



# 2017 SUMMER DANCE CLASS

# Let's DANCE!

CELEBRATING **35** YEARS OF EXCELLENCE



Dancers learn our special brand of choreography, in an inclusive environment, where dance and respect work hand in hand through a passion shared.

**REGISTER ONLINE:**  
[www.justforkix.com/danceclasses](http://www.justforkix.com/danceclasses)

**FOR CLASS DETAILS, CONTACT**  
Bethany Morrisey | 507-398-4030 | rochester\_mn@justforkix.com

**AT JUST FOR KIX,  
DANCERS SHINE.**

- ★ Focused on Teamwork
- ★ Fun, Organized & Economical
- ★ Conservative Costume & Music Choices
- ★ Great for Self Esteem
- ★ Respectful, Friendly & Fair



# 2017 JUST FOR KIX SUMMER CLASS DESCRIPTIONS

**Ballet/Stretch:** Ballet is the foundation of all dance and is highly encouraged for all ability levels. This class will focus on ballet fundamentals and increasing flexibility through barre work, centre work, and across the floor. Dancers will gain knowledge and strength applicable to their turns, leaps, kicks, and jumps.

**Beginner Jazz and Technique:** This class is great for the dancer interested in learning basic technique and choreography for jazz or new to dance team. Dancers will work on learning and developing stronger turns, leaps, and jumps while also learning fun jazz combinations/routine.

**Beginner High Kick:** The primary focus of this class will be precision kick, a very competitive and popular style of dance for High school dance teams. Dancers will also be introduced to the basics of ballet, precision movement, and stretching as well. The class is great for dancers interested in learning how to kick as well as those looking to increase their flexibility for splits and high kicks.

**"Wild About Dance" Camp:** This is a Jungle themed camp designed for PK-1st grade. During the camp, dancers will enjoy learning a fun routine, participate in Jungle/Animal themed activities and games, as well as enjoy craft time, coloring time, and face painting. Dancers can dress up too (monkeys, lion, explorers, banana, etc.) – the more creative the more fun we will have!

**Hip Hop (K-5th):** This class is an introduction class to Hip Hop for boys and girls. Class will include learning hip hop movements and choreography through across the floor work, exercises and combinations, and a routine.

**Hip Hop (5th-12th):** The primary focus of this class will be introducing and building on hip hop skills. Class will include learning more advanced hip hop movements and choreography through across the floor work, exercises and combinations, and a routine. This class is coed.

**Int./Adv. Jazz and Technique:** This class is designed to challenge dancers in their basic knowledge of jazz technique – leaps, jumps, turns and take them to the next level. Dancers will work on fine tuning jazz skills as well as be challenged through combinations across the floor. This class is highly recommended for those interested or currently on a High School dance team.

**Int./Advanced Kick:** The primary focus of this class will be taking High Kick flexibility and endurance to the next level. A quick overview of basic kick technique will be provided, however dancers registering for this class should have a basic understanding of the High Kick style. Intense stretching and strengthening will also be a core piece of this class.

**Kick/Pom Combo:** This class will focus on two styles of dance, pom and high kick. Dancers will be introduced to precision movements and skill sets in kick technique and jumps used for pom squads/ fall dance teams. This class will also learn a fun routine incorporating skills and movements learned during the week.

**Lyrical:** The primary focus of this class will be exploring and gaining the confidence to dance expressively. Dancers will learn a lyrical routine while also learning how to dance with emotion. Dancers will also learn to lengthen muscles, control body movements, and emote their feelings all in a positive, comfortable environment.

**Musical Theater:** This class will focus on the fun style of Musical Theater, where dance and theater meet. Dancers will learn the art of dramatic dance through fun exercises and an upbeat routine. This class will also have stretch, drama, and ballet components for dancers to fully understand the style.

**Tu Tu Tots (3-5 yrs):** We welcome new and returning dancers to our pre-school dance classes. This class targets our younger audience and is a great way to introduce the world of DANCE. Boys and Girls learn cooperation, rhythm patterns, and explore their creativity and musicality through fun activities and a routine all in a positive, encouraging environment.

# REGISTER FOR 2017 SUMMER CLASSES!

## PRE-SCHOOL - 12TH GRADE

June 22-24	Th, F, S	Time
"Hollywood" Youth Camp	K - 4th grade 5th-9th grade	8:30am-12:30pm 2:00-6:30pm
*Day 3 all groups 9am-12pm, followed by Camp Show!		

July 10-13	M, T, W, TH	Time
TuTu Tots	3 - 5 year olds	4:30-5:00pm
Coed Hip Hop	K - 5th grade	5:00-5:30pm
Beginner Kick	2nd - 7th grade	5:30-6:15pm
Ballet/Stretch	2nd - 12th grade	6:15-7:00pm
Int./Adv. Jazz/Technique	6th - 12th grade	7:00-7:45pm
Int./Adv. High Kick	6th - 12th grade	7:45-8:30pm

July 17-20	M, T, W, TH	Time
Lyrical/Ballet Combo	K - 5th grade	4:30-5:15pm
Beginner Jazz/Technique	1st - 7th grade	5:15-6:00pm
Ballet/Stretch	4th - 12th grade	6:00-6:45pm
Lyrical	6th - 12th grade	6:45-7:30pm
Coed Hip Hop	5th - 12th grade	7:30-8:00pm

August 5	Saturday	Time
"Wild About Dance" AM Camp		9:00-11:30am
*Campers will have short performance at end of camp.		

August 7-10	M, T, W, TH	Time
TuTu Tots	3 - 5 year olds	4:30-5:00pm
Coed Hip Hop	K - 5th grade	5:00-5:30pm
Musical Theater	4th - 12th grade	5:30-6:15pm
Ballet/Stretch	2nd - 12th grade	6:15-7:00pm
Int./Adv. Jazz/Technique	6th - 12th grade	7:00-7:45pm
Coed Hip Hop	5th - 12th grade	7:45-8:15pm

August 14-17	M, T, W, TH	Time
Pom/Kick	K - 4th grade	4:30-5:15pm
Beginner Jazz/Technique	1 - 7th grade	5:15-6:00pm
Ballet/Stretch	4th - 12th grade	6:00-6:45pm
Lyrical	4th - 12th grade	6:45-7:30pm
Pom/Kick	4th - 12th grade	7:30-8:15pm

**Registration Fee:**  
\$16.00 (non-refundable)  
\$9.00 for Siblings

**30 min class - \$38**  
**45 min class - \$41**

**All classes are held at:**  
**Just For Kix Studio**  
2130 South Broadway  
Rochester, MN 55904

