

CLASS DESCRIPTIONS FOR 2025-2026

NEW FOR 25-26!

ELITE TWINKLERS & SHOOTING STARS! These teams will be chosen by audition prior to registration opening.

ELITE MINI HIP HOP! This team will be chosen by audition prior to registration opening.

PETITE POM! Pom class for grades K-1st. Team will go to one competition **IF** there is a pom category for their age. Dancers must be enrolled in a core Wee Petites or Firecrackers class to add pom.

WEE LYRICAL! Lyrical class for grades 2-3. This is a competitive team. All dancers must be enrolled in a core Showstoppers class to add lyrical. Team will compete 2-3 times per season.

CORE CLASSES: How JFK began! These classes work on routines, basic dance skills & teamwork, all while having fun!

Tiny Kix 3 year olds: core class for dancers who are 3 years old or close to 3 years olds. Dancers must be 3 by 9/1/25. Dancers learn teamwork, rhythm, basic dance skills. They use a variety of props and equipment to stay engaged in learning. Dancers perform at least 3 times per season. Non-competitive.

Tiny Kix 4-5 year olds: core class for dancers who are PreK 4 & 5 years old. Dancers must be 4 by 9/1/25. Dancers build basic dance skills, flexibility, musicality, balance, and teamwork. Dancers perform at least 3 times per year. Non-competitive.

Wee Petites: core class for dancers in kindergarten or 1st grade. Dancers learn basic dance skills, flexibility, teamwork. This class will have more formation work and build to more difficult skills. Dancers perform at least 3 times. Non-competitive.

COMBO CLASSES: Jazz & Kick Combined Classes: work jazz & kick routines, kick & jazz skills/technique & teamwork! All combos are competitive teams. Combo is the only option for dancers 4th grade and up; we have phased out Mini Kix, Middle Kix and Junior Kix due to the popularity of combo classes. If your dancer's combo does an evaluation, you will be sent a separate email on evals.

Firecrackers Combo: K & 1st grade: This is a Wee Petites core class and jazz class in one! Dancers will learn core kick skills and routines and also add jazz skills and routines. Dancers will perform at least 3 times. Team will go to 1 competition **IF** there is a jazz category for their age.

Showstoppers Combo: 2nd & 3rd grade: This is a Wee Kix core class and jazz class in one! Dancers will learn core kick skills and routines and also add jazz skills and routines. Dancers will perform at least 3 times. This is also a **COMPETITIVE TEAM!** Team will compete 2-3 times in the jazz AND kick categories at competitions.

Twinklers Combo 4th & 5th grade: This is a Mini Kix core class and jazz class in one! Dancers will learn core kick skills and jazz skills, as well as routines in both styles. Class will also perform at least 2 times. This is also a **COMPETITIVE TEAM!** Team will compete 2-3 times in both the jazz and kick categories at competitions.

Shooting Stars Combo 6th & 7th grade: This is a Middle Kix core class and jazz class in one! Dancers will learn core kick skills and jazz skills, as well as routines in both styles. This team will compete at least 3 times in both kick and jazz categories. Class will also perform at least 3 times.

Rising Stars Combo: 8-12th grade: This is a Junior Kix core class and jazz class in one! Dancers will learn core kick skills and jazz skills, as well as routines in both styles. This team will compete at least 3 times in both kick and jazz. Class will also perform at least 3 times.

Starmakers: Audition only team. Dancers who have completed their 7th grade year in JFK can try out for Starmakers. Starmakers compete in kick, jazz and lyrical and Senior Showcase at Rochester Nationals.

HIP HOP TEAMS: a core or combo class is required to add hip hop.

Petite Hip Hop: hip hop class for K-1st grade. Class will perform at least 3 times. Team will also go to 1 competition **IF** there is a hip hop category for their age. Dancers in Petite Hip Hop must also be enrolled in a core or combo class: Wee Petites or Firecrackers.

Wee Hip Hop: hip hop class for 2nd-3rd grade. Class will perform at least 2 times. This is also a COMPETITIVE TEAM! Team will compete 2-3 times per season. Dancers in Wee Hip Hop must also be enrolled in Showstoppers.

Mini Hip Hop: hip hop class for 4-5th grade. Class will perform at least 2 times. This is also a COMPETITIVE TEAM! Team will compete 2-3 times per season. Dancers in Mini Hip Hop must be enrolled in Twinklers.

Junior Hip Hop: hip hop class for 6-12th graders. Class will perform at least 2 times. This is also a COMPETITIVE TEAM! Team will compete 4-6 times per season. Dancers in Junior Hip Hop must be enrolled in a combo class.

Elite Hip Hop: Audition only team for 7-12th graders. Team will be chosen by audition prior to registration opening.

LYRICAL: ALL TEAMS ARE COMPETITIVE. A combo class is required to add lyrical.

Mini Lyrical: 4th-5th grade. Class will perform at least 2 times and compete at least 3 times.

Middle Lyrical: 6th-7th grade. Class will perform at least 2 times and compete at least 5 times.

Junior Lyrical: 8-12th grade. Class will perform at least 2 times and compete at least 5 times.

POM TEAMS: ALL TEAMS ARE COMPETITIVE. A combo class is required to add pom.

Wee Pom: pom class for 2-3rd grades. Dancers will need to purchase a uniform and poms. Dancers are responsible for bringing poms to class each week. Dancers **MUST** be enrolled in a core Showstoppers class or Wee Kix to add Wee Pom. Team will perform at least 2 times per season and compete 2-3 times.

Mini Pom: pom class for 4-5th graders. Dancers will need to purchase a uniform, poms and 1 pound wrist weights.. Dancers are responsible for bringing weights and poms to class each week. Team will perform at least 2 times per season and compete 2-3 times.

Elite Mini Pom: pom class for 4-6th graders chosen by audition. Dancers will need to purchase a uniform, poms and 1 pound wrist weights.. Dancers are responsible for bringing weights and poms to class each week. Team will perform at least 2 times per season and compete 4-6 times.

Middle Pom: pom class for 6-7th graders. Dancers will need to purchase a uniform, poms and 1 pound wrist weights.. Dancers are responsible for bringing weights and poms to class each week. Team will perform at least 2 times per season and compete 4-6 times.

Junior Pom: pom class for 8-12th graders. Dancers will need to purchase a uniform, poms and 1 pound wrist weights.. Dancers are responsible for bringing weights and poms to class each week. Team will perform at least 2 times per season and compete 4-6 times.

Elite Pom: pom class for 7-12th graders who are chosen by audition. Dancers who do not want to try out should register for Junior Pom. Dancers will need to purchase a uniform, poms and 1 pound wrist weights.. Dancers are responsible for bringing weights and poms to class each week. Team will perform at least 2 times per season and compete 4-7 times and compete in the Pom Showcase at Rochester Nationals.

TECHNIQUE CLASS

We highly recommend dancers take technique class. This class works technique, body placement, skills, and flexibility. Technique class is mandatory for Elite teams.

ACRO FOR DANCE

Acro for Dance is a great class for dancers wanting to up their strength and flexibility. Dancers will also learn gymnastics skills that could enhance a dance routine. Cartwheels, walkovers, handstands, hip hop tricks/stunts, and aerials are becoming increasingly more popular in dance routines and we want to be able to incorporate these skills into routines, solos, and small groups. This is not a full gymnastics class; only tumbling. No beam, bars, vault, etc....