

# FIRE

*fuel the*

# STORM LAKE, IA

## JUST FOR KIX DANCE CAMP JUST FOR KIX DANCE CAMP

### Buena Vista University

Lamberti Recreation Center  
610 West 4th Street  
Storm Lake, IA 50588

## JUNE

22ND-25TH, 2026

**Dorm Student:** \$536

**Commuter Student:** \$431

**Dorm Coach:** \$536

**Commuter Coach:** \$431

**\*Prices reflect the \$20 discount before June 12th registration deadline.**

**PRICES GO UP ON JUNE 12th, June 11<sup>th</sup> is the last day to receive the discount.**



### LOCATION

This camp is located on the beautiful campus of Buena Vista University in North Western Iowa with views of Storm Lake. (approximately 3 hours from Minneapolis). Near Spirit Lake & Lake Okoboji. Camp will take place in the Lamberti Recreation Center.

### FACILITIES

All facilities are air conditioned! Daily warm ups are in the main gym. Break out practice areas include; 2 stages, 2 ballrooms, 3 field house gyms and the main gym.

### ACCOMMODATIONS

Teams are allowed to stay in the air conditioned dorms.

### DINING

Meals take place in a beautiful dining hall that overlooks the football field and lake. All you can eat meals with numerous choices of main dishes, salad bar and delicious desserts.

### CAMP DIRECTOR

Veteran staff member and Head Coach of the University of Minnesota - Duluth Dance team, Alli Mackner, is at the top of her game teaching classes for both coaches and athletes at Just For Kix Camp!



**Alli Mackner**

Camp Director | Just For Kix  
alli.mackner@justforkix.com





# JUST FOR KIX DANCE CAMP JUST FOR KIX DANCE CAMP

## DAY 1

### SPIRIT DAY!

Show us your team spirit!

- All Students check in at Lamberti Rec Center.
- Sign up for what you'd like to work on during private coaching
- Turn in your music for Home Routine Show
- Arrive dressed in dancewear and bring water bottles
- Remember to EAT before you arrive
- Check out the JFK Camp Store

9:30 - 10:30 Registration in Field House  
 10:30 - 10:45 Opening Meeting  
*Notes: Meet the Director*  
 10:45 - 11:55 Warm Up & AM Fun Jam  
 12:00 - 12:25 Demo for Class #1  
 12:40 - 1:40 **Class #1**  
 1:40 - 2:00 Snack Time - teams get a break to re-fuel. Bring a snack from home.  
 2:05 - 2:20 Demo for Class # 2  
 2:35 - 3:35 **Class #2**  
 3:50 - 4:05 Demo for Class #3  
 4:20 - 5:20 **Class #3**  
 5:30 - 6:30 DINNER  
**Red** 5:30  
**Green** 5:50  
**Yellow** 6:10  
 7:00 Home Routine Show  
*Camp Store open for 30 mins after Home Routine Show*  
 10:00 Be in Dorm Room  
 10:30 Room Check Lights Out!

## DAY 2

### TEAM SPIRIT DAY!

Show us where you are from and stand out at the camp show in your school colors!

8:00 - 9:00 Breakfast in Cafeteria  
**Yellow** 8:00  
**Red** 8:20  
**Green** 8:40  
 9:15 - 10:30 Stretch, Strength & AM FUN JAM  
 10:40 - 11:40 **Class #1**  
 11:50 - 12:50 **Class #2**  
 12:50 - 1:50 LUNCH -  
**Green** 12:50  
**Yellow** 1:10  
**Red** 1:30  
*Captains meeting will be held in Coaches room at 1:15 PM*  
 2:00 - 2:40 **Special Sessions**  
 2:50-3:50 **Class #3**  
 4:00-5:00 Private Coaching (Group 1 for 30 mins. Group 2 for 30 mins.)  
 5:05 - 5:20 Camp Game/Team Building  
 5:30-6:30 DINNER  
**Red** 5:30  
**Green** 5:50  
**Yellow** 6:10  
 6:45 Contestants meet for contest  
 7:00 Kick, Leaps, Turns Toe Touch & Improv Contest  
*Camp Store open for 30 mins after Contest*  
 10:00 Be in Dorm Room  
 10:30 Room Check Lights Out!

## DAY 3

### FUNNY FORMER FAD DAY!

Think throwback Thursday vibes. Take a FAD and bring it back to life!

8:00 - 9:00 Breakfast in Cafeteria  
**Red** 8:00  
**Green** 8:20  
**Yellow** 8:40  
 9:15 - 10:30 Roll Call cheers, Stretch & Strengthening, AM FUN JAM  
 10:40 - 11:40 **Class #1**  
 11:50 - 12:50 **Class #2**  
 12:50 - 1:50 LUNCH -  
**Yellow** 12:50  
**Red** 1:10  
**Green** 1:30  
*Senior Non-captain meeting will be held in Coaches room at 1:15 PM*  
 2:00 - 2:40 **Special Sessions**  
 2:50-3:50 **Class #3**  
 4:00-5:00 Private Coaching (Group 1 for 30 mins. Group 2 for 30 mins.)  
 5:05 - 5:20 Camp Game/Team Building  
 5:30-6:30 DINNER  
**Green** 5:30  
**Yellow** 5:50  
**Red** 6:10  
 6:45-7:15 AM FUN JAM & TEAM TIME (Meet with your Staff Leader)  
*Camp Store open for 30 mins after Team Time*  
 10:00 Be in Dorm Room  
 10:30 Room Check Lights Out!

## DAY 4

### TEAM SPIRIT DAY!

Show us where you are from and stand out at the camp show in your school colors!

8:00 - 9:00 Breakfast in Cafeteria  
 9:00 - 9:50 Roll Call cheers, Stretch & Strengthening, Announcements  
 10:00 - 10:30 **Class #1**  
 10:40 - 11:10 **Class #2**  
 11:20 - 11:50 **Class #3**  
 11:50 - 12:15 Prepare for Show (Bring a snack from home to "refuel" before the show)  
 12:15 **FINAL SHOW**

After the Show Pack up your dorms and turn in keys!

- *Just For Kix Camp Store is open immediately following the show for last minute purchases!*
- See you next year----drive safely!
- HAVE AN INCREDIBLE SEASON!

STAY UP TO DATE ON WHAT'S HAPPENING AT JUST FOR KIX!

Like us on Facebook  
 Follow us on TikTok @officialjustforkix  
 Follow us on Instagram @officialjustforkix  
 Subscribe to our YouTube channel  
 Checkout our website for the latest dancer trends at [www.justforkix.com](http://www.justforkix.com)

Please be flexible and allow for schedule changes. Be on time for everything!



# JUST FOR KIX HIGH SCHOOL DANCE CAMP



## ROLL CALL CHEER

On morning 3 of camp we will be doing a roll call cheer. Each team will do their own cheer. Please be sure your cheers are in good taste and politically correct. Cheers should help us get to know your team's personality. Cheers may coordinate with the camp theme day if you would like.

## HOME ROUTINE SHOW

We can't wait to see your Home Routine! Perform a short routine from your school/studio during this event. It's a great way to share styles! We don't expect perfection because we know it's early in the year. Maybe you want to bring your uniforms/costumes! Don't be afraid to do a duet or small group routine if you're the only dancers from your squad. Being involved makes camp so much more fun!

## KICKS, LEAPS, TURNS, TOE TOUCH & IMPROV CONTEST

CONTEST Again we will have our kicks, leaps, turns, toe touch and improv contest. Each team may nominate one to two individuals to participate in each category to compete and be evaluated by our staff. Awards will be given in each of the four categories. Show off your skill and participate!

## CAMP SHOW

On the final day of camp, we will present the routines that you've learned at camp. All friends and family are welcome!

## MEDICAL CONSENT FORMS

Please be sure all campers have completed the medical consent and code of conduct forms. Coaches will turn these in at registration Day 1 of camp.

## DRIVING POLICY

If dancers drive to camp in their own personal vehicles, they are not allowed to drive around the area once camp begins. They are to walk to all activities. Just For Kix will not be responsible or liable for those that drive during camp or to and from camp activities.

## PAYMENT

If you have a balance due on your camp tuition, final payment is due THREE WEEKS prior to the start of your camp. We are unable to accept final payment at camp. You may send a check to the Just For Kix office or call payment with a credit or debit card.

## ROOMING LIST

Rooming lists (arranged in double rooms) must be returned THREE (3) weeks prior to camp or we will assign rooms. Please have your rooming list prepared and send it to Director, Alli Mackner (alli.mackner@justforkix.com). Please be sure to include your team name and what camp you are attending. Room numbers will be assigned at camp.

## CLASS SELECTION

Dancers are able to choose the style and difficulty level of their classes. Teams can decide to stay together or split up to learn more routines. Levels range from beginner to advanced, with elite offered at select camps. Styles range from jazz, kick, pom, street jazz, field, hip-hop, contemporary and lyrical. A short portion of each routine is demonstrated by staff to aid in the class selection process.

## AWARDS

Although our camp's focus is not on competition, we do want to recognize participants for their hard work. A little recognition adds to the FUN! We'll award Rising Stars, Firecrackers, Most Outstanding Dancers, Heather Habeck Memorial Awards, Most Spirited Team and more!

## CAMP STORE

Be sure to check out the Just For Kix Camp Store where we have several dance related items for sale, including the hottest new camp wear, bags, tee shirts, etc. The store will be open during registration and after the camp show as well as in the evenings. Check the camp schedule for store hours. For convenience, commuters may request the store to be opened during lunch.

## COACHES

We strongly recommend that you make every effort to attend camp. Coaches receive a free gift when attending camp. You'll love it! You will learn so much - your year will go so much smoother. We offer classes for you too! We do require that groups send a chaperone or coach to camp. We find that the dancers are better behaved when chaperoned by someone from their hometown.

## CODE OF CONDUCT

Dancers are asked to behave in a respectable manner while attending camp. Swearing, use of alcohol, drugs, or tobacco is forbidden. You are not allowed to leave the campus or ride in a motor vehicle. You are not allowed to have males in your room. Any student who does not act in a manner acceptable to the camp staff will be asked to return home at their own expense, in which case, camp tuition will not be refunded.

## MEALS

On day 1, please be sure to eat before you arrive or you may get hungry by lunch. We suggest you pack snacks and bring a re-fillable water bottle or case of bottled water per person.

## COMMUTER MEALS

Commuters lunches and dinners are included in camp fee.

## KEYS

Campers will be charged for any lost room keys. The rate varies from camp to camp. Remember a diaper pin, lanyard, string or a shoelace to keep your key with you at all times.

## RELIAQUEST BOWL PERFORMANCE

### TEAM TOUR

Each year JUST FOR KIX produces a performance tour for dancers at the RELIAQUEST BOWL in Tampa, Florida over the Holiday season. We are recruiting outstanding teams and individuals to participate. Entire teams can attend or small groups from each school. (Often teams send their captains or seniors as a perk for all their hard work.) This is your opportunity to be a part of a professionally produced dance production. Many groups get local sponsors or fundraise to attend. It is a once in a lifetime experience. We hope you will consider bringing your team this coming year. Also consider planning this year from now to allow for more fundraising time.

# JUST FOR KIX HIGH SCHOOL DANCE CAMP



## HERE IS A LIST OF ITEMS TO BRING TO CAMP!

### All Campers Should Bring

- Your signed Medical Consent, Code of Conduct Forms.
- Dance bag
- Water bottle - Some teams will bring cases of water.
- Snacks
- Practice clothes
- Comfortable athletic shoes & dance shoes
- Uniform & music for Home Routine Show
- Theme Day Wear - See Theme Day info.
- Note book and pen to take notes
- Cell phone/cell phone charger
- Personal toiletries
- Spending money for the Just For Kix Camp Store and to purchase snacks
- Teams are also encourage to bring a first aid kit along with ace bandages and athletic tape



### Dorm Campers & Coaches Should Also Bring

- Hair Dryer
- Bed linens, pillow, blanket & towels
- Hand Soap
- Shampoo & Conditioner

JUST FOR KIX HIGH SCHOOL  
**DANCE CAMP**

MEDICAL CONSENT & RELEASE FORM  
CODE OF CONDUCT

The medical release and code of conduct are forms that ALL participants will need to fill out prior to attending camp!

Link on our camp website [justforkix.com/camps](http://justforkix.com/camps).

**We have went paperless and will not be collecting paper copies at camp!**

