Happy Holidays



Dear Dancers and Parents,

I hope you and your dancer are enjoying the year so far. I am so proud of the progress each class is making. We are quickly approaching the start of our performance season. The teams are excited to show you what they have been working so hard on.

Communication is key to a successful season. Please refer to this newsletter, our website justforkix.com/danceclasses, and my emails for details you need to know. Although class nights can be busy, please feel free to contact me outside of class time. The best time to reach me by phone is from 9 a.m. - 3 p.m. Mon.-Fri. (call or text) at 701-371-1050. You may also contact me by email. Your guestions, comments and concerns are important to me.

**Director: Barb & Carly Ness** Phone: 701-371-1050 E-Mail: kindred\_nd\_nd@justforkix.com Web: justforkix.com/danceclasses

### November & December 2016 • Kindred

# FOR KX DANCE NEWS

#### Classes and Performance Notes NOTES FOR DANCERS

Dancers must come to practice with dance shoes or tennis shoes (No bare feet or slippery socks). Hair needs to be pulled back in a ponytail or a headband. LABEL dance shoes on the inside for identification.

STRETCHING DAILY – Flexibility doesn't come with once a week stretches. We encourage all dancers to relax and stretch daily as they are instructed to do so at class.

WATER BOTTLES (please label): We encourage dancers (4TH -12TH GRADE) to bring a water bottle to class each week. Please remember, NO GUM, CANDY OR FOOD IN DANCE! After school snacks may be eaten before class.

SOLICITATIONS: Please do not have your dancer bring fundraisers to class. Since we cannot possibly buy something from everyone, this becomes very uncomfortable and we don't want hurt feelings. Thanks for understanding.

PAYING ATTENTION AT CLASS: It is so important for dancers to LISTEN to the coaches and not to visit with teammates distracting them from learning. If they are too distracting, they may be asked to sit out and parents will be contacted. Please have a conversation with your dancer about this.

#### CANCELLATIONS

As we enter the winter season, weather related cancellations can become an issue. We follow the school policy. If school has been cancelled or let out early, we will not hold class. If you are in doubt as the weather conditions are worsening throughout the day, please know we will post any cancellations on local TV and radio stations (KVLY & WDAY), our JFK website & facebook, and will send and/or siblings in the room. Thank you. out an email and/or text parents - PLEASE register for Remind 101. Often, we need to make this call early in the day and based on the TEAMWORK information we know. Please always use your best judgement based on the conditions and where you live.

#### UNIFORMS

Uniforms are being delivered on a weekly basis right now. If you receive your uniform at class, please try it on as soon as possible. If the uniform does not fit, and needs to be exchanged please complete the form on the back of the invoice and follow the return/exchange directions. Uniforms cannot be exchanged if they have been worn, are dirty or damaged. Tights can not be returned if they have been opened.

#### DANCER PICK UP

Parents - When picking up or delivering your dancer from class, please enter the memorial building quietly and refrain from visiting. Please enter no sooner than the last 5 minutes of class. It is a huge distraction to these young dancers, and we want to make the most of our class time as possible. Classes run back to back; so it is important that dancers find their personal items quietly and quickly and exit the building - while we are taking attendance for the next class. Please try to be timely to reduce stress for your dancer and keep classes running smoothly. If your dancer is in the last class of the day, please be on time. We need to lock the building and are concerned for the safety of each of these young dancers. Thank you.

#### ATTENDANCE

Please make an extra effort to be at class each week. For grades 4th-12th - Numerous missed practices prior to an event may result in the dancer being pulled from that performance/event. Dance team is a team sport. Poor attendance not only impacts the individuals' ability to perform well, but also inhibits the rest of the team and makes it difficult to do formation work. Regular attendance is an expectation. If a dancer must be absent, we ask that a parent notify us. If possible, the dancer should contact another teammate to find out what was taught and come prepared to continue on the routine.

Over the years, we have found that the most productive way to run classes is without distraction from parents, grandparents

One of our main focus areas at class is the concept of teamwork. We try to work lessons relating to the responsibilities, challenges and benefits of being part of a team into our weekly classes. You can reinforce these concepts at home by helping your dancer to think about how important they are to their team and how their actions related to practice, attendance and attitudes toward fellow team mates can have a negative or positive effect on the team as a whole. This concept helps dancers to feel a part of something bigger then themselves and helps them to develop thinking processes, leadership and motivational skills that will benefit them throughout their lives.

#### MONTHLY PAYMENTS

There are two easy ways to make your payments:

1. Online Payment System at

justforkix.com/danceclasses. This is the fastest, easiest way to make payments and manage your dancer's account.

\* \$10 late fee will be assessed to late payments. Select "Auto Pay" to set up recurring payments to avoid late fees.

#### 2. Call Payments in to the Home Office.

218-829-7107 Mon. - Fri. 8:00am - 4:30pm (CST)We can take credit or debit card payments over the phone.

\* Student accounts must be current to perform in the Winter Show. Any student with a balance due will not be eligible to perform with their team.

### **UPCOMING EVENTS**

More details will follow on these events but we wanted to get the dates out to you so that you can mark your calendar now.

Sun. Dec. 4th 3 p.m. - Winter Show @ Kindred Elem. S. Gym (All Teams Perform)

Sat. March 4th - Wahpeton TWD (Mini & Jr. Teams Compete)

Sat. April 1st - Valley City TWD (Mini & Jr. Teams Compete)

Sun. April 23rd - Spring Show TBD



\* By giving us your check, please be aware that you are authorizing Just For Kix to make a one-time electronic debit from your account at the financial institution indicated on your check. This electronic debit will be for the amount of your check. No additional amount will be added to the amount.

	SUN	MON	TUE	WED	THU	FRI	SAT
			CLASS FEES DUE 1 PRACTICE	2	3	4	5
	6	7 PRACTICE	8 PRACTICE	9	10	11	12
	13	PRACTICE 14	15 PRACTICE	16	17	18	19
	20	PRACTICE 21	PRACTICE 22	23	24	25	26
	27	PRACTICE 28	PRACTICE 29	30			

SUN	MON	TUE	WED	THU	FRI	SAT
				CLASS FEES DUE 1 WEAR A JFK T-SHIRT TO SCHOOL DAY	2 BB PERFORMANCES - Tiny Kix, Wee Petites, Wee Kix	3
4 WINTER SHOW - 3 p.m. Kindred Elemen- tary South Gym. All Teams Perform	PRACTICE 5	PRACTICE 6	7	8	9	10
11	PRACTICE 12	PRACTICE 13	14	15	16	17
18	19 PRACTICE	20 PRACTICE	21	22	23	24
25 MERRY CHRISTMAS	26	27	28	29	30	31

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• Remember • Early is on Time On Time is Late!