



2024 SUMMER DANCE SCHEDULE

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BLOOMINGTON-MN](http://WWW.JUSTFORKIX.COM/DANCECLASSES/RICHFIELD-BLOOMINGTON-MN)**



SUMMER SCHEDULE

IN AGE ORDER

LOCATION: PORTLAND AVE UNITED METHODIST CHURCH, 8000 PORTLAND AVE

CLASS	GRADE	DAY	TIME	DATES	INSTRUCTOR	CLASS DESCRIPTION	REG LINK
Lil Crew Hip Hop	1-3	Tue/Thur	5:10-5:55	Session 1: June 18, 20, 25, 27	TBD	Class will learn hip hop fundamentals and incorporate them into a fun routine.	June Reg
				Session 2: July 16, 18, 23, 26			July Reg
Jazz Technique	2-5	Tue/Thur	6:00-6:45	Session 1: June 18, 20, 25, 27	Nicole	Class will focus on all areas of technique including turns, leaps, jumps, and flexibility with skill progressions.	June Reg
				Session 2: July 16, 18, 23, 26			July Reg
Kicks & Flexibility	4-7	Mon/Wed	5:10-5:55	Session 1: June 17, 19, 24, 26	Katie/Nicole	Class will focus on kick technique and flexibility. Dancers will learn a kick combo during the session.	June Reg
				Session 2: July 15, 17, 22, 24			July Reg
Turn Analysis	4-7	Mon/Wed	6:00-6:30	Session 1: June 17, 19, 24, 26	Katie/Nicole	Analyzing individual turn technique to identify turn errors and improve. Must be motivated to self correct when provided feedback. Smaller class size.	June Reg
				Session 2: July 15, 17, 22, 24			July Reg
Strength & Flexibility	6-8	Mondays	6:50-7:35	4 classes total (2 each month) June 17, 24 July 15, 22	Katie/Nicole	Class will target specific muscle groups to increase maximum stability, flexibility, and strength for dance technique and endurance.	Registration
Strength & Flexibility	9-12	Tuesdays	6:50-7:35	4 classes total (2 each month) June 18, 25 July 16, 23	Katie/Nicole	Class will target specific muscle groups to increase maximum stability, flexibility, and strength for dance technique and endurance.	Registration
Turn Analysis	8-12	Mon/Wed	8:35-9:05	Session 1: June 17, 19, 24, 26	Katie/Nicole	Analyzing individual turn technique to identify turn errors and improve. Must be motivated to self correct when provided feedback. Smaller class size.	June Reg
				Session 2: July 15, 17, 22, 24			July Reg

**PLEASE CONTACT MS. HEATHER FOR CORRECT CLASS PLACEMENT
BEFORE REGISTERING FOR EITHER OF THESE GRADES 6-12 TECHNIQUE CLASSES**

CLASS	GRADE	DAY	TIME	DATES	INSTRUCTOR	CLASS DESCRIPTION	REG LINK
Jazz Technique Level 1	6-12	Mon/Wed	7:45-8:30	Session 1: June 17, 19, 24, 26	Katie/Nicole	Class will focus on turn, leap, and jump technique for kick, jazz and lyrical styles of dance.	June Reg
				Session 2: July 15, 17, 22, 24			July Reg
Jazz Technique Level 2	6-12	Tue/Thur	7:45-8:30	Session 1: June 18, 20, 25, 27	Katie/Nicole	Class will focus on turn, leap, and jump technique for kick, jazz and lyrical styles of dance.	June Reg
				Session 2: July 16, 18, 23, 26			July Reg

PLACEMENT TEAM CLASSES

CLASS	TEAMS	DAY	TIME	DATES	CLASS DESCRIPTION	REG LINK
Ballet	Starmakers & Dream Team	Tuesdays	9:30-10:30am	4 classes total (2 each month) June 18, 25 July 16, 23	Strength exercises and Ballet fundamentals- barre, center, and across the floor will be incorporated.	Registration
Strength/ Conditioning	Starmakers Dream Team Crew Elite	Tuesdays	10:30-11:15am	4 classes total (2 each month) June 18, 25 July 16, 23	Class will focus on stretching to reach maximum flexibility as well as strengthen core/ target muscles needed for proper technique execution and movement.	Registration