

# This is How We'll Do It!

## **One Goal: Like family, work together unselfishly.**

We'll run our team with honesty.

It's the basic foundation for everything we do.

Put our **TEAM** before your personal wants and needs.

As your coach, sometimes I am your **BENEVOLENT DICTATOR** and other times I am **PART SERVANT** to you, my dancers.

I love to hear what you have to say. Sometimes things can be changed, improved and enhanced.

Once you have danced here, you will have a friend for life. You should know that if you need a friend at a moments notice - I will go to bat for you.

I hope that I have your **TRUST** in my coaching. Some decisions are made on the spur of the moment, some are made after a great deal of soul searching, but know that, with all decisions we make, our dancers and the health of this team are at the forefront. Be supportive of decisions that are made.

The easiest way for us to get along, and for you to be successful (and for me to stay off your back!), is to do what's right - it's to do what is asked of you.

I'll listen to everyone's opinions, but know we are always going to try to make decisions in the best interest of the **TEAM**. A good coach needs to know what it means to make tough decisions, even when sometimes we know we are not the most popular people in the locker room.

As coaches we pledge to always make sure that no one ever tries harder than we do. We pledge that we will always do the most we can do to make the **TEAM** successful. One reason our dancers work hard is that you know we work hard, too. We are in this together.

Only concern yourself with things within your control. Don't dwell on anything you can't control. If your list of "to do's" is long and you can't finish it, or if you feel another dancer is not pulling their fair share....**LET IT GO.**

# Just For Kix

A beginning of the season **MUST HAVE!**

A team song or slogan is an important part of building a team. It provides that magic dust to elevate the team's energy in the locker room, pre-competition or even on the bus.

One such song example: **THIS IS HOW WE DO IT.**

It was adapted from a book I read on the University of North Carolina Men's Basketball program and put my coaching twist on it.

We hope it inspires you to continue to build your team....this season and beyond.

With Kix,

Cindy Clough  
Executive Director  
Just For Kix

