

2024 Solo/Duet/Small Group Rules & Regulations

We are excited to announce that Just For Kix is offering a Solo/Duet/Small Group competition for dancers interested in additional competition. Listed below you will find general rules and regulations for these competitions. Also, you will find the styles and division levels available to compete in.

2024 Solo/Duet/Small Group Competitions:

Saturday, 3/2 - Bloomington Kennedy, MN HS Stage

Friday, 3/8 – Sartell, MN JFK Studio

Friday, 3/15 - Grand Island, NE HS Gym

Friday, 3/15 – Brainerd, MN JFK Studio

Friday, 3/22 – Wahpeton, ND NDSCS Gym

Saturday, 4/6 – Apple Valley, MN HS Stage

Friday, 4/12 – Eden Prairie, MN Aux Gym (Duet/Trio/Small Groups)

Sunday, 4/14 – Eden Prairie, MN Aux Gym (Solos)

Wednesday, 4/24 – Nationals – Rochester, MN Mayo Civic Center (Junior & Seniors)

Thursday, 4/25 - Nationals – Rochester, MN Mayo Civic Center (Middle & Mini)

Friday, 4/26 - Nationals – Rochester, MN Mayo Civic Center (Wee & Petite)

Register – Entries for the Solo/Duet/Small Group competition will open on January 22nd, 2024

Divisions – Solo (1 dancer) - Duet (2 dancers) - Small Group (up to 8 dancers) will be another division.

Participants must be active and currently registered Just For Kix dancers, with accounts in good standing.

Time Limits – 1:30-2:15 minutes

Music – Music/Song choice must be appropriate. Please take time to be sure the lyrics and meaning of the music chosen is in good taste. Just For Kix prides itself on our conservative music choices, and would like those competing in this event to choose music appropriately as well.

- Each entry will be required to record their own music and have their director email it to music@justforkix.com. Please do not have parents or dancers send to this e-mail box.
- There must be one routine/song per file, clearly labeled with the dancer's name, name of the routine, age division, performance division, and JFK class location name.
- All music should be recorded at proper speed. For EMERGENCY, you must have a duplicate recording available at the competition on a ipad, phone or computer.
- MUSIC MUST BE SUBMITTED PRIOR TO THE COMPETITION.

Entrants: Entries will be accepted on a first come, first served basis and will be limited to the amount of performance time available. JFK reserves the right to add additional competition time or eliminate the competition due to unforeseen circumstances. All registration should be made through our website, directions to submit will be announced when available.

Fees: Entry fees are per person and as follows:

\$100.00 for each Solo entrant – 1 dancer total

\$55.00 for each Duet entrant – 2 dancers total

\$40.00 for each Trio entrant – 3 dancers total

\$30.00 for each Small group entrant – 4-8 dancers total

These fees go to cover facility cost, judges, other individuals working at this event, etc. We are proud to be able to offer this event at MUCH lower fees than most competitions of this type.

Routine Styles:

Jazz, Lyrical or Hip Hop

Categories - Categories will be broken down based on the number of entrants. The breakdown will go as such:

1. Division – Solo's will be one division. Duet one division, Trio/Small Groups will be in another division. Limit for Small Groups of eight participants.
2. Style – Jazz/Lyrical routines will compete with each other and Hip Hop will be on their own.
3. Average Grade:
Wee: 2-3.5 Mini: 3.51-5.5 Middle: 5.51-7.5 Junior: 7.51-9.5 Senior: 9.51-12
-In the event of low participation divisions may be combined in order to allow for adequately sized divisions.
4. Level – Classic / Select / Elite
-In the event of low participation divisions may be combined in order to allow for adequately sized divisions.

Classic Level (Beginner/Intermediate) - This dancer is comfortable with a smile on stage, but shows little other facial expressions. This dancer shows basic technical abilities but is inconsistent. A lack of physical strength to attain height in jumps, failure to dance "through the body" with a focus mainly on arms and legs, limited turn combinations who lack basic technique like spotting, etc. Simple choreography for arms, and no acro tricks.

Select Level (Intermediate) - This dancer shows more confidence and presents more facial expressions, although inconsistent throughout the routine. Transitions between steps are smoother than in the Classic level, can execute turns and jumps with an obvious technical base, has little focus on tricks, or may lack movement quality. Ability to execute multiple turn steps, and is able to utilize the entire stage while executing choreography.

Elite Level (Advanced) - This dancer has obvious confidence on stage. They have a strong ability to dance through the entire body, they execute difficult combinations equally as well as the "easier" combinations in the routine. This dancer shows a strong use of transitions between steps. They show a strong use of technique while demonstrating difficult turn and jump combinations. Their feet are used properly throughout the dance and they maintain fluidity of motion throughout the performance along with stronger movement quality.

Choreography – Choreography should fit the music and include appropriate steps and movements. Inappropriate or suggestive movement will receive deductions.

- Program Directors are not required to help choreograph the routines. We do this so that the directors do not feel obligated to help when they are many times already stretched for time.

- Just For Kix class time CANNOT be used for Solo/Small Group routines.

- Your Just For Kix class routine cannot be used for the competing routine.

General Props are Allowed: No dangerous props may be used such as fire, swords, knives or live animals. No form of liquids (including water) gels, aerosols, glitter, or confetti, etc, which may affect the dance floor surface may be used during a routine. Props must not affect or incur damage to the performance floor.

Costumes/Uniforms:

Costuming can be chosen to match the song chosen to perform to. Dancer may use their Just For Kix uniform or provide their own.

Performing: A performance order will be created prior to the competition based on number of entrants and divisions.

- Dancers will be given the order and approximate times a minimum of 2 weeks prior to the event.
- Dancers will line up in the chute, similar to the team events hosted at the facility. Dancers are allowed to have a one chaperone with them (parent, Director). Dancer will enter onto the floor when the chute manager indicates. Timing of the routine will start when the music begins and stop when the music ends.
- Routines may only be re-performed in the case of technical difficulties or injury. Dancer will be moved to the end of the performance order.
- All contestants grant permission to Just For Kix to use their photographs to appear on local and/or national print to promote its competitions.

Awards: The top one third of each division will receive a medal based on placement. Ribbons will also be given for total points awarded to each dancer, further details on awards will be announced closer to the event. A panel of judges scores determine final placement according to rank.

Additional Notes:

- Please note that each dancer should register individually via the website.
- The rules will be evaluated and enforced on an individual basis, based on what is best for all parties involved.
- Sportsmanlike behavior is expected at all times. Failure to display proper decorum by the dancer(s) or their parent(s)/guardian(s) could result in immediate disqualification. JFK and the hosting facility are not responsible for personal injury or property loss.

PLEASE MAKE SURE YOU HAVE READ OVER EVERYTHING CAREFULLY.

Frequently Asked Questions:

Q: My dancer's cousin is not a Just For Kix dancer; can she be part of the duet?

A: No, the competition is open to Just For Kix dancers only.

Q: Can we use choreography from a Just For Kix dance?

A: You cannot use an entire routine, but as with most individual choreography, it is acceptable to utilize 2-3 eight counts of choreography.

Q: Can my dancer wear their Just For Kix class costume?

A: Absolutely. Costuming is a small portion of the judging, and if it matches the style of the routine that is just fine.

Q: We originally registered as a duet, and now decided to compete as a small group. Can we change our division?

A: Please call the Home Office to check on the possibility of any changes, 218-829-7107 M-F 8:00am-4:30pm.

Q: Can we hire an outside choreographer?

A: Yes. We want the dancer to be active in the choreography process, but you are welcome to use any means for your choreography.