

2024 Preliminary Rochester info!!!

Hello to all....

Here are the preliminary times for Rochester Nationals. Please, please, please make sure you read all the information carefully so you know all details for the day of competition.

The table below shows the times of everything for this Thursday, Friday, and Saturday. Junior Pom (6th-12th) and Senior Hip Hop (8th-12th) will be the only teams competing on Thursday. Senior Kix (10th-12th) and Junior Kix (8th-9th) will compete on Friday. All other teams are on Saturday.

Competition Venue:

**Mayo Civic Center
30 Civic Center Dr SE
Rochester, MN 55904**

Thank you and if you have any questions please let me know... :)

Coach Stefanie

| TEAM | MEETING PLACE | ARRIVE AT COMP/ PRACTICE | LOCATION OF COMPETITION | COMPETE | AWARDS |
|---|----------------------|-------------------------------------|--------------------------------|----------------|---------------|
| | THURSDAY ! | | | | |
| Junior Pom (6 th -12 th) | TBD | 7:00am | Arena | 8:18am | 9:01am |
| Junior Pom (6 th -12 th) – Showcase | TBD | n/a | Arena | 9:19am | 11:12am |
| If Junior Pom move on in the Showcase.... | TBD | n/a | Arena | 11:32am | 12:21pm |
| Senior Hip Hop (8 th -12 th) | TBD | 11:00am | Arena | 12:57pm | 1:18pm |
| Senior Hip Hop (8 th -12 th)- Showcase | TBD | n/a(may give dancers a short break) | Arena | 2:34pm | 5:21pm |
| If Senior HH move on in the Showcase.... | TBD | n/a | Arena | 5:49pm | 7:07pm |
| | FRIDAY! | | | | |

| | | | | | |
|---|------------|--------------------------------------|----------------------------|--------|--------|
| Senior Kix 10th-12th | TBD | 12:00pm | Arena | 1:27pm | 1:54pm |
| Junior Kix 8 th -9 th | TBD | 12:30pm | Auditorium – Side A | 2:39pm | 2:46pm |
| Senior Kix 10th-12th- Showcase | TBD | n/a (may give dancers a short break) | Arena | 3:38pm | 7:34pm |
| Senior (12th graders) Recognition | N/A | n/a | Arena | 7:09pm | N/A |
| If Seniors Kix move on in the Showcase.... | TBD | n/a | Arena | 7:59pm | 9:30pm |

SATURDAY!

| TEAM | MEETING PLACE | ARRIVE AT COMP/Practice | LOCATION OF COMPETITION | COMPETE | AWARDS |
|--|----------------------|--------------------------------|--------------------------------|----------------|---------------|
| Starmakers Jazz 6th-12th | TBD | 6:30am | Arena | 7:33am | 8:09am |
| Dream Team Jazz 7th-12th | TBD | 6:30am | Auditorium – Side B | 7:54am | 8:18am |
| Mini Kix 4th-5th | TBD | 7:15am | Arena | 8:22am | 8:58am |
| Mini Jazz 2nd-5th | TBD | 9:00am | Auditorium – Side A | 10:18am | 10:48am |
| Dream Team Lyrical 6 th -12 th | TBD | 9:30am | Auditorium – Side B | 11:08am | 11:23am |
| Mini Lyrical 2nd-5th | TBD | 12:00pm | Arena | 1:13pm | 1:31pm |
| Dream Team Hip Hop 6 th -12 th | TBD | 12:00pm | Arena | 1:44pm | 2:30pm |
| Mini Hip Hop 4th-5th | TBD | 12:00pm | Arena | 1:53pm | 2:30pm |
| Wee Hip Hop 2nd-3rd | TBD | 12:00pm | Arena | 2:11pm | 2:30pm |
| Mini Pom 2nd-5th | TBD | 2:00pm | Arena | 3:02pm | 3:17pm |

| | | | | | |
|--|------------|--------|--------------------------------|--------|--------|
| Middle Hip Hop 6 th -7 th | TBD | 3:30pm | Arena | 4:37pm | 4:55pm |
| Rising Star Jazz 6th-12th | TBD | 5:15pm | Auditorium – Side A | 6:36pm | 6:54pm |
| Wee Kix 2nd-3 rd 2 (Tuesday Class) | TBD | 6:00pm | Arena | 7:27pm | 8:01pm |
| Wee Kix 2nd-3 rd 1 (Monday Class) | TBD | 6:00pm | Auditorium – Side B | 7:34pm | 7:46pm |
| Junior Lyrical 6th-12th | TBD | 7:15pm | Arena | 8:43pm | 8:52pm |
| Middle Kix 6 th – 7 th | TBD | 7:15pm | Arena | 9:38pm | 9:50pm |

I believe the doors will open one hour prior to the start of competition each day.

Spectator Admission: There is no admission for this event.

**Please Note: I'm not sure of where we will be meeting as of yet in the Mayo Civic Center., but I will let everyone know very soon. There will be signs to lead everyone in the right direction... :)

Here are a few other bit of information pertaining to competition:

1. Please cheer loud for our dancers!!!! Dance is an interactive experience and the louder you cheer the better our dancers do. The dancers feed off of the crowd's energy so please cheer loud!! :)
2. We are going to compete and to do our best. We love the slogan " Doing your best is more important than being the best". Please understand we might not always be placed at 1st or 2nd or 3rd but as long as our dancers go out on the competition floor and do their best that is all we ask.... :) We are proud of them no matter what!!! We also want our Sioux City group to show good sportsmanship so our dancers will be showing that and we hope parents will as well... :) Make our Sioux City program proud.. :)
3. Once you arrive at the competition on Saturday at the specified time for your dancer, they will stay with us until they compete. We recommend having your dancer eat prior to arrival or have snacks in their bag as they might not have time to leave to eat. Once they compete then we will wait for awards, do awards, and then we ask you to come out of the stands and get your dancer. We will try to do a quick team picture in between but we have to make it quick as we don't want to hold up the competition and want to stick to the schedule... :) If your dancer competes multiple times in different divisions, we will help them get changed and ready for the next routines and then they will stay with our group again. They will only go with you when they are done for the day... :) You also don't have to stay for the whole day. Once your dancer is done competing and with awards you are free to leave.
4. Why does my dancer have to be there so early if they don't compete until later in the day? Your dancer has to be at the competition at the specified time on the sheet, as we need to do a quick run through of their routine (as we will have minimal have time to practice throughout the day), and then we want them to sit with the team and watch the 1st few teams go so they can get the feel of competition. We feel this really does help. If your dancer is late please do understand they will not get their wrist band and they will not be able to compete. We have 16 teams competing at Nationals on Saturday so it

will be busy enough for my assistant and myself. We need dancers there at their specified time. Thank you for understanding.

The morning of competition you will need to have your hair and make up completed prior to arrival. If you have a hair piece or flower make sure it is bobby pinned in. All hair and makeup details are listed in this newsletter below.

Hotel information:

Courtyard by Marriott – Rochester/St Mary's-Mayo Clinic

161 131th Ave SW

Rochester, MN 55902

Phone – 507-536-0040

Practice information:

There will be no practices the evening prior. With that being said we will need to run all routines when dancers arrive at competition so we are asking you PLEASE be on time. If you are late you may not get to run through your routine. Please also remember the Sioux City program has 2 teams competing Thursday, 2 Teams Competing Fridays and 16 on Saturday. This takes a lot of energy to make this happen so please follow the guidelines we have set in place and everything will run smoothly... :)

SDS COMPETITION:

I do not have the nationals schedule for Solos/Duets yet. The day they will be competing is listed below...

All Seniors/Juniors – Wednesday April 24th

All Middles – Thursday April 25th

HAIR AND MAKE-UP GUIDELINES:

Hair:

-All 2nd-12th dancers will wear a low bun, parted in the middle with a bun builder. We are going for a "wet" look. Please Use Gel, Hairspray, and Hair wax.

Makeup:

All Levels (2nd-12th grade):

- Smokey Eye (black/silver)
- red lipstick- Pretty girl lip paint
- Rose colored blush

I know some of the older girls like to wear eyeliner, mascara, foundation and so on and that is fine but is not required.

- **Please no glitter!**
- NO jewelry or nail polish or fake nails, so please don't get your nails done the day before... ☺
- **Let me know if you have any questions. (712)899-0991 ~ Coach Stefanie**
-

Packing list:

Checklist for all:

- ___ min. 2 ponytail holders
- ___ tons of bobby pins
- ___ bun builder
- ___ knowledge of routine(s)
- ___ Hairspray
- ___ Foundation/Make up
- ___ Positive Attitude
- ___ Knowledge of routines

2nd-3rd Wee Kix 1:

- ___ Light it Up Biketard
- ___ Iridescent Black Rhinestone Bow
- ___ Tan jazz shoes
- ___ Tan tights

2nd-3rd Wee Hip Hop:

- ___ Black Tank leo
- ___ Sequin Panel Windbreaker
- ___ Black Foil Shorts
- ___ Iridescent Black Rhinestone Bow
- ___ Pink Glossy Sneaker
- ___ Tan Tights

2nd-3rd Wee Kix 2:

- ___ Light it Up Biketard
- ___ Iridescent Black Rhinestone Bow
- ___ Tan jazz shoes
- ___ Tan tights

4th-5th Mini Hip Hop:

- ___ Look At Me Sparkle Jacket
- ___ Black high waist leggings
- ___ White Spark Sneakers
- ___ Black Tank Leo
- ___ Small Rhinestone Bow

2nd-3rd Wee Hip Hop BOYS:

- ___ Cant Cage Me Hip Hop Tee
- ___ Black Hip Hop pants
- ___ Black Gloss Sneakers

4th-5th Mini Kix:

- ___ Lime Light Biketard
- ___ Black/Gray Flower Clip
- ___ Tan Tights
- ___ Tan jazz shoes

2nd-5th Mini Jazz:

- ___ Miracles Happen Biketard
- ___ **CLEAR STRAP BRA (for those who need a bra)**
- ___ Tan jazz shoes
- ___ Tan tights
- ___ Rhinestone Oval Barrette

2nd-5th Mini Lyrical:

- ___ This Years Love Dress
- ___ Tan jazz shoes
- ___ Tan tights
- ___ Rhinestone Flower Barrette
- ___ **TAN UNDERWEAR**
- ___ **CLEAR STRAP BRA (if needed)**

2ND-5TH Mini Pom:

- ___ Silver Bow
- ___ Heartbreaker Biketard
- ___ **SET OF 2 4" SILVER POMS**
- ___ Tan Tights
- ___ Tan jazz shoes
- ___ **CLEAR STRAP BRA (for those who need a bra)**

8th-9th Junior Kix:

- ___ Tan jazz shoes
- ___ Tan Tights
- ___ Rhinestone Snap Clip
- ___ **CLEAR STRAP BRA**
- ___ Karma Biketard

6th-7th Middle Hip Hop:

- ___ Denim Sequin Jacket
- ___ White Spark Sneaker
- ___ Black High Waist Leggings
- ___ White Tank Leo

6th-7th Middle Kix:

- ___ When it Falls Biketard
- ___ Black/ Pink Flower clip
- ___ Tan Tights
- ___ Tan jazz shoes
- ___ **CLEAR STRAP BRA**

8th -12th Senior Hip Hop:

- ___ White Sweatshirt
- ___ Black High Waist Leggings
- ___ **BLUE/SILVER NY TANK**
- ___ White Spark Sneaker

6th-12th Dream Team Lyrical:

- ___ Mauve Lyrical Dress
- ___ Wide Rhinestone Barrette
- ___ **CLEAR STRAP BRA**
- ___ Body tights
- ___ Tan adage turners
- ___ Rhinestone Earrings

6th-12th Starmakers Jazz:

- ___ Blue Leotard
- ___ Tan transition tights
- ___ Tan adage turners
- ___ TWO Rhinestone Snap Clips
- ___ **CLEAR STRAP BRA**
- ___ Rhinestone Earrings

9th-12th Senior Kix:

- ___ Cover Me in Diamonds Biketard
- ___ Tan jazz shoes
- ___ Rhinestone Snap Clips
- ___ Tan Tights

6th-12th Dream Team Hip Hop:

- ___ Take the Journey With Me Leo
- ___ Rhinestone Earrings
- ___ Black Cargo Pants
- ___ Black Glossy Sneakers
- ___ **CLEAR STRAP BRA**

Middle Hip Hop 7th BOYS:

- ___ White Spark Sneakers
- ___ Cant Cage Me Hip Hop tee
- ___ Black Hip Hop pants

6th -12th Senior Pom:

- ___ Tan Tights
- ___ **1 4" SILVER POM**
- ___ **1 4" BLUE POM**
- ___ Tan adage turners
- ___ **Custom Biketard**
- ___ **CLEAR STRAP BRA**
- ___ **Rhinestone Snap Clips**

6th-8th Rising Star Jazz:

- ___ Near To You Biketard
- ___ **CLEAR STRAP BRA**
- ___ Tan transition tights
- ___ Tan adage turners
- ___ Rhinestone Snap Clip

7th-12th Dream Team Jazz:

- ___ Orange Floral Leo
- ___ Tan transition tights
- ___ Tan adage turners
- ___ Oval Rhinestone Barette
- ___ Rhinestone Earrings
- ___ **CLEAR STRAP BRA**

6th -12th Junior Lyrical:

- ___ Red Lyrical Dress
- ___ Oval Rhinestone Barette
- ___ **CLEAR STRAP BRA**
- ___ Tan transition tights
- ___ Tan adage turners