



2016 SUMMER DANCE CLASS

Let's DANCE!

CELEBRATING **35** YEARS OF EXCELLENCE



Dancers learn our special brand of choreography, in an inclusive environment, where dance and respect work hand in hand through a passion shared.

REGISTER ONLINE:

www.justforkix.com/danceclasses

FOR CLASS DETAILS, CONTACT

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AT JUST FOR KIX, DANCERS SHINE.

- ★ Focused on Teamwork
- ★ Fun, Organized & Economical
- ★ Conservative Costume & Music Choices
- ★ Great for Self Esteem
- ★ Respectful, Friendly & Fair



2016 JUST FOR KIX SUMMER CLASS DESCRIPTIONS

Ballet: Ballet is the foundation of all dance and is highly encouraged for all ability levels. This class will focus on ballet fundamentals through barre work and across the floor. Dancers will gain knowledge and strength applicable to their turns, leaps, kicks, and jumps.

Beg./Int. Jazz: This class is great for the dancer interested in learning basic technique and choreography for jazz or new to dance team. Dancers will work on learning and developing stronger turns, leaps, and jumps while also learning fun jazz combinations and a short routine.

Kick: The primary focus of this class will be precision kick, a very competitive and popular style of dance for High school dance teams. Dancers will also be introduced to the basics of ballet, precision movement, and stretching as well. The class is great for dancers interested in learning how to kick as well as those looking to increase their flexibility for splits and high kicks.

Circus Camp: This is a Circus themed camp designed for PK-1st grade. Over the four-day camp, dancers will enjoy learning a fun routine, participate in Circus themed activities and games, as well as enjoy craft time, coloring time, and face painting. Dancers can dress up as circus friends (ring leader, lion, trapeze artists, etc.) – the more creative the more fun we will have!

Hip Hop (K-5th): This class is an introduction class to Hip Hop for boys and girls. Class will include learning hip hop movements and choreography through across the floor work, exercises and combinations, and a routine.

Hip Hop (6th-12th): The primary focus of this class will be introducing and building on hip hop skills. Class will include learning more advanced hip hop movements and choreography through across the floor work, exercises and combinations, and a routine. This class is coed.

Int./Adv. Jazz: This class is designed to challenge dancers in their basic knowledge of jazz technique – leaps, jumps, turns and take them to the next level. Dancers will work on fine tuning jazz skills as well as be challenged through combinations across the floor. This class is highly recommended for those interested or currently on a High School dance team.

Int./Advanced Kick: The primary focus of this class will be taking High Kick flexibility and endurance to the next level. A quick overview of basic kick technique will be provided, however dancers registering for this class should have a basic understanding of the High Kick style. Intense stretching and strengthening will also be a core piece of this class.

Kick/Jazz Combo: This class will focus on two styles of dance, jazz and high kick. Dancers will be introduced to skill sets in kick technique, basic jumps and leaps, and turns. This class will also learn a fun routine incorporating skills and movements learned during the week.

Leaps and Turns: The primary focus of this class will be learning and practicing turns and leaps. Skills will move from isolated skill sets to fun combinations to challenge each dancer.

Lyrical: The primary focus of this class will be exploring and gaining the confidence to dance expressively. Dancers will learn a lyrical routine while also learning how to dance with emotion. Dancers will also learn to lengthen muscles, control body movements, and emote their feelings all in a positive, inviting environment.

Musical Theater: This class will focus on the fun style of Musical Theater, where dance and theater meet. Dancers will learn the art of dramatic dance through fun exercises and an upbeat routine. This class will also have stretch, drama, and ballet components for dancers to fully understand the style.

Prince and Princess Camp: This is a Royalty themed camp designed for PK-1st grade. Over the four-day camp, dancers will enjoy learning a fun routine, participate in Royalty themed activities and games, as well as enjoy craft time, coloring time, and face painting. Dancers can dress up as royalty each day as well to add some more fun to the camp!

Tiny Kix: We welcome new and returning dancers to our pre-school dance classes. This fast paced class targets our younger audience. Boys and Girls learn cooperation, rhythm patterns, and explore their creativity and musicality through fun activities and a routine all in a positive, encouraging environment.

REGISTER FOR THE 2016 SUMMER CLASS!

PRE-SCHOOL - 12TH GRADE

June 27-30	M, T, W, TH		
Prince/Princess Camp	PK-1st	4:30-5:15	\$34
Hip Hop	K-5th	5:15-6:00	\$40
Beg./Int. Jazz	1st - 7th	6:00-6:45	\$40
Beginner Kick	3rd-7th	6:45-7:30	\$40
Int./Adv. Kick	6th-12th	7:30-8:15	\$40
Int./Adv. Jazz	6th-12th	8:15-9:00	\$40

July 18-21	M, T, W, TH		
Hip Hop	K-5th	4:30-5:00	\$37
Tiny Kick	3-5 yr	5:00-5:30	\$37
Beg./Int. Jazz	2nd-7th	5:30-6:15	\$40
Ballet	2nd-12th	6:15-6:45	\$37
Lyrical	4th-12th	6:45-7:30	\$40
Int./Adv. Jazz Technique	6th-12th	7:30-8:15	\$40

August 8-11	M, T, W, TH		
Circus Camp	PK-1st	4:30-5:15	\$34
Hip Hop	K-5th	5:15-5:45	\$37
Beg./Int. Jazz	2nd-7th	5:45-6:30	\$40
Beg./Int. Kick	3rd-7th	6:30-7:15	\$40
Lyrical	4th-12th	7:15-7:45	\$37
Int./Adv. Jazz	6th-12th	7:45-8:30	\$40

August 15-18	M, T, W, TH		
Jazz/Kick Combo	K-3rd	4:30-5:15	\$40
Leaps and Turns	3rd-7th	5:15-6:00	\$40
Ballet	4th-12th	6:00-6:30	\$37
Musical Theater	4th-12th	6:30-7:15	\$40
Leaps and Turns	6th-12th	7:15-8:00	\$40
Hip Hop	6th-12th	8:00-8:45	\$40

**One time registration Fee for the entire
2016-2017 dance season:**
\$16.00*
\$9.00 for Siblings*
*on-refundable

All classes are held at:
Bethel Lutheran Church
810 3rd Ave SE Rochester, MN

