

JFK families,

With school starting in four weeks and dance classes starting in five weeks, it really feels like we are on the tail end of summer! We have begun planning choreography and scheduling performances for this season. Dancers: If you have had a lazy summer, now is a good time to start getting back into shape! Releve, plie, tendu, battement, turns, core work – do a little every day, alone or with a friend. And all dancers should be stretching; even 5-10 minutes each day will make a huge difference in your dancing!

In staffing news, we have added two assistant coaches to our staff this season: Coach Ally will assist with classes on Mondays and Tuesday at Inspire (PreK-1st grade), and Coach Megan will assist with classes on Mondays at Trinity (grades 4-8). Coach Annie and Coach Sofia will be with us again, too. We are fortunate to have such great coaches and mentors for our dancers!

Uniform Delivery

Some spring uniform orders have started arriving! This is great news because it allows us to get a jump on exchanges, if needed. I'll reach out via email and BAND if your uniform arrives to make arrangements for pick up.

Registration

- If you know someone interested in JFK dance classes, please forward this to them!
- Registration for next season is open online at www.justforkix.com/danceclasses
- If a class is full, add your dancer's name to the waiting list. Sometimes people's plans change, and a spot opens up.
- See instructions and details online here:
<https://www.justforkix.com/danceclasses/bismarck-north-nd/resources/>

Upcoming Dates

- August 18 – Meet & Greet, come and go open-house style
 - PreK-1st grade: 6:00-7:00 pm at Inspire Family Fellowship (523 N 21st St **USE BACK DOOR off 22nd Street**)
 - Grades 2-12: 4:30-5:30 pm at Trinity Lutheran (3rd St & Ave B)
 - *New dancers* – Meet our staff, get help with sizes for uniform and shoes, ask questions or chat about our upcoming season, stop by to say hello!
 - *Returning dancers* – We will size you for shoes at the first two weeks of class, so you do not need to attend Meet & Greet. Try on last year's uniform and size up accordingly. Of course, if you'd like to stop by, we would love to see you, too!

- August 20 – Senior hangout for grades 8-12, details TBA in BAND
- August 21 – Mini Pom special session class begins
- August 25 – Classes begin for the 2025-2026 season
 - Come dressed and ready to dance!
- September 1 – NO CLASS Labor Day
 - Makeup not needed because this has already been factored into our 32-week season
- September 15 – Uniform orders due
 - Order online in your family account or call 218-829-7107

Communication

Communication is important to me, and it's a big part of my job as a JFK director. I will use these methods of communication with dancers and families:

- Email
 - I use email for official communication.
 - I send a monthly email update around the third week of each month. I also post the monthly emails online under NEWSLETTERS.
 - When I send an email to an entire class, I will send it from the JFK server, so please be sure your contact email is up to date in your account. You can also add a secondary email to your account.
 - Feel free to email me anytime. I try to respond within 24 hours, most times sooner.
- BAND App
 - I use the BAND app to connect with our dancers and families quickly and conveniently for things like photos, practice videos, and class announcements.
 - It allows us to communicate without looking up contact information.
 - There are two ways to use BAND: group posts and private chats.
 - A private chat in BAND is the best way to reach me.
 - I will send a separate BAND invitation via email to each class, or via the app if you already joined one of our BANDS. Please accept the invite to join the group(s).
 - When creating your account in BAND, please include your first name and your last name or last initial. This helps me know which dancer is yours 😊
 - Dancers in grades 6-12 may join their team's BAND with parent permission. For this reason, I try not to post to the group during school hours or after 10:00 pm in those BANDS.

- Website
 - I use the website as a hub for information.
 - Click the NEWSLETTERS tab for info about uniforms, classes, registration, and performances
 - Note that the NEWS & EVENTS tab has been removed from our websites, which I had been using to post details about events. I will now use the NEWSLETTERS tab for this, so please update your bookmarks.
- Phone
 - Sometimes, a phone call is best, so feel free to call me at 701-527-4508.
 - Instead of texting me at this number, please send me a private chat in BAND 😊

Competition and Travel

Dancers in grades 4-12 will compete at one or two TWD Competitions out of town this season, usually in February, March, and April. I will let you know as soon as dates are announced. I recommend booking hotel ASAP.

Performances

Performances begin in late November and early December. Most dates for the whole season are set by late October. All classes can expect at least 4-6 performances throughout the 8-month season.

I will post details online at <https://www.justforkix.com/danceclasses/bismarck-north-nd/resources/>

JFK Bismarck North Website:

<https://www.justforkix.com/danceclasses/bismarck-north-nd/>

Login to your family account to:

- Make class fee payments
- Order uniform pieces
- Check payment history

Click the NEWSLETTERS tab for details about performances, shows, uniforms, classes, and registration

Please bookmark this site. Let me know if you find anything missing or in error, so I can correct it.

Class Tuition

- If you registered for next season, you have already paid the September class fee.
- Monthly class fee is \$48 K-12 / \$45 Preschool
- Monthly class fee is due the 1st of each month.
- You can opt to select the auto-pay option, which will charge your class fee to your credit card automatically on the first of the month.
 - NOTE: If you were signed up for Auto-Pay last season and you want to continue it, you will need to opt-in again each season for every class. It will not carry over from one season to the next.
- A \$10.00 late fee is assessed on the 10th of the month.

As always, thank you for choosing Just For Kix!

Michele Stockert

Director, Just For Kix Bismarck North

701-527-4508

www.justforkix.com/danceclasses/bismarck-north-nd/