5	_____
Style	5	_____
<i>Overall dance style is appropriate for team</i>		
Subtotal	(out of 25) x3	_____

TOTAL SCORE **OUT OF 130** _____

Would you include this candidate on the team? YES NO

If Yes, which team?

Elite Kix

Senior Force

Comments: _____

ADVANCED KICK TEAM APPLICATION

Please write clearly.

Name: _____ **Present Grade:** _____

Address: _____ **Cell Phone:** _____

Student's Email: _____ **Team Preference:** Force Elite

(Use the backside of this form if you need more room for answers)

1. Will you be involved in dancing with a studio or other team next year?_____ If yes, please tell where and what type(s) of dance:

2. Please list other activities and interests. Be sure to include those you anticipate being involved with next school year.

3. List qualities that you think are necessary to produce a top-notch dance team:

4. What is your "Why?" Why do you want to be on our advanced teams?:

5. What motivates you?:

6. How do you take feedback?

7. What makes a good teammate?

TRYOUT PERMISSION FORM

My student, _____ has my permission to try-out for the Advance Kick Teams in the Richfield/Bloomington JFK program. We understand the commitment and behavior expectations outlined below and fully support our dancer's involvement should she be selected.

Parent/Guardian Signature: _____

Parent/Guardian (Print Name): _____

Phone Number: _____ Date: _____

This form must be signed and returned to Ms. Heather by May 11.

Expectations

The Elite and Force teams are for dancers that want more and dance is their priority activity. As such, my expectation is that this team will be a priority for them and regular attendance is expected. If they are involved in another activity, and conflicts come up, dance will take priority. I also have the expectation that members will remain on the team for the entire year. We will work hard not only on their choreography but also strength training and skill development. Dancers should come each week with a positive attitude, ready to work, and strive to improve throughout the year. Where they are today in their skills and performance will not be the same when they finish the year. This is an opportunity for your dancer to rehearse and perform with other athletes that have the same drive and determination.

During the season, dancers that show signs of not being able to meet these expectations will have a meeting scheduled with the parents, the dancer and me. An individualized plan for future participation will be developed at this meeting.

Competitions/Shows

All advance team members are expected to be at all shows and competitions. It is a rare exception when a student is excused from participation. Should conflicts arise, students need to communicate to Ms. Heather as soon as it is known. Decisions will be made taking into consideration timing, the team, and the conflict.

- Please note that for the Elite team, Rochester Nationals is a required event. All dancers must be in attendance, no exceptions.

Communication

Communication is the cornerstone of any effective relationship. Please keep coaches informed of issues, concerns, etc., so that decisions can be made in everyone's best interest. Don't wait in fear that I'll be upset because it will just prolong the conversation and make it just that much harder. Hard conversations are hard, but it makes a situation worse to not have it at all.