

2017

# SOLO DUET & SMALL GROUP COMPETITION



## SOLO/DUET/TRIO/SMALL GROUP RULES & REGULATIONS

We are excited to announce that Just For Kix is offering a Solo/Small Group competition for dancers interested in additional competition. Listed below you will find general rules and regulations for these competitions. Also you will find the styles and division levels available to compete in.

### 2017 Solo/Duet/Trio/Small Group Competitions:

**Eastview High School**  
(Apple Valley, MN)  
Sunday, Feb 26th 2017

**Alexandria High School**  
(Alexandria, MN)  
Sunday, April 2nd 2017

### Register

Entries for the Solo/Duet/Trio/Small Group competition must be received **on or before:**

**January 15th, 2017** - Eastview

**March 1st, 2017** - Alexandria

Register online at [www.justforKix.com/twd](http://www.justforKix.com/twd)

### Divisions

- Solo (1 dancer) will be one division.
- Duet (2 dancers), Trio (3 dancers), Small Group (up to 6 dancers) will be another division.  
Wee: 2-3.5      Mini: 3.5-5.5      Middle: 5.51-7.5  
Junior: 7.51-9.5      Senior: 9.51-12

Note: For Duet/Trios or Small Groups, the average age determines the grade division into which you compete. Add the grades of all contestants, and then divide by the number of contestants.

*Members of the group must be active and currently registered Just For Kix dancers, with accounts in good standing.*

### Categories

Categories will be broken down based on the number of entrants. The breakdown will go as such:

- Division – Solo's will be one division. Duet/Trio and Small Groups will be in another division. Limit for Small Groups of four participants.
- Average Grade:  
Wee 2-3.5      Mini: 3.5-5.5      Middle: 5.51-7.5  
Junior: 7.51-9.5      Senior: 9.51-12

In the event of low participation divisions may be combined in order to allow for adequately sized divisions.

### Time Limits – 1:30-2:15 minutes

An automatic point deduction of one point for every 5 seconds under/over the time limit will be observed.

**Music** – Music/Song choice must be appropriate. Please take time to be sure the lyrics and content of the music chosen is in good taste. Just For Kix prides itself on our conservative music choices, and would like those competing in this event to choose music appropriately as well.

- Each entry will be required to record their own music on an individual CD.
- There must be one routine/song per CD, clearly labeled with the dancer's name, name of the routine, age division, performance division, and JFK class location name.
- All music should be recorded at proper speed. For EMERGENCY, you must have 1-2 duplicate recordings available at the competition.
- **MUSIC MUST BE SUBMITTED PRIOR TO THE COMPETITION.** Music can be mailed to the home office, properly labeled as stated:

Just For Kix Attn: Solo/Small Group Competition  
7842 College Road  
Baxter, MN 56425

## Entrants

Entries will be accepted on a first come, first served basis and will be limited to the amount of performance time available. JFK reserves the right to add additional competition time or eliminate the competition due to unforeseen circumstances. All registrations should be made through our website, directions to submit will be announced when available.

## Fees

Entry fees are as follows:

- **\$80.00 for each Solo entrant** – 1 dancer total
- **\$40.00 for each Duet entrant** – 2 dancers total
- **\$27.00 for each Trio entrant** – 3 dancers total
- **\$20.00 for each Small group entrant** – 4-6 dancers total

These fees go to cover facility cost, judges, other individuals working at this event, etc. We are proud to be able to offer this event at MUCH lower fees than most competitions of this type.

## Performance Styles

- Jazz – Routine using Jazz technique and skills.
- Lyrical – Routine encompassing the use of balance, flexibility and control using the lyrics or mood of the music.
- Hip Hop – Routine using this popular style of urban street dancing. Hip hop has many techniques and sub-styles that make up a vast genre.

## Choreography

Choreography should fit the music and include appropriate steps and movements. Inappropriate or suggestive movement will receive deductions.

- Program Directors CANNOT help choreograph the routines. They can however help in the cleaning or polishing process of the routine. We do this so that the directors do not feel obligated to help when they are many times already stretched for time.
- Just For Kix facilities or class time CANNOT be used for Solo/Small Group routines.
- Your Just For Kix class routine can not be used for the competing routine.

General Props are Allowed: No dangerous props may be used such as fire, swords, knives or live animals. No form of liquids (including water) gels, aerosols, glitter, or confetti, etc, which may affect the dance floor surface may be used during a routine. Props must not affect or incur damage to the performance floor.

## Gymnastics

Gymnastics are only allowed in which legs or hands remain on the floor. For example, cartwheels, walkovers or somersaults are allowed, but a back/front flip, round off or handsprings are not.

## Costumes/Uniforms

Costuming can be selected to match the song chosen to perform to. Dancers may use their Just For Kix uniform or provide their own. Costumes/Uniforms should be modest and conservative. We want to continue with the All American clean cut look that JFK prides itself on.

## Performing

A performance order will be created prior to the competition based on number of entrants and divisions.

- Dancers will be given the order and approximate times a minimum of 2 weeks prior to the event.
- Dancers will line up in the chute, similar to the team events hosted at the facility. Dancers are allowed to have a chaperone with them (parent, Director, etc), but it is not required. Dancers will enter onto the floor when the chute manager indicates. Timing of the routine will start when the music begins and stop when the music ends.
- Routines may only be re-performed in the case of technical difficulties or injury. In this case the dancer will be moved to the end of the performance order.
- All contestants grant permission to Just For Kix to use their photographs to appear on local and/or national print to promote its competitions.

## Awards

Awards will be given to each participant. The top one third of each division will receive an award based on placement. Awards will also be given for total points awarded to each dancer, further details on awards will be announced closer to the event. A panel of judges scores determine final placement.

## Other

- Please note that each dancer should register individually via the website. The rules will be evaluated and enforced on an individual basis, based on what is best for all parties involved.
- Sportsmanlike behavior is expected at all times. Failure to display proper decorum by the dancer(s) or their parent(s)/guardian(s) could result in immediate disqualification. JFK and the hosting facility are not responsible for personal injury or property loss.

**PLEASE MAKE SURE YOU HAVE READ OVER EVERYTHING CAREFULLY.**

## Solo/Duet/Trio/Small Group Judging Sheet Criteria

Attached you will find an example of the Judging Sheet. Here are a few notes about each category.

**Technique & Execution:** This category is where dancers are scored on how they are doing what they are doing. Are they performing the skills in their routines with proper technique. This involves proper positioning, timing and rhythm, flexibility, extension, control etc.

**Choreography & Content:** In this category dancers are scored on the routine they are performing. Do they use the floor? Is their variety? How difficult is the routine? Does it flow well? Have they used the music well? etc.

**Showmanship:** This category focuses on the performance of the dancer. Are they connecting with the audience? Are they using facial expression consistently and does it fit the routine? They are also scored on energy level, confidence, memory of the routine etc.

**Appearance:** This category scores dancers on their overall appearance. This is not a beauty contest so we are not scoring our favorite costume, the most expensive costume or the most glitzy costume, it is simply noting whether the dancer took time to do their hair, that their uniform is clean and put together, that it is appropriate for the competition, fits their routine and that if they wear make-up it is appropriate. Make-up is not required and dancers will not be penalized for not wearing it.

## Frequently Asked Questions

Q: My dancer's cousin is not a Just For Kix dancer; can she be part of the duet?

A: Unfortunately, no. We are limiting this event to registered and active JFK dancers only.

Q: Can we use choreography from a Just For Kix dance?

A: You cannot use an entire routine, but as with most individual choreography, it is acceptable to utilize 2-3 eight counts of choreography.

Q: Can my dancer wear their Just For Kix class costume?

A: Absolutely. Costuming is a small portion of the judging, and if it matches the style of the routine that is just fine.

Q: We originally registered as a duet, and now decided to compete as a small group. Can we change our division?

A: Please call the Home Office to check on the possibility of any changes, 218-829-7107, M-F, 8:00am-4:30pm.

Q: Can we hire an outside choreographer?

A: Yes. We want the dancer to be active in the choreography process, but you are welcome to use any means aside from your current Director or Head Instructor.

Q: Why can't our Director or Head Instructor help with choreography?

A: We have chosen to not allow our Directors or Head Instructors be part of the choreography process for a few simple reasons. We don't want them to be accused of favoritism (selecting a better song for one dancer over another, or coming up with better choreography for one dance over another). Also, some Directors simply do not have the extra time in their scheduled for extra lessons with their prior commitments.



**SOLO**  
**DUET & SMALL**  
**GROUP**  
**COMPETITION**



<b>Solo/Duet Judging Sheet</b>		Performer(s):	
<i>key: Circle (0) means needs improvement, Plus (+) means superior</i>			
Category		Maximum	Score
Technique & Excecution		<b>40</b>	
Turns	Timing & Rhythm	Control	
Leaps	Extension		
Feet	Alignment		
Leg positions	Arm Postitions		
Head/placement	Timing/Rhythm		
Overall Technique	Flexibility		
Choreography & Content		<b>30</b>	
Variety	Musical Interpretation		
Use of floor	Effectiveness		
Difficulty	Flow		
Showmanship		<b>20</b>	
Carriage	Memory		
Facial Expression	Body Projection		
Eye Contact	Extention		
Energy Level	Poise		
Confidence	Strength Behind movement		
Appearance		<b>10</b>	
Appropriateness of costume	Make-up		
Grooming			
Judges Name:	Totals	<b>100</b>	